

Esk Valley Fell Club – Race Fixtures 2018 (Dave Parry Winter and Summer Fell Race Series supported by Lets Run) – (23/04/2018)

Date	Day	Start time	Race	Organiser	Event	Entry Details	Venue	Grid Reference	FRA Category	Senior Race Distance/Climb	Junior Races Distance/Climb	
Dave Parry / Northern Runner – Winter Fell Race Series 2017/18 (continued)												
27/12/17	Wed	11:00	Guisborough Woods (original route)	Esk Valley Fell Club	L, WS5 NEJ5	£6.00 – Enter on Day (Universal Entry Form)	Guisborough Rugby Club, Belmangate, Guisborough TS14 7BB	NZ 616155	BS	5.5mi/1234' 8.8km/376m	U9/U11 – 1km, U13/U15/U17 – 2.9km (1 lap), U19 – Senior route	
01/01/18	Mon	11:00	Captain Cook's Races support local charities (proceeds)	Esk Valley Fell Club	L, WS6, NEJ1	£5.00 – Entry on Day (UEF)	Royal Oak P.H. - High Green, Great Ayton, North Yorkshire TS9 6BW	NZ 563107	BS	5mi/1043' 8km/318m	U11/U13 – 1.5km, U15/U17 – 4.1km U19 – Senior Route	
14/01/18	Sun	10:30	Commondale Clart	York Acorn	L, WS7	£5.00 – Entry on Day (UEF)	Village Hall, Sandhill Bank, Commondale, nr Guisborough YO21 2HG	NZ 662104	BS	5.2m/722' 8.3km/220m	Minimum age 18 years	
24/02/18	Sat	14:00	INOV-8 High Cup Nick	Morgan Donnelly	North Pennines	Pre-entry £8.00 On the day £10.00	Dufton Village Hall, CA16 6DB	GR 688252	BM	15km/460m	Minimum age 18 years Junior races available	
25/02/18	Sun	11:00	Heartbeat Hobble (New for 2018)	Scarborough AC	L, WS8	£5.00 – Entry on Day (UEF)	Nr Mallyan Spout Hotel, Goathland Village YO22 5AN	NZ 826006	BM	6.9mi/845' 11km/260m	Minimum age 18 years	
04/03/18	Cancelled	Sun	10:30	Glaisdale Rigg	Loftus and Whitby	L, WS9	£5.00 – Entry on Day (UEF)	Arnecliffe Arms, Glaisdale, nr Castleton, Whitby YO21 2QL	NZ 781054	BM	8.5mi/1844' 13.7km/562m	Minimum age 18 years
18/03/2018	Rescheduled	Sun	10:30	Blakey Blitz	Esk Valley Fell Club	L, WS10	£5.00 – Entry on Day (UEF)	Lion Inn, Blakey Ridge, nr Castleton, Kirkbymoorside YO62 7LQ	NZ 678998	AM	10.6mi/2805' 17km/855m	Minimum age 18 years
15/04/18	Sun	10:30	"Gisborough" Moors	Esk Valley Fell Club	L, WS11	£5.00 – Entry on Day (UEF)	Guisborough Rugby Club, Belmangate, Guisborough TS14 7BB	NZ 616155	BL	12.4mi/2789' 20km/850m	Minimum age 18 years	
21/04/18	Sat	10:30 11:30	Teenager with Altitude Anniversary Waltz	Wynn & Steve Cliff	Lakes	Pre-entry through race website	Stair Village Hall, Newlands Valley, nr Keswick, CA12 5UF	GR 237212	AM AL	18.5km/1100m 24.7km/2300m	Minimum age 18 years	
29/04/18	Sun	10:30	Blakey Blitz	Esk Valley Fell Club	L, WS10	£5.00 – Entry on Day (UEF)	Lion Inn, Blakey Ridge, nr Castleton, Kirkbymoorside YO62 7LQ	NZ 678998	AM	10.6mi/2805' 17km/855m	Minimum age 18 years	
Dave Parry/Lets Run - Summer Fell Race Series 2018 – SS – Starts 02/05/2018												
02/05/18	Wed	19:15	Gribdale Growler	Cleveland Mountain Rescue Team	L, SS1	£5.00 – Entry on Day (UEF)	Gribdale car park, nr Gt Ayton, N Yorks	NZ 59311	BS	9.2km/284m 5.7mi/925'	Minimum age 18 years	
16/05/18	Wed	19:00	Fox and Hounds Chase	Loftus and Whitby	L,SS2,NEJ2	£6.00 – Entry on Day (UEF)	Fox & Hounds, Ainthorpe, nr Castleton, Whitby	NZ 704078	BM	14.5km/457m 9mi/1499'	U11/U13/U15/U17/U19 – Distances appropriate to age	
22/05/18	Tue	19:00	Roseberry Romp	National Trust	L	£4.00 – Entry on Day	Public Car Park, Newton-under Roseberry, Nr Great Ayton, TS9 6QR	NZ 570128	BS	5.1mi/1050' 8.2km/320m	Minimum age 16 years	
