

Esk Valley Fell Club – Race Fixtures 2017 (Dave Parry Winter and Summer Fell Race Series supported by Northern Runner) – (12Jun2017 – Rev E)

Date	Day	Start time	Race	Organiser	Event	Entry Details	Venue	Grid Reference	FRA Category	Senior Race Distance/Climb	Junior Races Distance/Climb
Dave Parry / Northern Runner – Winter Fell Race Series 2016/17 (continued)											
27/12/16	Tue	11:00	Guisborough Woods (original route)	Esk Valley Fell Club	L, WS3, NEJ6	£6.00 – Universal Entry Form (UEF) - Entry on Day (EOD)	Guisborough Rugby Club, Belmangate, Guisborough	NZ 616155	BS	5.5mi/1234' 8.8km/376m	U8/U10 – 1km, U12/U14/U16 – 2.9km (1 lap), U18 – Senior route
01/01/17	Sun	11:00	Captain Cook's Races support local charities (proceeds)	Esk Valley Fell Club	L, WS4, NEJ1	£7.00 – UEF – EOD	Royal Oak P.H. - High Green, Great Ayton	NZ 563107	BS	5mi/1043' 8km/318m	U10/U12 – 1.5km, U14/U16 – 4.1km U18 – Senior Route
08/01/17	Sun	10:30	Commondale Clart	Esk Valley Fell Club	L, WS5	£5.00 – Entry on Day (UEF)	Cleveland Inn, Commondale, nr Guisborough	NZ 662104	BS	5.2m/722' 8.3km/220m	Minimum age 16 years
05/03/17	Sun	10:30	Glaisdale Rigg	Loftus and Whitby	L, WS6	£5.00 – Entry on Day (UEF)	Arnecliffe Arms, Glaisdale, nr Castleton, Guisborough	NZ 781054	BM	8.5mi/1844' 13.7km/562m	Minimum age 18 years
12/03/17	Sun	10:00	Brough Law	Northumberland FR	NE, NEFRC1	£3.00 – Entry on Day (UEF)	Bulbys Wood Car Park, Ingram Valley, nr Powburn, Northumberland	NU 008164	AS	5mi/1300' 8km/400m	Minimum age 16 years
19/03/17	Sun	10:30	Blakey Blitz	Esk Valley Fell Club	L, WS7	£5.00 – Entry on Day (UEF)	Lion Inn, Blakey Ridge, nr Ralph Crosses, nr Castleton, Guisborough	NZ 678998	AM	10.6mi/2805' 17km/855m	Minimum age 18 years
25/03/17	Sat	14:00	Cock Howe Juniors English Junior Championship race (FRA)	Esk Valley Fell Club	L, EJFC	£3.00 – Entry on Day	Public car park, Chop Gate, south end of village. TS9 7JN	SE 558993	Not Applicable	No Senior Race	U9 (aged 6 and over) 1km, U11/U13 2km, U15 – 3km U17/U19/U21 – 4km
23/04/17	Sun	11:00	"Gisborough" Moors Anniversary race (40 th)	Esk Valley Fell Club	L, WS8	£7.00 – Entry on Day (UEF)	Guisborough Rugby Club, Belmangate, Guisborough	NZ 616155	BL	12.4mi/2789' 20km/850m	Minimum age 18 years
30/04/17	Sun	10:30	Cheviot and Hedgehope pendulum	Northumberland FR	NE, NEFRC2	£5.00 – Entry on Day (UEF)	Langleeford, Harthope Valley, Northumberland		AM	12.2mi/3575' 20km/1100m	Minimum age 18 years
Dave Parry / Northern Runner - Summer Fell Race Series 2017 – SS (starts 17 May 2017)											
17/05/17	Wed	19:00	Fox and Hounds Chase Anniversary race (30 th)	Loftus and Whitby	L, SS1, NEJ2	£5.00 – UEF	Fox & Hounds, Ainthorpe, nr Castleton, Whitby	NZ 704078	BM	14.5km/457m 9mi/1499'	U11/U13/U15/U17/U19
23/05/17	Tue	19:00	Roseberry Romp	National Trust	L, NEFRC3	£4.00 – Entry on Day	Public Car Park, Newton-under Roseberry, Nr Great Ayton, TS9 6QR	NZ 570128	BS	5.1mi/1050' 8.2km/320m	Minimum age 18 years
07/06/17	Wed	19:15	Ossy Oiks	Thirsk and Sowerby	L, SS2	£6.00 – Entry on Day (UEF)	Outside Church, nr Arnecliffe Woods, Ingleby Cross, Ingleby Arnecliffe	NZ 453003	AS	5.3mi/1834' 8.5km/559m	Minimum age 16 years
21/06/17	Wed	19:15	Whorlton Run	Whorlton Playing Field Committee	L, SS3	£5.00 – Entry on Day (UEF)	Whorlton Village hall, High Street, Swainby, North Yorkshire, DL6 3ED	NZ 476022	BS	6.2mi/1401' 10km/427m	Minimum age 16 years
21/06/17	Wed	19:15	Humbleton Fell		NE, NEFRC4	£6.00 – Entry on Day (UEF)	Shafto Trust Primary School, Haydon Bridge, NE47 6BN		BS	5.3mi/880' 8.5km/240m	Minimum age 16 years (tbc)
