

Captain Cooks**01-Jan-16****N.Runner/NEHRA Winter Series 2015-16****Race 5**

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	263	Harry Holmes	York Knavesmire	32.39	MO/1/50/189
2	542	Paul Lowe	North York Moors	33.19	M45/1/50/100
3	268	Chris Roberts	York Knavesmire	33.23	MO/2/48/240
4	1036	Lloyd Biddell	Mercia	33.41	MO/3/46/46
5	1056	Sam Garratt	New Marske H.	34.00	MJ/1/50/50
6	1098	Jayson Cavill	Pickering AC.	34.09	MO/4/45/45
7	666	Paul Butler	Loftus & Whitby	34.23	M45/2/48/146
8	1030	Mike Jeffries	Richmond & Zet	34.30	MO/5/44/44
9	1106	Andy Berry	Durham Fell R	34.35	MO/6/43/43
10	318	James Oldfield	Sedgefield H.	34.39	MO/7/42/88
11	278	Paul Wilson	H'pool Burn Rd.	34.50	MO/8/41/126
12	405	Simon Rycroft	Pocklington Run.	34.54	M40/1/50/242
13	1067	Paul Whittaker	York Acorn	35.04	M40/2/48/48
14	1216	Caroline Lambert	Wetherby Run.	35.22	FO/1/50/50
15	1016	Steve Hardy	Loftus & Whitby	35.27	M40/3/46/46
16	613	Dave Parker	St. Therasas.	35.35	M50/1/50/196
17	1136	Roger Gillian	Low Fell RC.	35.38	MO/9/40/40
18	1051	Gareth Pritchard	Elvet Striders	35.41	MO/10/39/39
19	296	Simon Collins	York Knavesmire	36.00	MO/11/38/125
20	272	Paul Darroch	New Marske H.	36.33	MO/12/37/77
21	712	Barry Atkinson	York Knavesmire	36.42	M55/1/50/150
22	1070	Stephen Pugh	Esk Valley Fell	36.43	M45/3/46/46*
23	1069	Ian Blakemore	Sedgefield H.	36.47	MO/13/36/36
24	1104	Neil Thirkell	Individual#	36.50	M40/4/45/45
25	1217	Scout Adkin	York Knavesmire	37.00	FO/2/48/48
26	1033	Andrew Marsh	Individual#	37.11	MO/14/35/35
27	279	Andrew Minister	H'pool Burn Rd.	37.17	MO/15/34/106
28	276	Nick Simmons	North York Moors	37.21	MO/16/33/96
29	1031	Stepan Tomaszewski	Thirsk & Sowerby	37.28	M55/2/48/48
30	1239	Catherine Williamson	Loftus & Whitby	37.42	FO/3/46/46
31	420	Brendan Anglim	CLOK	37.54	M40/5/44/175
32	310	Paul Evans	Elvet Striders	37.57	MO/17/32/74
33	300	Ben Senior	Loftus & Whitby	38.00	MO/18/31/154
34	435	Stuart Smith	Pocklington Run.	38.00	M40/6/43/89
35	1022	Ian McGrath	Durham Fell R	38.03	M40/7/42/42
36	1012	Paul Wildmere	North York Moors	38.03	MO/19/30/30
37	415	Giles Hawking	York Knavesmire	38.03	M40/8/41/134
38	543	Andrew Marshall	Loftus & Whitby	38.07	M45/4/45/91
39	408	Russ Grayson	Pickering AC.	38.10	M40/9/40/218
40	1042	Alistair Haddow	Individual#	38.11	M50/2/48/48
41	436	Chris Jeffries	B'ham Marsh H.	38.12	M40/10/39/83
42	330	Jon Parker	North York Moors	38.15	MO/20/29/63
43	1001	Chris Lines	Sedgefield H.	38.20	M40/11/38/38
44	1029	James Fohburn	B'ham Marsh H.	38.24	MO/21/28/28
45	280	Andrew Lilley	H'pool Burn Rd.	38.40	MO/22/27/88
46	1148	Paul McGough	North York Moors	38.42	M40/12/37/37
47	1026	Gary Dack	B'ham Marsh H.	38.45	M50/3/46/46
48	1055	Mike Quinn	Esk Valley Fell	38.52	M40/13/36/36
49	1141	Tim Grimwood	Swaledale Run.	38.56	MO/23/26/96
50	1020	Darren Hendley	York Knavesmire	39.04	M60/1/50/50
51	626	Rob Williamson	Loftus & Whitby	39.10	M50/4/45/91
52	1028	Gareth Foreman	H'pool Burn Rd.	39.13	MO/24/25/25

