

Guisborough Four Seasons Trophy
is awarded to the
male and female competitors
who complete all the four
Guisborough start races in
the NEHRA Summer and Winter
series with the shortest overall time.





Guisborough Four Seasons 2010

Name	Club	Moors	Grunt	3 Tops	Woods	Total Time (mins)
Andrew Minister	Durham Fell R.	94.51	51.23	73.29	44.34	263.37
Anthony Harnett	North York Moors	99.39	54.18	72.45	48.14	274.16
Robert Allinson	Redcar Running	111.44	62.01	86.29	51.50	311.24
Richard Lindsay	Esk Valley Fell	117.45	62.03	88.35	53.14	320.97
Nick O'Grady	New Marske H	125.42	68.06	99.30	64.37	357.15
Ian Robinson	Esk Valley Fell	136.05	80.34	108.35	69.12	393.86
Shelli Gordon	New Marske H	109.21	61.24	83.29	50.45	304.19
Kath Aspin	New Marske H	113.33	61.03	89.39	54.33	318.08



Gisborough Moors

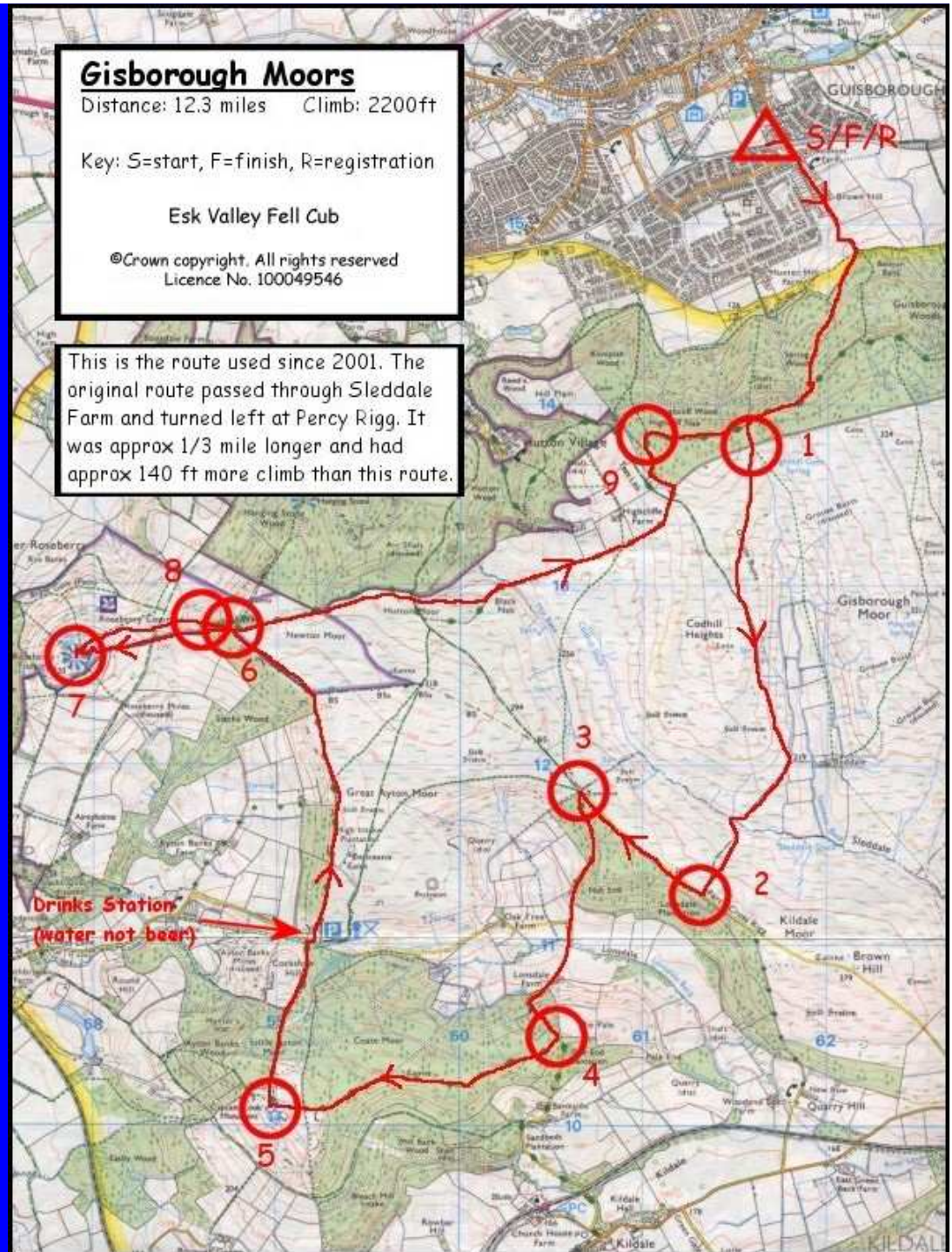
Distance: 12.3 miles Climb: 2200ft

Key: S=start, F=finish, R=registration

Esk Valley Fell Cub

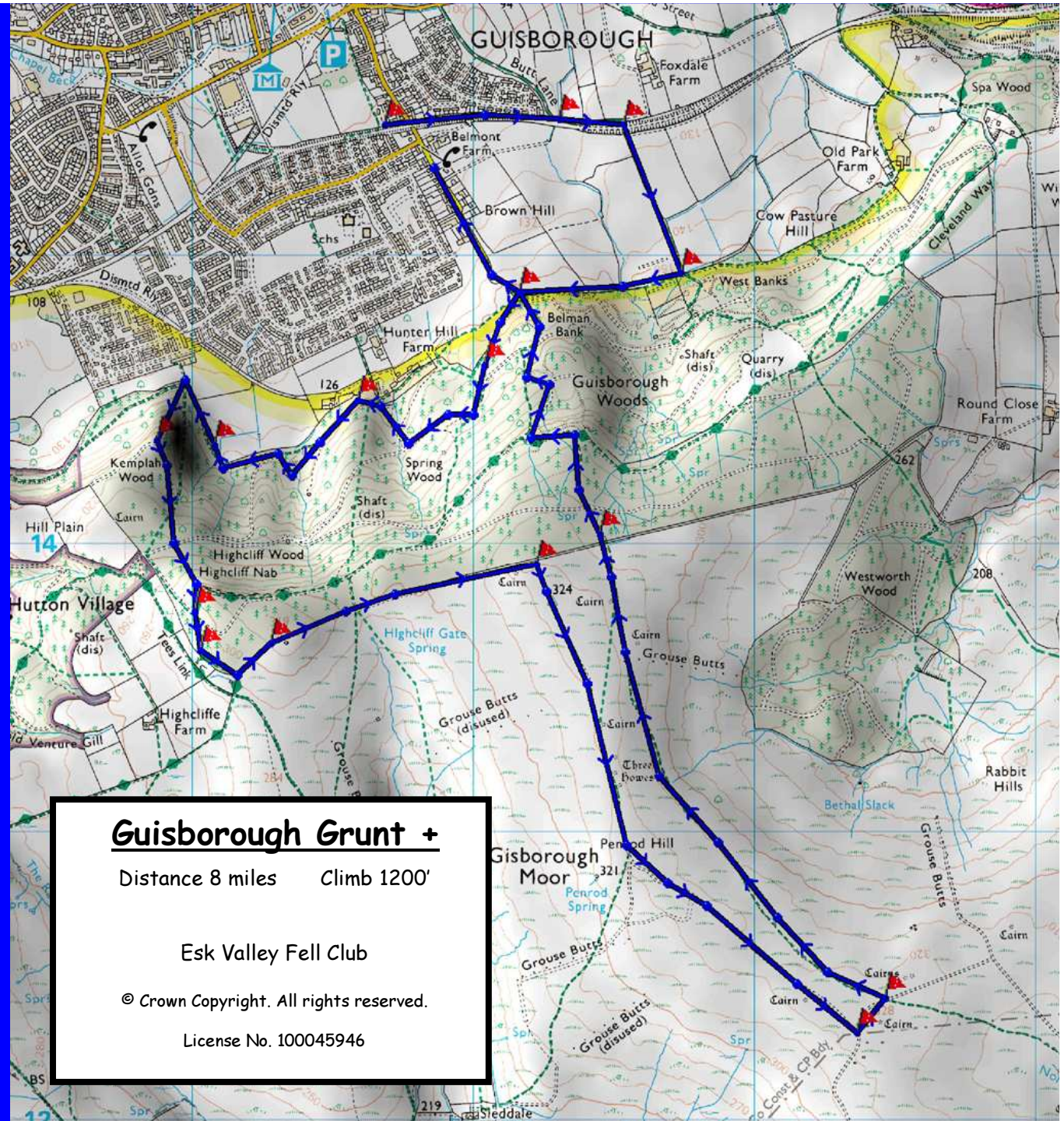
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This is the route used since 2001. The original route passed through Sleddale Farm and turned left at Percy Rigg. It was approx 1/3 mile longer and had approx 140 ft more climb than this route.