11/07/17	Tue	19:15	Tom's Bransdale Race	National Trust	L	£5.00 – Entry on Day	Bransdale Mill, Bransdale, North Yorkshire	SE 620879	BM	7.5mi/1312' 12km/400m	Minimum age 18 years
18/07/17	Tue	19:30	Chapel Fell Top		NE, NEFRC5	£5.00 – Entry on Day (UEF)	Market Place, St John's Chapel, DL13 1QF		AS	4.4mi/1300' 7km/400m	Minimum age 16 years (tbc)
26/07/17	Wed	19:15	Inclined to Madness	York Acorn	L, SS4	£5.00 – Entry on Day (UEF)	Car Park below Clay Bank, nr Stokesley, North Yorkshire	NZ 579038	BS	6.2mi/1230' 10km/375m	Minimum age 16 years
05/08/17	Sat	14:00	Osmotherley Show Race	Osmotherley Show	L	Pay entry to show race included	Osmotherley Show Ground, Thimbleby, DL6 3PY	SE 452960	BS	5.5mi/1050' 8.8km/320m	Minimum age 16 years
08/08/17	Tue	19:15	Ravenscar Rumble	National Trust	L	£4.00 – Entry on Day	Ravenscar Visitor Centre, Ravenscar, North Yorkshire, YO13 0NE	NZ 980016	BS	4.7mi/787' 7.5km/240m	Minimum age 16 years
16/08/17	Wed	19:15	Gribdale Gallop	Esk Valley Fell Club	L, SS5	£5.00 – Entry on Day (UEF)	Gribdale car park, nr Gt Ayton, N Yorks	NZ 59311	AM	7.2mi/1919' 11.6km/585m	Minimum age 18 years
20/08/17	Sun	10:30	Sedbergh Hills	Kendal AC	NW, NEFRC6	£8.00 – Entry on Day (UEF)	Howgill Lane, Sedbergh – Check website for details www.kendalac.co.uk	SD 655923	AL	14mi/6000' 22.5km/1830m	Minimum age 18 years
30/08/17	Wed	19:00	Roseberry Topping	National Trust	L, SS6, NEJ3	£4.00 – Entry on Day (UEF)	Car Park, Newton-under-Roseberry on A173	NZ 570128	AS	1.5mi/715' 2.3km/217m	U10/U12/U14/U16/U18
03/09/17	Sun	10:45 Reg closes 10:30	Viking Chase (in aid of CMRT)	Cleveland Mountain Rescue Team	L, SS7	£6.00 – Entry on Day (UEF)	Lordstones, Carlton Bank top, Carlton-in-Cleveland	NZ 541041	BM	7.5mi/1877' 12km/572m	Minimum age 18 years
09/09/17	Sat	13:30	Castleton Show Race	NYMAC	L, SS8	Pre-entry include show entry too	Show Ground, Castleton	NZ 684084	Hilly Road	6.1mi/650' 10km/200m	Separate Junior Race on day
09/09/17	Sat	15:00	Castleton Show Junior Fell Races	NYMAC	L, NEJ4	£0.50 – UEF	show Ground, Castleton	NZ 684084	Age appropriate	TBC	Race 1 – U11, Race 2 – 11 to 13 Race 3 – 14 to 18
Dave Parry / Northern Runner – Winter Fell Race Series 2017/18 – (starts 24 September 2017)											
24/09/17	Sun	10:30	Lockton Limping	York Knivesmire	L, WS1	£5.00 – Entry on Day (UEF)	Lockton Village Hall, nr Pickering, N. Yorks	SE 845898	BM	7m/1083' 11.2km/330m	Minimum age 18 years
15/10/17	Sun	11:00	Gormire Gamble	Thirsk and Sowerby	L, WS2	£5.00 – Entry on Day (UEF)	Sutton Bank Visitor Centre, YO7 2EH	SE 515831	BM	6.8m/1411' 11km/430m	Minimum age 18 years
05/11/17	Sun	10:30	Saltergate Gallows	Pickering RC	L, WS3, NEFRC7	£7.00 – Entry on Day (UEF)	Village Hall, Levisham, nr Pickering	SE 833906	BM	10.6mi/1400' 17km/425m	Minimum age 18 years
03/12/17	Sun	10:30	Eskdale Eureka (In aid of CMRT)	Cleveland Mountain Rescue Team	L, WS4,	£6.00 – Entry on Day (UEF)	Car Park above Dibble, west end of High Castleton, Castleton	NZ 680078	BM	8mi/1500' 12.6km/470m	Minimum age 18 years
27/12/17	Tue	11:00	Guisborough Woods (original route)	Esk Valley Fell Club	L, WS5 NEJ5	£6.00 – Entry on Day (UEF)	Guisborough Rugby Club, Belmangate, Guisborough	NZ 616155	BS	5.5mi/1234' 8.8km/376m	U12/U14/U16 – 2.9km (1 lap) U18 – Senior route
Date	Day	Time	Race	Organiser	Event	Entry Details	Venue	Grid Reference	FRA Category	Senior Race Distance/Climb	Junior Races Distance/Climb

