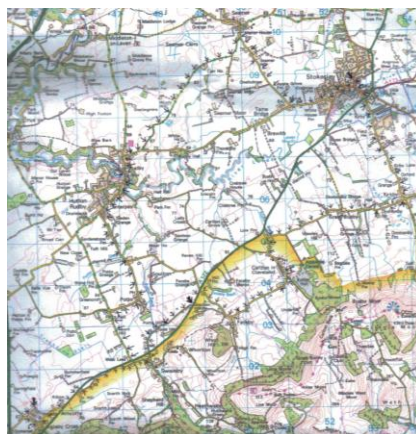




JILL LIBBY'S SPONSORED CYCLE RIDE - June 21st

On 21st June last year I was cycling from home to Stokesley to collect my youngest child from school, but while stationary at a rural road junction I was hit by a car and seriously injured.

On the anniversary I will cycle the full route I intended to take that day as a celebration of my recovery so far. This, with the return loop forms my 20 mile sponsored ride to raise funds for GNAAS who airlifted me to James Cook University Hospital.



GNAAS relies entirely on charitable donations to keep the service flying at a cost of 4 million pounds per year. The 3 helicopters and crew cover the area of North Yorkshire, North East England and Cumbria.

Please support GNAAS by sponsoring me, by any amount - large (preferably!) or small (adds up!). You never know when you might need their help.

I'm continuing to recover and spend a great many hours exercising and training to rebuild my fitness.

I've recently started running again which makes the world seem like a better place. I haven't done it alone though; the support, friendship and wisdom given to me by many, many people has been and continues to be essential to my rehab.
-thanks guys!

I'd be VERY grateful if you felt able to support me in my effort to raise money for GNAAS.



Please visit this webpage for more information

www.createanddonate.co.uk/to/jills-cycle-ride-2013