



# The Esker – July Training/Racing



Esk Valley Fell Club's Blog



Pic courtesy Jim Barter

Its been racing racing racing in the Summer series so far, and it continues with 2 races in July and 3 in August, the Junior Series returns and racing is full swing just about everywhere else so pull on those trainers and keep in the running.

---

## REMINDER

**SUBSCRIPTIONS ARE DUE FOR 2012/13 - £10.00**

**PAYMENTS TO DAVE PARRY**

---

### Racing/Training dates

- Tuesday **10/07/2012**      19.00hrs – Training – Bank Foot, approx ½ mile east of Ingleby Greenhow.
- Tuesday **17/07/2012**      19.00hrs – Training, - Chop Gate Public Car Park, 3m south of Clay Bank on B1257 Recce the Cock Howe and Beyond GR SE558993.
- Tuesday **24/07/2012**      19.00hrs – Training – Kirkby-in-Cleveland, Black Swan Crossroads.
- Wednesday **25/07/2012**      19.15hrs – **Cock Howe and Beyond** – BM - 11.3km/460m – 7miles/1500' – Venue Public Car Park, Choep Gate, 3 miles south of Clay Bank on B1257. GR SE 558993 £6.00 on day, £3.00 – Juniors. Event number 8 in the NEHRA/Esk Valley/Northern Runner Summer Series and Round 6 of the NEHRA Junior Fell Championships FM10 – 3km and FM12, FM14 & FM16 – 4km.
- Tuesday **31/07/2012**      19.00hrs – Training, - Ingleby Cross Church, start of the Ossy Oiks.
- Wednesday **01/08/2012**      19.15hrs – **Gribdale Gallop** – AM 11.6km/585m – 7.1 miles/1760' Venue - Gribdale Car Park, 1m east of Great Ayton GR NZ593111 £6.00 on day, Juniors – £3.00 Be prepared with kit – Who knows what weather we'll have snow in August. This is Race 9 of the Esk Valley/Northern Runner/NEHRA Summer Series and Race 7 in the Junior Series FM10, FM12, FM14 & FM16 – 2km.

### Next Time

Club Championships round-up, summer series races and the lots more.



Fell Pic courtesy Katie Thornton

[clive@esvalleyfellclub.org](mailto:clive@esvalleyfellclub.org)