Notes:

IMPORTANT – Safety rules, Kit requirements & Hypothermia info – PLEASE READ IT'S FOR YOUR SAFETY – No Kit No Race and if you do race we will disqualify you!

SAFETY REQUIREMENTS LINK

HYPOTHERMIA LINK

L – Local NEJ – North East Junior Race Lakes – Out of area race N – National Race

NEFRC – North East Fell Running Championships 2017

EngFC – English Fell Championships

EJFC – English Junior Fell Championships

CMRT – Cleveland Mountain Rescue Team Fund Raiser

NEMAA – North East Masters Athletics Association

- Pre-Entry Available, Compulsory or Recommended – CHECK

LCT – Lakelands Classic Trophy (SL – Super Long; L – Long)

Senior Race FRA Entry Form – [Link](#) Junior Race FRA Entry Form - [Link](#) Junior FRA Parental Consent Form – [Link](#) Parental Consent Notes – [Link](#)

CC – Esk Valley Fell Club Championships – Events for 2017 to be confirmed

WS - Winter Series 2016/17 & 2017/18 – maximum 5 races from 8 or 9 event series to count (4 races must be completed)

SS - Summer Series 2017 – Qualification – maximum 5 races from 8 event series to count (3 races must be completed)

4S – Four Seasons Trophy, Guisborough Start Races; Counters to be confirmed

WS & SS Team competition, Men – 4 counters; Female – 3 counters (2 to finish to score team points), all events count to overall series position

NEJ – North East Junior Fell Race Series 2017

NEJ – Categories – Male and Female – U9, U11, U13, U15, U17 and U19

NEJ – Age category by age on 31st December 2016 (I think this is the rule for 2017)

FRA Categories two letters; A, B & C – Climb feet or metres per mile or km (A – Steepest) S – Short, M – Medium, L – Long

FRA – Fell Runners Association – [Link](#)

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Revisions

12/11/16 Rev A Inclined to Madness added

22/12/16 Rev B Amends to Junior races Guisboro Woods

08/03/17 Rev D North East Fell Running Championships added, Gisboro Moors date corrected, tbc's added

12/06/17 Rev E Dates confirmed for Inclined to Madness and Viking Chase