

The Esker – April extra edition

Esk Valley Fell Club's blog

The First Word

Its that time of year, the transition from winter to summer when the fell running season shifts up a gear and races appear everywhere. There is plenty on offer, its time for the Spring classic Lakeland Medium races, Coledale, Anniversary Waltz have passed but there is still the, Coniston, Buttermere Sailbeck and Fairfield Horseshoe. Locally the Esk Valley/Northern Runner Summer Series opens with a bang with two races in quick succession, Carlton Challenge (26/04) and new for this year Levisham Limping (02/05). The former Tees Forest Trail Races now Tees Trail race series starts on 28th April, the series is open to all, and at 5km the distance is ideal for newcomers and experienced alike.

If you like your fell racing short and steep, the BOFRA championships based in Cumbria and Yorkshire offers racing most weekends May to October

Its still not too late to for the Esk Valley Club Championships, plenty of events left, why not make your bid in the Carlton Challenge?

Results

Gisborough Moors (10/04/2011) – A terrific turnout of 200+ for the 34th edition of the Moors Race and final race in this seasons Esk Valley/Northern Runner/NEHRA Winter Series., Northumberland Fell Runners dominated affairs, both individually with a win for Phil Sanderson and in the team standings after taking the first four positions for a perfect team score. Cameron Taylor for the Eskers continued his good form with a 19th position overall, first junior and new club event record of 96 minutes. First female for Esk Valley was Kendra White, returning from injury to place 158th in a time of 129.10 for a EVFC open and FV1 record.

Paul Peacock showing good form too, finished in a shade under 100 minutes (99.45) to take 32nd position and post new M40 and M45 records. Taking the A team to a 4th place finish were, Joe Johnson in 44th place and Mike McGough in 57th. The Eskers B team placed 9th overall with, Phil Conner, Andrew Bennett, Richard Lindsay and Andy Lake making up the team. 16 Eskers competed on the day, Chris Jamieson (20+ events for the season), Bob Lillie, David Gibson, Joe Williams, Adrian Martin, Ian Robinson and Martin Hunt complete the finishers.

Kendra White and Adrian Martin warmed up for the Moors, with the LDWA **Blubberhouses 25** (03/04/11) placing 61st/62nd from a field of 197 in a time of 5hr 4min. Chris Jamieson returned to lakes for the **Wardle Skyline** (09/04/11) – 1hr 11m 43s (133/184) and the midweek **Loughrigg** (13/04/11).

The Club Championships returned to the Lakes for the **Coledale Horseshoe**, 3 Esk Valley competitors made the trip, Mike McGough led home placing 132nd, well inside the top half of the field of 305, to claim a new open and m40 record of 1hr 40m 7s. John Williams and Dave Gibson complete the EVFC finishers and gain good points and a bonus in the championships, updated tables to follow the Three Peaks.

Tees Trail Races Series

Now in its 11th year, the former Tees Forest Trail series, now Tees Trail Race Series, holds the first of 5 races on Thursday 28th April, at the Newham Grange Leisure Farm, Coulby Newham. All events are over 5km (3.1miles) and are open to all, registration opens at 18.30hrs for a 19.15hrs start.

<http://www.teestrailraces.org/>

Up and Coming

Carlton Challenge – 19.00hrs - 26/04/2011 - 5m/850' – Carlton Bank top, Carlton-in-Cleveland, nr Stokesley.

Levisham Limping – 19.00hrs – 02/05/2011 – 7m/1350' – Village Hall, Lockton, Saltergate Bank top off A169.

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