06/06/18	Wed	19:15	Ossy Oiks	Thirsk and Sowerby	L, SS3	£6.00 – Entry on Day (UEF)	Outside Church, nr Arncliffe Woods, Ingleby Cross, Ingleby Arncliffe	NZ 453003	AS	5.3mi/1834' 8.5km/559m	Minimum age 16 years	
20/06/18	Wed	19:15	Whorlton Run	Whorlton Playing Field Committee	L, SS4	£5.00 – Entry on Day (UEF)	Whorlton Village hall, High Street, Swainby, North Yorkshire, DL6 3ED	NZ 476022	BS	6.2mi/1401' 10km/427m	Minimum age 16 years	
10/07/18	Tue	19:15	Tom's Bransdale Race	National Trust	L	£5.00 – Entry on Day	Bransdale Mill, Bransdale, North Yorkshire	SE 620879	BM	7.5mi/1312' 12km/400m	Minimum age 18 years	
15/07/18	Sun	10:30	Viking Chase (in aid of CMRT)	Cleveland Mountain Rescue Team	L, SS5	£6.00 – Entry on Day (UEF)	Lordstones, Carlton Bank top, Carlton-in-Cleveland	NZ524030	BM	7.5mi/1877' 12km/572m	Minimum age 16 years (tbc)	
25/07/18	Wed	19:15	Inclined to Madness	York Acorn	L, SS6	£5.00 – Entry on Day (UEF)	Car Park below Clay Bank, nr Stokesley, North Yorkshire	NZ 579038	BS	6.2mi/1230' 10km/375m	Minimum age 18 years	
04/08/18	Sat	14:00	Osmotherley Show Race (New to series)	Osmotherley Show	L, SS7	Pay entry to show race included – Enter on day	Osmotherley Show Ground, Thimbleby, DL6 3PY	SE 452960	BS	5.5mi/1050' 8.8km/320m	Minimum age 16 years	
07/08/18	Tue	19:15	Ravenscar Rumble	National Trust	L	£4.00 – Entry on Day	Ravenscar Visitor Centre, Ravenscar, North Yorkshire, YO13 0NE	NZ 980016	BS	4.7mi/787' 7.5km/240m	Minimum age 16 years	
29/08/18	Wed	19:00	Roseberry Topping	National Trust	L, SS8, NEJ3	£4.00 – Entry on Day (UEF)	Car Park, Newton-under-Roseberry on A173	NZ 570128	AS	1.5mi/715' 2.3km/217m	U11/U13/U15/U17/U19	
08/09/18	Sat	13:30	Castleton Show Race	NYMAC	L, SS9	Pre-entry includes show entry or Enter on day	Show Ground, Castleton	NZ 684084	Hilly Road	6.1mi/650' 10km/200m	Separate Junior Race on day	
08/09/18	Sat	15:00	Castleton Show Junior Fell Races	NYMAC	L, NEJ4	£0.50 – UEF	show Ground, Castleton	NZ 684084	Age appropriate	TBC	Race 1 – U11, Race 2 – 11 to 13 Race 3 – 14 to 18	
Dave Parry/Lets Run – Winter Fell Race Series 2018/19 – WS – (Starts 30/09/2018)												
30/09/18	Sun	10:30	Lockton Limping	York Knivesmire	L, WS1	£5.00 – Entry on Day (UEF)	Lockton Village Hall, nr Pickering, N. Yorks	SE 845898	BM	7m/1083' 11.2km/330m	Minimum age 18 years	
21/10/18	Sun	11:00	Gormire Gamble	Thirsk and Sowerby	L, WS2	£5.00 – Entry on Day (UEF)	Sutton Bank Visitor Centre, YO7 2EH	SE 515831	BM	6.2m/1148' 10km/350m	Minimum age 18 years	
04/11/18	Sun	10:30	Saltergate Gallows	Pickering RC	L, WS3	£5.00 – Entry on Day (UEF)	Village Hall, Levisham, nr Pickering	SE 833906	BM	10.6mi/1400' 17km/425m	Minimum age 18 years	
09/12/18	Sun	10:30	Eskdale Eureka (In aid of CMRT)	Cleveland Mountain Rescue Team	L, WS4,	£5.00 – Entry on Day (UEF)	Eskdale Inn, Langburn's Bank, Castleton, North Yorkshire, YO21 2EU	NZ 684084	BM	9mi/1500' 14.3km/470m	Minimum age 18 years	
27/12/18	Thu	11:00	Guisborough Woods (original route)	Esk Valley Fell Club	L, WS5 NEJ5	£6.00 – Entry on Day (UEF)	Guisborough Rugby Club, Belmangate, Guisborough	NZ 616155	BS	5.5mi/1234' 8.8km/376m	U12/U14/U16 – 2.9km (1 lap) U18 – Senior route	
Date	Day	Time	Race	Organiser	Event	Entry Details	Venue	Grid Reference	FRA Category	Senior Race Distance/Climb	Junior Races Distance/Climb	

