

NEHRA Winter Series 2011-12 Team Competition Guidance

This Winter Series we have introduced a team competition which was piloted in the Summer Series 2011. Rules are always difficult to define but the following gives some guidance. If any matters arise concerning issues relating to this competition they will be considered and given a 'ruling' by the members of N.E.H.R.A. present at that particular race. NEHRA. has representatives from Esk Valley, New Marske, Northumberland Fell Runners, Thirsk & Sowerby and Elvet Striders. Should anyone wish to join this body which exists to support and organise Hill Racing please see Dave Parry or Bob Lillie.

Any 'Club' (as defined by F.R.A. rules) may run two teams in each race. In the men's competition the first four finishers count for the 'A' team and the next four i.e. counters five to eight, score for the 'B' team.

For Women the first three runners count and the next three score for the 'B' team. In an effort to be more inclusive of women's teams and to encourage greater support from female runners the following applies; If only two runners from any particular club complete the course then the third counter will be a 'ghost runner'. This runner will take the next points after last in the female event. For example if a club finishes athletes in second and fifth but no others complete, then the third set of points will be, ' last plus one.' If thirty five women finished then the 'ghost runner' scores thirty six. Hence the team score would be $2 + 5 + 36 = 43$. Further if four female runners finish from one club they only count one team. Five finishers however produces two team with a 'ghost' for the 'B' team.

This rule as noted above does not apply to male runners.

The total team points for the series will be a cumulative score from ALL the races in that particular series. There will be a competition for 'A' and 'B' teams.

Anyone who would wish to comment on this system or ask questions please contact Dave Parry in the first instance.

Dave Parry

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