

Web Links

Governing Bodies

Fell Runners Association	Championships, Rules, Regulations, the fell running forum and e-copy of the classic 'Stud marks in the summit'
BOFRA	British Open Fell Runners Association
LDWA	Long Distance Walkers Association, organisers of walking events that many runners take part in, well organised events.
UK Athletics	National governing body for all things running

Running news

Mud Sweat and Tears	All discipline running news site
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Races and information

CSRT	Cleveland Search and Rescue, Viking 4P and Cleveland Survival
Grasmere Sports	Lakeland Sports Show with world famous fell race
Hardmoors	Ultra marathon off-road running events in North Yorkshire
James Herriot Race	Trail race at Castle Bolton – Rotary Club
Lakeland Fells	No substitute, but a photographic record of the Lakeland Fells
Osmotherley Phoenix	Home of the Osmotherley Phoenix Race
Three Peaks race	Pen-Y-Ghent, Whernside and Ingleborough and all that
Running Photographs	Photographs of local races by David Aspin and Family
UK Results	Multi-discipline, on-line race calendar
WalkJogRun	Routes all over the world
Woodentops	Yorkshire Fell running photos by David and Eileen Woodhouse

Running clubs

Durham Fell Runners	Neighbouring specialist fell running club
Hartlepool Burn Road	Local road running club
Knavesmire Harriers	Multi-discipline running club based in York
Loftus and Whitby AC	Local multi-disciplinary running club, Poultry Run organisers
Marsh House Harriers	Billingham based multi-discipline running club
New Marske Harriers	Local club caters for all running disciplines good junior set-up
NFR	Northumberland Fell Runners, neighbouring club
NYMAC	Neighbouring multi-discipline running club
Quakers Running Club	Darlington based multi-discipline running club
Scarborough AC	Multi discipline seaside running club
Albert Park Run	Not quite a running club, timed 5km runs in Middlesbrough and nationally

Shops

Northern Runner	Summer & Winter Series sponsor - Offering expert guidance and the very best in specialist running equipment
Pete Bland Sports	The Running Specialists for all your running needs, running shoes, running clothing, running accessories + much more
Walsh Running Shoes	The original British fell running shoes
Inov8 Running Shoes	Off-road running shoe manufacturer

Related sports

BMBO	British Mountain Bike orienteering body
Clok	Cleveland Orienteering Klub
Open Adventure	Adventure racing events
NYMBO	North Yorkshire Mountain Bike Orienteering – North Yorks events