Notes:

IMPORTANT – Requirements for Runners, Kit requirements & Hypothermia info – PLEASE READ IT'S FOR YOUR SAFETY – No Kit No Race and if you do race we will disqualify you!

REQUIREMENTS FOR RUNNERS

HYPOTHERMIA LINK

L – Local NEJ – North East Junior Race Lakes – Out of area race N – National Race

NEFRC – North East Fell Running Championships 2018 EngFC – English Fell Championships EJFC – English Junior Fell Championships CMRT – Cleveland Mountain Rescue Team Fund Raiser

NEMAA – North East Masters Athletics Association

- Pre-Entry Available, Compulsory or Recommended – CHECK

LCT – Lakelands Classic Trophy (SL – Super Long; L – Long)

Senior Race FRA Entry Form – [Link](#) Junior Race FRA Entry Form - [Link](#)

CC – Esk Valley Fell Club Championships – Events for 2018 to be confirmed

WS - Winter Series 2017/18 & 2018/19 – maximum 6 races from 11 event series to count (4 races must be completed) 50 bonus points for assisting at event

SS - Summer Series 2018 – Qualification – maximum 5 races from 9 event series to count (3 races must be completed) 50 bonus points for assisting at event

4S – Four Seasons Trophy, Guisborough Start Races; Counters to be confirmed

WS & SS Team competition, Men – 4 counters; Female – 3 counters (2 to finish to score team points teams finishing 3 take preference), all events count to overall series position

NEJ – North East Junior Fell Race Series 2018

NEJ – Categories – Male and Female – U9, U11, U13, U15, U17 and U19 NEJ – Age category by age on 31st December 2018

FRA Categories two letters; A, B & C – Climb feet or metres per mile or km (A – Steepest) S – Short, M – Medium, L – Long FRA – Fell Runners Association – [Link](#)

Clive Thornton - clive@es山谷fellclub.org