53	314	Tom Shelton	Wakefield Tri.	39.17	MO/25/24/95
54	1021	Ian Rowbotham	Harrogate H.	39.18	M55/3/46/46
55	1080	Shaun Mills	Clapham Chasers	39.19	MO/26/23/23
56	1198	Sharon Bulman	New Marske H.	39.29	F40/1/50/50
57	1105	Peter Chapman	Ripon Runners	39.36	M55/4/45/45
58	1044	Philip Richardson	York Knavesmire	39.38	MO/27/22/22
59	800	Karl Edwards	H'pool Burn Rd.	39.40	M60/2/48/148
60	1038	Bryan Miller	Thirsk & Sowerby	39.46	MO/28/21/21
61	400	Mark Smith	N'land Fell R	39.49	M40/14/35/114
62	1076	Steve Armstrong	London Heathside	39.50	M40/15/34/34
63	331	Ben Forster	Royal Navy AC	39.51	MO/29/20/50
64	1238	Nik Vogan	York Knavesmire	39.56	FO/4/45/45
65	937	Emma Clapton	Scarborough AC	40.04	FJ/1/50/50
66	428	Jim Bennett	Individual#	40.17	M40/16/33/153
67	1250	Morag Stead	Morpeth H.	40.23	F40/2/48/48
68	264	Rob Allinson	Redcar RC	40.23	MO/30/19/147
69	416	Jonathan Skidmore	North York Moors	40.27	M40/17/32/115
70	615	David Buchanan	Easingwold RC	40.33	M50/5/44/87
71	443	Nick Smith	North York Moors	40.34	M40/18/31/31
72	1086	Ian Nichols	Scarborough AC	40.36	M50/6/43/43
73	1241	Penny Browell	Elvet Striders	40.38	F40/3/46/46
74	1074	Paul Thwaites	Individual#	40.40	M45/5/44/44
75	254	Steven Dickson	Derwentside AC	40.41	MO/31/18/44
76	34	Shelli Gordon	New Marske H.	40.46	FO/5/44/94
77	424	Dave Bannister	York Acorn	40.49	M40/19/30/115*
78	1060	Sheldon Cockburn	Godley's RT	40.52	M40/20/29/29
79	1059	Darren Pearce	Individual#	40.52	M50/7/42/42
80	1107	Lewis Meadows	Esk Valley Fell	40.54	MO/32/17/17
81	144	Kath Aspin	New Marske H.	40.55	F45/1/50/100
82	1015	Martyn Cooper	Hartlepool Tri.	40.57	M45/6/43/43
83	253	Mark Davinson	Derwentside AC	40.57	MO/33/16/35
84	1054	Ian Bilton	H'pool Burn Rd.	40.58	MO/34/15/15
85	536	Ian Baxter	Blyth RC.	40.58	M45/7/42/86
86	1057	Alan Smitheman	Loftus & Whitby	41.07	M40/21/28/28
87	1199	Georgia Campbell	S. Shields H.	41.11	FO/6/43/43
88	528	Thomas Reeves	Elvet Striders	41.17	M45/8/41/84
89	1144	Nick Andralojc	Harrogate H.	41.17	M50/8/41/41
90	204	Sally Houghton	Ripon Runners	41.18	F50/1/50/100
91	1010	Robert Burn	Thirsk & Sowerby	41.18	M60/3/46/46
92	401	Dean Stockwell	Esk Valley Fell	41.25	M40/22/27/178
93	1151	Midred Polz	Individual#	41.30	M45/9/40/40
94	1117	Graham Jones	H'pool Burn Rd.	41.32	M45/10/39/39
95	1221	Kimberley England	Pickering AC.	41.43	FO/7/42/42
96	1061	Mike Bennett	Elvet Striders	41.44	M60/4/45/45
97	414	Richard Veitch	Redcar RC	41.48	M40/23/26/136
98	1112	Ian Downham	Kippax H.	41.50	M45/11/38/38
99	1027	Richard Tarrega	York Knavesmire	42.00	MO/35/14/14
100	531	James Lee	NYP Tri.	42.04	M45/12/37/123
101	1000	Philip Peggs	Loftus & Whitby	42.05	MO/36/13/13
102	266	Thomas Jones	Redcar RC	42.12	MO/37/12/127
103	1142	Luke Gibson	S. Shields H.	42.14	MO/38/11/11
104	526	Gavin Drummond	Individual#	42.15	MO/39/10/57
105	1002	Raymond Carmichael	Sedgefield H.	42.16	M40/24/25/25
106	1058	Matthew Harman	Individual#	42.17	MO/40/9/9
107	1043	Richard Meadows	Esk Valley Fell	42.26	MO/41/8/8
108	1040	Paul Havis	Individual#	42.28	M50/9/40/40
109	711	Mike Wilson	Pickering AC.	42.28	M55/5/44/174