12.5 miles &
2600' climb

Spring 10/4/2011



Guisborough Grunt +

Distance 8 miles Climb 1200'

Esk Valley Fell Club

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8 miles &
1200' climb

Summer 9/8/2011

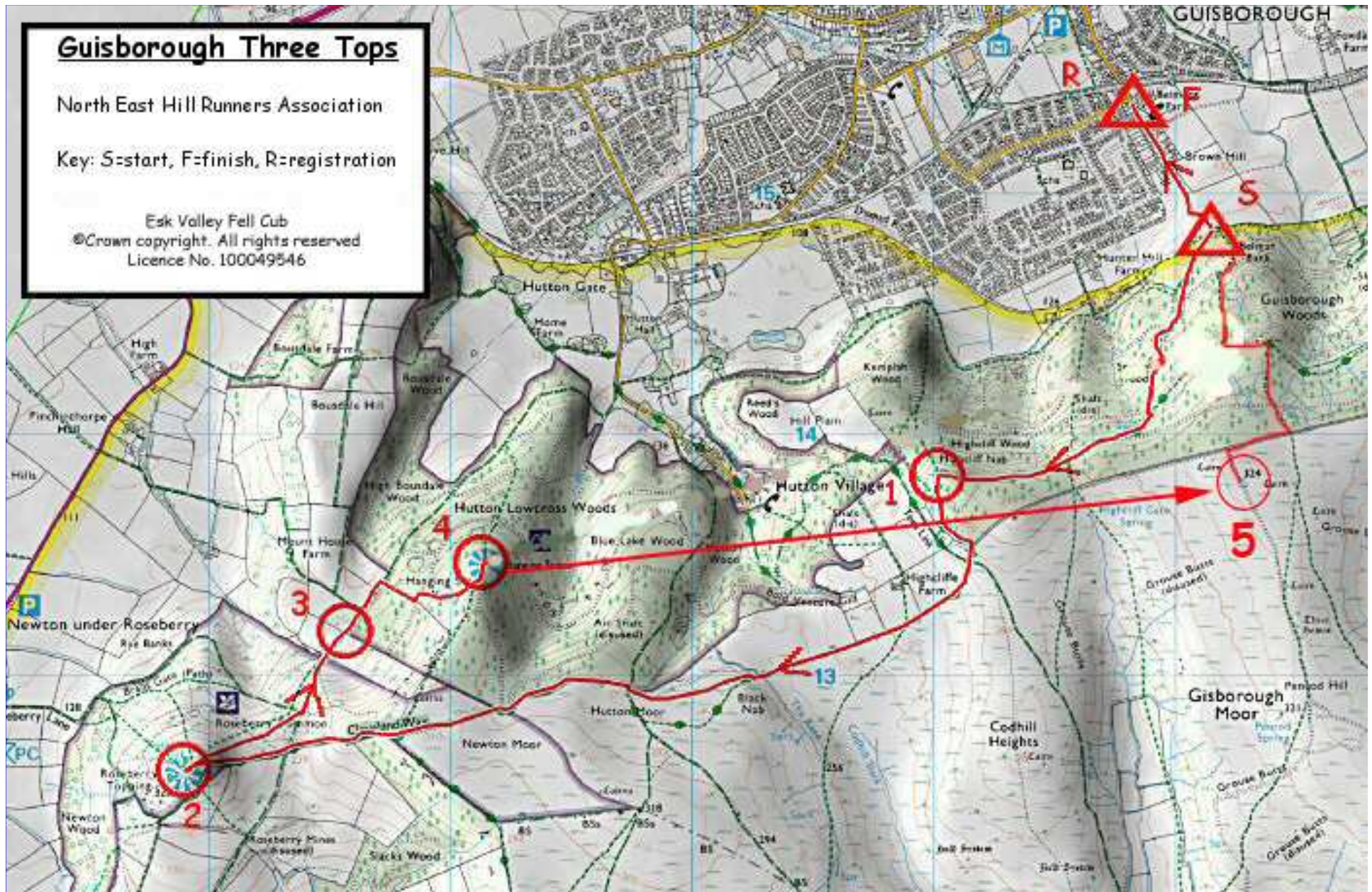
Guisborough Three Tops

North East Hill Runners Association

Key: S=start, F=finish, R=registration

