The Esker - Autumn Arrival!

Esk Valley Fell Club's Blog



Racing/Training

Its a new cycle of head torch runs, the recent outings have been extra enjoyable due to the unseasonably warm

weather, there has though been a definite autumnal change as the wind blows in from the North West, so make sure you are prepared.

For anyone new to night-time running or if your candle lamp is failing a tremendous value head torch the 'Gamma'

is available from Alpkit, (other head torches are available!). Tuesday 11/10/2011 19.00hrs – Training – A new venue, on the outskirts of Guisborough meet on the road to

Sunday 16/10/2011

Robinson (128th).

from Thomas.

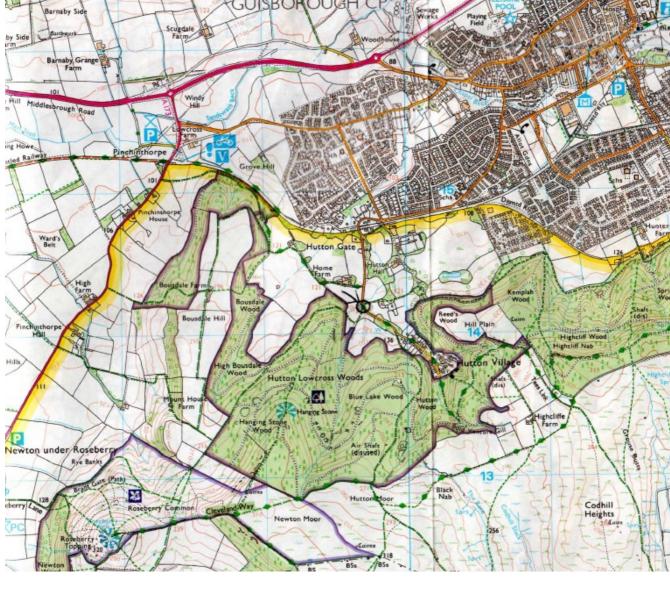
Norman Bush.

Greenhow.

Winter Series title holder Paul Butler of Loftus and Whitby.

NZ596142 see below centre of map.. Hutton Lowcross woods, Hanging stone and Highcliffe Nab. SUISBOROUGH

Hutton Village, on the bend about ½ mile from the Hutton Gate turn-off, Grid Reference



19.00hrs – Training – Maynards Nursery Layby, ¼ mile south of Great Broughton on B1257 Tuesday **18/10/2011** Tuesday **25/10/2011** 19.00hrs – Training – Bank Foot (park by the farm) approx. ½ mile west of Ingleby

10.30hrs - Levisham Saltergate - New Venue - Levisham Village Hall, Levisham, North

of Pickering off A169. GR 833906 - £6.00 on day – Over 18. The new improved and extended (10.7m) Saltergate in round 2 of the Winter Series and all new records to be set!

10.30hrs – **Three Tops** – 8m/2000' – Venue – Guisborough Rugby Club, Belmontgate, Sunday **30/10/2011** Guisborough. GR 616155 - £6.00 on day – Over 18. 'A' deceptively tough North Yorks

Moors race, round 3 of the Winter Series, penultimate club championships race (No. 13) and third counter (Autumn) in the Four Seasons Trophy.

Tuesday **01/11/2011** 19.00hrs – Training – Tourist Information Car Park, High Green Great Ayton – Royal Oak P.H. Afterwards for drinks and chips social.

Advance Entries

<u>Loftus Poultry Run</u> – Sunday 18/12/2011 – 11.00hrs – An 8 mile multi-terrain festive race favourite, a drink and a mince pie for finishers, poultry prizes and the band plays.

Results Viking Chase Four Peaks (25/09/2011) – The well organised Cleveland Search and Rescue Team event and

2011/12 NEHRA/Esk Valley Fell Club/Northern Runner Winter Series opener was a a cracker of a race with most of the locals making an appearance. The mizzle in the air took the edge of the times as the slabs turned slippery, but this didn't stop Durham Fell Runner – **Fiona Blackett** winning the female race, claiming an excellent 10th place

Over in the Men's race a three-way battle which could of resulted in a new race record on a better day, saw new to the area Nicholas Barber running in his Pennine colours take victory in 60min 45sec from Summer Series and

overall and a new female record of 67min 30sec, taking chunks out of Fay Potten's previous mark.

home was a back to racing and form **Dave Smith** in 8th place in a new overall and M40 club record of 65min 48sec, backing up were Joe Johnson in 13th, Simon Greenwell a few paces behind in 14th and new member James Silk in 20th place. **GOOD ONE!**

Esk Valley Fell Club 'B' won the battle of the 'B's in 4th place overall, a tremendous result, showing good strength