110	1150	Barry Young	N.Shields Poly.	42.37	M50/10/39/39
111	1134	John Walpole	Redcar RC	42.40	MO/42/7/7
112	707	Julian Barwick	North York Moors	42.41	M55/6/43/230
113	1116	Alex Turner	Individual#	42.41	M40/25/24/24
114	999	Neil Scruton	Scarborough AC	42.49	M65/1/50/150*
115	1206	Kate Woodall	Individual#	42.54	F40/4/45/45
116	1014	Mike McGough	Esk Valley Fell	42.55	M45/13/36/36*
117	1152	Colin Knapp	Esk Valley Fell	43.02	M55/7/42/42
118	336	Stewart Hopes	Redcar RC	43.08	MO/43/6/29
119	417	Danny Lim	Elvet Striders	43.11	M40/26/23/53
120	1111	Peter Gale	Individual#	43.19	MO/44/5/5
121	1063	Phil James	Saltwell H	43.22	M55/8/41/41
122	1053	Michael Keavney	Swaledale Run.	43.24	M50/11/38/38
123	1131	Philip Meadows	Esk Valley Fell	43.25	M50/12/37/37
124	1073	James Boddy	Ripon Runners	43.28	MO/45/4/4
125	849	Michael Ludgate	H'pool Burn Rd.	43.34	M65/2/48/98
126	1090	Iain Farrell	Individual#	43.43	MO/46/3/3
127	1108	Mike Hughes	Elvet Striders	43.44	M45/14/35/35
128	1034	Marc Mason	North York Moors	43.46	M55/9/40/40
129	1049	Phil Crame	Loftus & Whitby	43.46	M40/27/22/22
130	1066	Wai Cheung	Smelly Helly	43.48	M45/15/34/34
131	1139A	Mark Jackson.	Individual#	43.52	MO/47/2/2
132	340	Allan Osborne	Individual#	44.09	MO/48/1/21
133	1023	Julian Warren	Northern Navig.	44.18	M50/13/36/36
134	1138A	Derek Owen	Individual#	44.25	M50/14/35/35
135	1095	Mark Robinson(2)	Darlington H.	44.25	MO/49/1/1
136	403	Ian Higgins	North York Moors	44.26	M40/28/21/91
137	1133	Matthew Sonley	Individual#	44.31	MO/50/1/1
138	1052	John Turner	Individual#	44.32	M55/10/39/39
139	1115	Nathan Gibson	S. Shields H.	44.38	MO/51/1/1
140	1045	Ralph Heppell	Individual#	44.41	MO/52/1/1
141	625	David Gilmore	N.Shields Poly.	44.44	M50/15/34/74
142	1041	Martin Gabriel	Ripon Runners	44.47	M55/11/38/38
143	273	John Kelly	Individual#	45.12	MO/53/1/12
144	1065	Andrew Watson	Individual#	45.12	M45/16/33/33
145	1240	Louise Warner	Elvet Striders	45.18	FO/8/41/41
146	1018	Henry Fletcher	Individual#	45.19	MO/54/1/1
147	1089	Michael Fahey	Individual#	45.24	M55/12/37/37
148	1007	Christopher Wright	North York Moors	45.31	M55/13/36/36
149	1084	Shaun Roberts	Elvet Striders	45.33	M55/14/35/35
150	1004	Graham Robinson	Thirsk & Sowerby	45.43	M60/5/44/44
151	1100	Paul Gribbon	Individual#	45.43	MO/55/1/1
152	1094	Gavin Coates	Individual#	45.44	MO/56/1/1
153	1230	Mandy Dawson	Elvet Striders	45.46	F45/2/48/48
154	1156	Ian Hodgson	Esk Valley Fell	45.48	M50/16/33/33
155	203	Caroline Pollard	WharfedaleH.	45.48	F55/1/50/150
156	31	Nuala Carson	Ware Joggers	45.48	FO/9/40/76
157	1197	Clare Lowe	North York Moors	45.49	F45/3/46/46
158	1072	David Ritson	Ripon Runners	45.58	M45/17/32/32
159	1091	Peter Gunn	Individual#	46.09	M40/29/20/20
160	434	Andrew Tullock	Redcar RC	46.11	M40/30/19/53
161	518	Ian Farrer	Pickering AC.	46.12	M45/18/31/115
162	1064	Jon Pearse	New Marske H.	46.14	M50/17/32/32
163	432	Mark Milner	Darlington H.	46.24	M40/31/18/51
164	1228	Julia Jackson	Loftus & Whitby	46.35	F45/4/45/45
165	1211	Hilary Coventry	Thirsk & Sowerby	46.41	F50/2/48/48
166	1222	Tanya Coates	Individual#	46.44	FO/10/39/39

