

# The Esker – Just a Quickie!

Esk Valley Fell Club's Blog

## Training

Tuesday 24/05/2011 19.00hrs - Black Horse, Swainby – Drink and Chips after run

Tuesday 31/05/2011 19.15hrs - Osss Oiks Race – Blue Bell Inn, Ingleby Arncliffe

Race free Tuesdays in June 7<sup>th</sup> and 21<sup>st</sup> suggestions welcome.

## Last Call

**Cleveland Way Team Relay** – Your club needs you – 109miles – 12 hours-ish – 26/06/2011 – 16 runners (at least one female runner). Mike McGough is co-ordinating, members have been shy in committing themselves, so if you are interested please advise Mike by Sunday 5<sup>th</sup> June with leg preferences ideally two, [relays@eskvalleyfellclub.org](mailto:relays@eskvalleyfellclub.org)

If we don't make the Cleveland Way Relay then we may head North to the Cronkley Fell Race a Durham Fell Runners promotion with start/finish at Holwick nr Middleton in Teesdale. 11.00am – 26/06/2011 – 10.5m/1752'.

## Advance Entries

**Osmotherley Phoenix** – 09.00hrs – 02/07/2011 - 17m/2000'; 26m/3500' or 33m/4000', entries, Osmotherley.

**Hanging Stone Leap** – 08.30hrs – 13/08/2011 – LDWA – 13m or 24m, Run or Walk – G'Boro Rugby Club.

## Up and Coming

**Osss Oiks** – 19.15hrs – **31/05/2011** – 6.5m/1400' – Blue Bell Inn, Ingleby Cross, A172 – Enter on day only £6.00 – No U18 race at this event - Summer Series round 4, new route, I suggest you recce if you can.

**Tees Trail Race** – 19.15hrs – **09/06/2011** – 5km – Visitor Centre, Pinchinthorpe – Registration from 18.30hrs £3 affiliated clubs (that's us), £5 unaffiliated. Race 3 of 5. Could have some hills this one, won't be anything too severe. <http://www.teestrailraces.org/>

**Whorlton Run** – 19.15hrs – **14/06/2011** – 7m/1080' – Black Horse, Main Street, Swainby – Enter on day only £6.00 – No Junior races – Summer Series round 5.

## Next time

Race results, Club champs, Summer Series



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