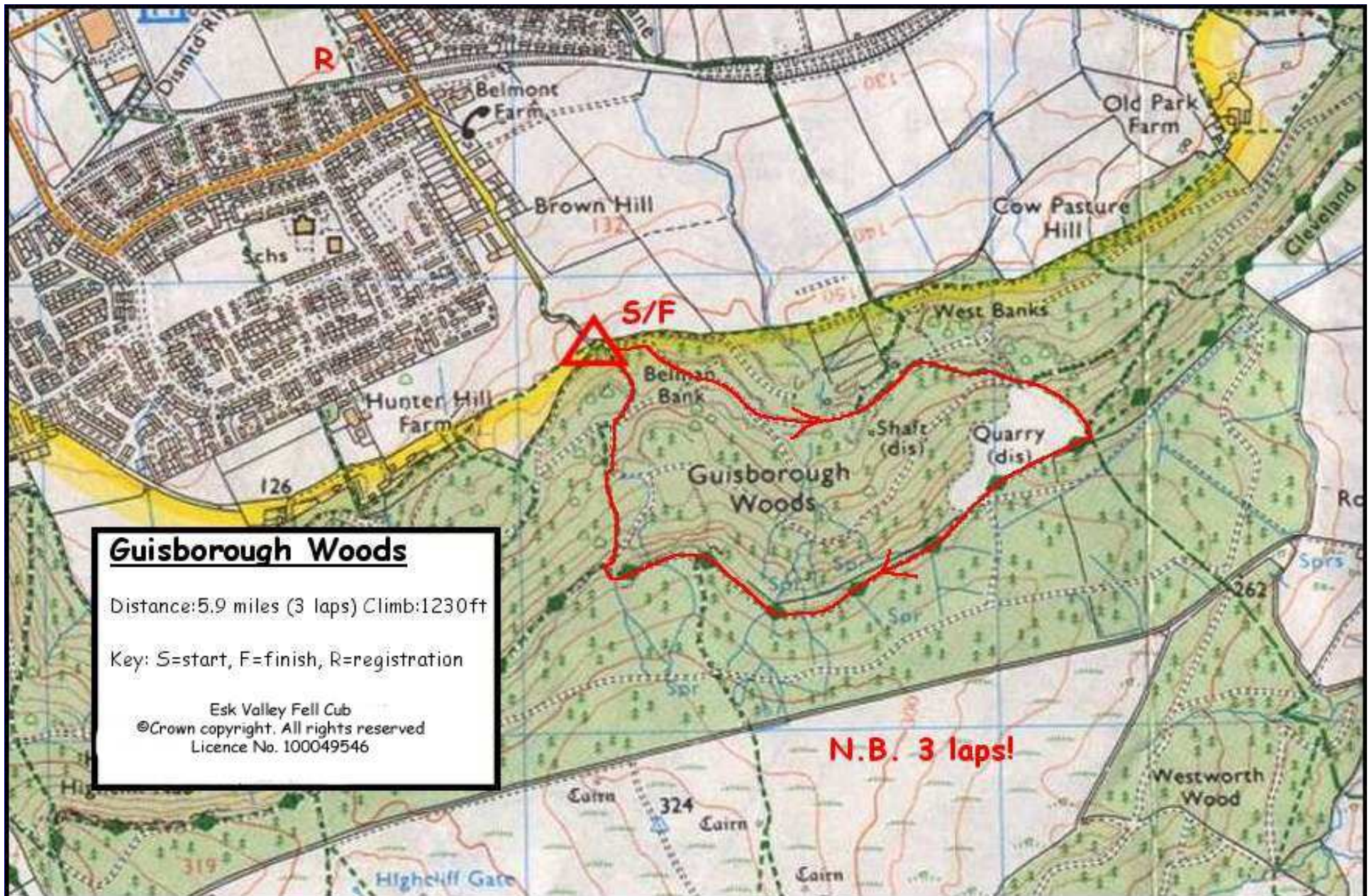
Esk Valley Fell Club

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8 miles & 2000' climb
Autumn 30/10/2011





Guisborough Woods

Distance: 5.9 miles (3 laps) Climb: 1230ft

Key: S=start, F=finish, R=registration

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N.B. 3 laps!

5.9 miles & 1230' climb
Winter 27/12/2011