167	1037	Jason Taylor	N'land Fell R	46.47	M40/32/17/17
168	1145	Mark Plews	Individual#	46.52	M45/19/30/30
169	1153	Thomas Bury	New Marske H.	46.53	M50/18/31/31
170	857	Eddie Meehan	North York Moors	46.54	M65/3/46/137
171	1110	Chris Wilkinson	Individual#	46.59	M45/20/29/29
172	1003	Neil Archbaus	Individual#	47.00	M40/33/16/16
173	622	Phil H-Narborough	North York Moors	47.10	M50/19/30/105
174	1196	Ellie Heath	New Marske H.	47.12	MJ/2/48/48
175	538	Nicholas O'Grady	New Marske H.	47.16	M45/21/28/66
176	1048	Inne Hodgson	Washington RC	47.17	M50/20/29/29
177	717	David Johnson	N. Shields Poly.	47.18	M55/15/34/76
178	1046	Nigel Heppell	Elvet Striders	47.18	M60/6/43/43
179	1208	Sally Hughes	Elvet Striders	47.29	FJ/2/48/48
180	1077	Chris Buck	Individual#	47.33	MO/57/1/1
181	1081	Simon Fell	Crook AC	47.39	M50/21/28/28
182	1013	Peter Richardson	Thirsk & Sowerby	47.50	M50/22/27/27
183	1135	Jim Robson	North York Moors	48.00	M55/16/33/33
184	1132	Michael Sonley	Individual#	48.01	M50/23/26/26
185	1	Charlotte Stonehouse	New Marske H.	48.03	FO/11/38/126
186	620	Ray Foulkes	Redcar RC	48.05	M50/24/25/107
187	1009	Jimmy O'Brien	Loftus & Whitby	48.06	M50/25/24/24
188	853	Malcolm Peggs	Loftus & Whitby	48.20	M60/7/42/134
189	1149	Chris Pennington	Individual#	48.24	M40/34/15/15
190	197	Janet Cordingley	Knavesmire H.	48.25	F55/2/48/94
191	1097	John Fenwick	Ripon Runners	48.27	M60/8/41/41
192	1233	Lisa Taylor	N'land Fell R	48.29	F45/5/44/44
193	1137	Sam Hall	Darlington Tri.	48.31	M45/22/27/27
194	1078	Paul Hadon	FRA#	48.33	M50/26/23/23
195	1209	Lucy Jeffries	M'bro & Cleve H.	48.37	FO/12/37/37
196	1226	Ellie Beauchamp	Loftus & Whitby	48.44	FO/13/36/36
197	945	Ella Laura Jones	Individual#	48.44	FJ/3/46/46
198	1213	Helen Ashworth	Thirsk & Sowerby	48.46	F45/6/43/43
199	704	Trevor Symonds	FRA#	49.08	M55/17/32/75
200	1017	Bill Pennell	North York Moors	49.11	M60/9/40/40
201	1147	David Heath	New Marske H.	49.14	M45/23/26/26
202	1429	Andrew Lambe	Quakers RC	49.33	M40/35/14/83
203	1191	Emily Sell	Individual#	49.36	FJ/4/45/45
204	122	Kelly Clapton	Individual#	49.37	F40/5/44/89
205	1039	Darren Smith	H'pool Burn Rd.	49.39	MO/58/1/1
206	1118	Michael Sell	Individual#	49.45	M50/27/22/22
207	1141A	Mark Brown	North York Moors	49.46	M40/36/13/13
208	1083	Alan Welsh	Crook AC	49.52	M55/18/31/31
209	1154	Calum Dearlove	Individual#	49.55	MO/59/1/1
210	805	Mick McGurk	New Marske H.	49.56	M60/10/39/84
211	1006	Andy Butcher	Thirsk & Sowerby	50.01	M45/24/25/25
212	1210	Fran Jeffery	Thirsk & Sowerby	50.04	FO/14/35/35
213	1243	Camils Lauren-Matta	Elvet Striders	50.05	F50/3/46/46
214	1103	Christopher Gill	Individual#	50.06	M40/37/12/12
215	1099	Martyn Coy	Thirsk & Sowerby	50.09	M40/38/11/11
216	1096	Michael Brunskill	Aycliffe R C.	50.11	M55/19/30/30
217	1223	Carol Morrison	Thirsk & Sowerby	50.25	F50/4/45/45
218	1215	Kirsty Naylor	Individual#	50.29	FO/15/34/34
219	881	Ronnie Sherwood	New Marske H.	50.30	M70/1/50/198
220	1207	Rachel Jones	Redcar RC	50.33	FO/16/33/33
221	1025	Nigel Morgan	Thirsk & Sowerby	50.40	M50/28/21/21
222	720	Paul Munster	Redcar RC	51.03	M55/20/29/67
223	21	Stephanie Piper	Elvet Striders	51.24	FO/17/32/75