In the new for 2011/12 team competition, Esk Valley Fell Club 'A' with some excellent packing took victory, first

in depth and still with a few runners out. Andy Lake after some good Dales runs brought his form home claiming 26th place, Ben Jones followed a few seconds later in 27th, next up Phil Conner (32nd) and Richard Clark 39th. Twenty Eskers finished the event, a tremendous effort and made us the highest participation club! Making up the 20 finishers were; Richard Lindsay (51st), Clive Thornton (56th), Mark Brown (72nd), David Gibson (80th), Colin Parry (91st), Adrian Evans (96th), David Minchin (105th), Sid Bollands (118th), Gill Jones in an Open

EVFC Female record of 95min 33sec (121st) with Lorna Goodchild (141st) in F40 and F45 EVFC record of 117min and the pair claimed 8th in the ladies team competition. Back to the men, Chris Jamieson (127th) and finally Ian

Summer Series Male Overall - Champion - Paul Butler - Loftus and Whitby; 2nd Cameron Taylor - Esk Valley Fell Club and 3rd Chris Jefferies of NYMAC. Excellent result for Cameron, Simon Greenwell also claimed 7th overall for Esk Valley. Special mention to Dave Kirk of Hartlepool Burn Road, Thomas Jones and Rob Allinson both Redcar Road Club who completed all 11 events in the series.

Female Overall - Champion - Kay Neesam - New Marske Harriers, 2nd - Sue Haslam; 3rd - Rhona Haslam. Best placed Esker, Clare Williams in a brilliant 15th a top 10 position beckoned if you could of completed the six events. Male Junior - Champion - Cameron Taylor - Esk Valley Fell Club; 2nd Jonathan Baines - Sedgefield AC; 3rd Thomas Hodgson – Esk Valley Fell Club. Cameron won 8 of his 9 events in this category, great performance

Male Open - 1st Chris Jefferies - NYMAC; 2nd Simon Greenwell - Esk Valley FC; 3rd Steve Hardy - Loftus and Whitby. Esk Valley - 11th – David Gibson and 17th – Daniel Best.

Female Junior - Champion - A four way tie between, Bronwen Owen - Scarborough AC; Jenna Maynard -

Sunderland Strollers; Kyah Hall – New Marske Harriers and Charlotte Edge – Scarborough AC.

Esk Valley - 8th Martin Hunt, 10th Clive Thornton, 11th Paul Peacock, 12th Sid Bollands.

Quakers. Esk Valley - 9th Bob Lillie, 10th Ian Harmer, 15th Robert Tracey.

Male Over 40 - 1st Kevan Stephenson - Hartlepool BR; 2nd Richard Lindsay - Esk Valley Fell Club, 3rd Paul Christon – NYMAC. Esk Valley - 9th Mark Brown, 17th Richard Clark, 19th Andrew Bennett.

Male Over 45 - 1st Paul Butler - Loftus and Whitby; 2nd Anthony Harnett - NYMAC, 3rd Brian Saysell - NYMAC.

Male Over 50 - 1st Ken Maynard - Sunderland Strollers, 2nd Andy Normandale - York Acorn, 3rd Chris Ellis -Loftus and Whitby. Esk Valley - 7th Ian Robinson, 8th Andrew Johnson, 9th Chris Jamieson, 17th Stuart Backhouse.

Male Over 55 - 1st Trevor Symonds - FRA, 2nd - Mick McGurk - New Marske Harriers, 3rd Stuart Hardcastle -

Male Over 60 - 1st David Kirk - Hartlepool BR, 2nd - Mike Shaw - NYMAC, 3rd Dave Parke - Scarborough AC. Esk Valley - 12th – Richard Milne

Male Over 65 - 1st Mike Hetherton - Pickering AC, 2nd Barry Moody - NYMAC, 3rd Danny Gordon - Quakers Male Over 70! - 1st Ronnie Sherwood – New Marske Harriers, 2nd = Phil Miles – New Marske Harriers, 2nd =

<u>Female Open</u> - 1st Rhona Haslam – Scarborough AC, 2nd Katy Rawnsley – Scarborough AC, 3rd Caitlin Webb-Ellis – Loftus and Whitby. Esk Valley - 6th Clare Williams, 10th Katie Arnold, 18th Kim England.

New Marsker Harriers. Esk Valley - 16th Kendra White. Female Over 45 - 1st Clare Davison - Loftus and Whitby, 2nd Susan Curtis - Quakers, 3rd Sharon Gaytor -

Female Over 40 - 1st Kay Neesam - New Marske Harriers, 2nd Nicola Kent - Loftus and Whitby, 3rd Kath Aspin -

Female Over 50 - 1st Janet Cordingley - Knavesmire AC, 2nd Jane Hamp - Scarborough AC, 3rd Carol Morrison -Easingwold AC. Esk Valley - 8th Jill Libby.

Female Over 55 - 1st Sue Haslam – Scarborough AC, 2nd Pam Costello – Redcar RC, 3rd Jan Young – Elvet Striders Female Over 60 - 1st Pat Kirby – Thirsk and Sowerby.

Well done all champions, podium finishers and everyone who competed, see you in a race around here soon.

Next Time Levisham Saltergate results, training, racings, events news and more.

NYMAC. Esk Valley - 5th Alison Rolfe, 13th Katherine Brennan.