224	19	Maria Clemmit	North York Moors	51.27	FO/18/31/113
225	1047	Ari Hodgson	Elvet Striders	51.30	MJ/3/46/46
226	708	Christopher Jamieson	Esk Valley Fell	51.31	M55/21/28/148*
227	1192	Laura Jones	H'pool Burn Rd.	51.45	FJ/5/44/44
228	1008	Peter Johnson	H'pool Burn Rd.	51.56	M60/11/38/38
229	143	Susan Dick	Loftus & Whitby	51.59	F40/6/43/91
230	935	Rachel Carter	M'bro Mandale	52.17	FJ/6/43/43
231	1232	Claire Gillan	Thirsk & Sowerby	52.27	FO/19/30/30
232	1113	Lee Masson	Stockton Stri.	52.29	M45/25/24/24
233	1225	Alison Carter	B'ham Marsh H.	52.29	F45/7/42/42
234	855	Martin White	New Marske H.	52.29	M60/12/37/128
235	1050	Steven Booth	Thirsk & Sowerby	52.57	M50/29/20/20
236	1155	Martin Hedgley	Individual#	53.03	M50/30/19/19
237	1224	Helen Duggleby	North York Moors	53.31	F50/5/44/44
238	1079	Edward Key	Durham Uni Tri	53.40	MO/60/1/1
239	701	Geoff Hine	Esk Valley Fell	53.44	M55/22/27/189
240	1248	Nicola Booth	Thirsk & Sowerby	53.53	F50/6/43/43
241	425	Russ Kelly	Redcar RC	54.07	M40/39/10/114
242	605	Ian Robinson	Esk Valley Fell	54.12	M50/31/18/164*
243	1109	Brian Allen	New Marske H.	54.12	M70/2/48/48
244	124	Debbie Rycroft	Pocklington Run.	54.15	F45/8/41/171
245	1220	Lesley Strickland	H'pool Burn Rd.	54.17	F45/9/40/40
246	1244	Stephanie Barlow	Elvet Striders	54.55	F40/7/42/42
247	1140A	Phil Miles	New Marske H.	55.05	M70/3/46/46
248	1011	David Robinson	North York Moors	55.13	M45/26/23/23
249	1062	Naz Bashir	Saltwell H	55.14	M40/40/9/9
250	1204	Louise Bibby	Redcar RC	55.24	FO/20/29/29
251	1227	Carol Palin	Loftus & Whitby	55.24	F40/8/41/41
252	1194	Tracey Atkinson	Redcar RC	55.25	F50/7/42/42
253	1195	Jeannie Wilde	Redcar RC	55.33	F45/10/39/39
254	1203	Claire Earle	H'pool Burn Rd.	55.36	F40/9/40/40
255	1024	Adrian Northey	Esk Valley Fell	55.50	M50/32/17/17
256	1087	David Wotton	Claremont	55.55	M40/41/8/8
257	1088	Michael Boyle	S'land Strollers	55.56	MO/61/1/1
258	1093	Bob Howe	North York Moors	56.17	M65/4/45/45
259	1247	Victoria Brown	Elvet Striders	57.28	FO/21/28/28
260	1219	Faith Coy	Thirsk & Sowerby	57.30	F40/10/39/39
261	1242	Anita Clementson	Elvet Striders	57.34	F45/11/38/38
262	33	Lois Lincoln	Saltwell H.	57.58	FO/22/27/62
263	1205	Anne Robson	North York Moors	58.23	F55/3/46/46
264	1231	Diane Watson	Elvet Striders	58.33	F50/8/41/41
265	806	Bref O'Rourke	North York Moors	58.49	M60/13/36/80
266	1092	Nigel Coates	Individual#	58.50	M65/5/44/44
267	1200	Jayne Bowers	Esk Valley Fell	58.53	F40/11/38/38
268	1019	Emil Moatta	Elvet Striders	59.18	MJ/4/45/45
269	1246	Catherine Smith	Elvet Striders	59.18	F40/12/37/37
270	1229	Julie McNicholas	Esk Valley Fell	59.34	F50/9/40/40
271	1146	Nigel Watson	Individual#	59.41	M55/23/26/26
272	1202	Sophie Owens	Stockton Stri.	60.13	FO/23/26/26
273	1201	Lucy Owens	Stockton Stri.	60.18	FO/24/25/25
274	1143	Clifford Holloway	Individual#	60.28	M60/14/35/35
275	1075	David Gilthorpe	Saltwell H	62.05	M55/24/25/25
276	1190	Lorna Goodchild	Individual#	62.08	F50/10/39/39
277	724	David Robins	FRA#	62.41	M55/25/24/58
278	1218	Angela Gribbon	Esk Valley Fell	62.49	FO/25/24/24
279	1032	Ben Mason.	Individual#	63.57	MO/62/1/1
280	1234	Mary Mason	Individual#	63.58	F55/4/45/45

281	1101	Phillip Craig	Thirsk & Sowerby	64.23	MO/63/1/1
282	1249	Christine Burn	Thirsk & Sowerby	65.12	F60/1/50/50
283	1068	John Ball	Ripon Runners	65.41	M70/4/45/45
284	1082	Allen Purdham	Crook AC	66.32	M70/5/44/44
285	1235	Catherine Lumb	Thirsk & Sowerby	67.44	F55/5/44/44
286	1236	Abbie Hull	Quakers RC	69.51	FO/26/23/23
287	1237	Lindsey Lambe	Individual#	69.51	FO/27/22/22
288	1212	Gaynor Elliott	Individual#	70.42	F50/11/38/38
289	1214	Donna Bentley	Individual#	70.45	FO/28/21/21

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 York Knavesmire 'A'	42	1,3,18,20	15/60
	2 Loftus & Whitby 'A'	86	7,14,30,35	14/25
	3 North York Moors 'A'	100	2,26,33,39	13/50
	4 H'pool Burn Rd. 'A'	127	11,25,42,49	12/38
	5 Sedgefield H. 'A'	164	10,22,40,92	11/11
	6 Elvet Striders 'A'	206	17,29,77,83	10/10
	7 Esk Valley Fell 'A'	217	21,45,71,80	9/63
	8 York Knavesmire 'B'	221	34,47,54,86	8/22
	9 North York Moors 'B'	268	43,62,64,99	7/20
	10 Pickering AC. 'A'	280	6,36,96,142	6/45
	11 Thirsk & Sowerby 'A'	297	27,56,79,135	5/5
	12 New Marske H. 'A'	314	5,19,143,147	4/23
	13 H'pool Burn Rd. 'B'	322	55,74,82,111	3/3
	14 Loftus & Whitby 'B'	327	48,76,88,115	2/2
	15 Redcar RC 'A'	332	61,84,89,98	1/31
	16 Esk Valley Fell 'B'	408	94,102,103,109	1/33
	17 Ripon Runners 'A'	430	53,110,128,139	1/1
	18 Elvet Striders 'B'	508	105,113,134,156	1/1
	19 Redcar RC 'B'	592	104,141,162,185	1/4
	20 New Marske H. 'B'	654	152,153,171,178	1/1
female:	1 New Marske H. 'A'	23	4,9,10	15/53
	2 Elvet Striders 'A'	39	8,15,16	14/14
	3 Loftus & Whitby 'A'	51	3,20,28	13/24
	4 York Knavesmire 'A'	82	2,5,(75)	12/27
	5 Thirsk & Sowerby 'A'	84	21,30,33	11/11
	6 Elvet Striders 'B'	95	23,34,38	10/10
	7 North York Moors 'A'	103	19,39,45	9/51
	8 Thirsk & Sowerby 'B'	124	35,43,46	8/8
	9 Redcar RC 'A'	139	37,50,52	7/7
	10 H'pool Burn Rd. 'A'	142	40,48,54	6/6
	11 Loftus & Whitby 'B'	167	41,51,(75)	5/5
	12 Esk Valley Fell 'A'	191	61,63,67	4/28
	13 Stockton Stri. 'A'	204	64,65,(75)	3/3

* = Bonus points not included

= Non-counter (team)

Comments:

It was again excellent running conditions for The Captain Cook's New Years Day Race. We had had a good frost overnight which made it less muddy following torrential downpours. There were four principal contenders in Harry Holmes, Chris Roberts, Paul Lowe and Lloyd Biddell with Sam Garratt and Jason Cavill just behind. This group pulled away on the first big climb up to the monument where advantage goes to those who know the fastest line of descent. Now it was a speed session to the finish where Harry Holmes was able to throw off former winner Paul with Chris just behind then Lloyd. The first junior man was Sam in 5th.

The winning men's team was York Knavesmire ahead of Loftus and Whitby. In the women's event Caroline Lambert made all the going. She had a good lead at Captain Cook's Monument over Catherine Williamson and Sharon Bulman. Caroline went on to a comfortable win. New Marske Harriers were the winners of the women's team event ahead of Elvet Striders and Loftus & Whitby.

As this is a charity event all of the £2108 raised goes to charity. £150 to Gt. Ayton Library, £200 to Cleveland Mountain Rescue, £1000 to Future Fund a children's cancer trust based in The North East, Yatton House -£200, Lake District Flood Relief fund - £300 and The Ashwell Trust another local children's trust-£258.00.

Well done to all supporters and particularly runners for such a fabulous effort.....
Dave .

Any problems on fixtures or results please contact me at - parrydavid5@gmail.com

Next Race : Glaisdale Rigg

21-Feb-16