

## Clay Bank West

### N.Runner/NEHRA Winter Series 2013-4

10-Nov-13

Race 4

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	316	Peter Bray	Durham Fell R	31.30	MO/1/50/100
2	327	Andy Blackett	Durham Fell R	32.00	MO/2/48/94
3	337	David Beech	Tyne Bridge H.	32.20	MO/3/46/46
4	482	Lee Bennett	Elswick H.	32.39	M40/1/50/50
5	479	Bruce Crombie	Alnwick H.	32.40	M40/2/48/48
6	462	Ian McGrath	Durham Fell R	33.30	M40/3/46/94
7	294	Chris Roberts	York Knavesmire	33.32	MO/4/45/183
8	250	Jayson Cavill	Pickering RC	33.50	MO/5/44/142
9	477	Dan Middlemas	Dark Peak FR	33.55	M40/4/45/45
10	303	Simon Collins	York Knavesmire	34.00	MO/6/43/89
11	325	Ian Chapman	NYP Tri.	34.58	MO/7/42/77
12	751	Alistair MacDonald	Morpeth H&AC	34.59	M50/1/50/50
13	509	Brian Saysell	North York Moors	35.15	M45/1/50/194
14	560	Garry Robson	N. Shields Poly	35.20	M45/2/48/48
15	292	Jamie Lockley	Redcar RC	35.45	MO/8/41/129
16	468	Simon Ashwell	Esk Valley Fell	35.48	M40/5/44/89
17	342	Cees van der land	Tynebridge H	35.50	MO/9/40/40
18	345	Roger Sillito	Low Fell RC	35.58	MO/10/39/39
19	308	Joe Johnson	Esk Valley Fell	35.59	MO/11/38/121
20	826	Gordon Brown	Individual#	36.00	M55/1/50/150
21	757	Barry Atkinson	York Knavesmire	36.20	M50/2/48/48
22	243	Mike Quinn	Esk Valley Fell	36.26	MO/12/37/80
23	752	Stephan Tamaszewski	Thirsk & Sowerby	36.28	M50/3/46/46
24	118	Kay Neesam	New Marske H	36.28	F45/1/50/150
25	506	Giles Hawking	York Knavesmire	36.32	M40/6/43/134
26	747	Gary Bastow	Ripon Runners	37.00	M50/4/45/45
27	555	James Lee	NYP Tri.	37.05	M45/3/46/89
28	920	Rob Burn	Thirsk & Sowerby	37.15	M60/1/50/50
29	605	Dave Parker	Esk Valley Fell	37.37	M45/4/45/136
30	343	William Robson	N. Shields Poly	37.55	MJ/1/50/50
31	834	Michael Bennett	Elvet Striders	39.20	M55/2/48/96
32	606	Graeme Addison	Sedgefield H	39.21	M45/5/44/85
33	502	Dean Stockwell	Esk Valley Fell	40.00	M40/7/42/128
34	553	Keith Westerman	Loftus & Whitby	40.04	M45/6/43/85
35	73	Lucy Butt	Durham Fell R	40.06	FO/1/50/96
36	929	Steve Smith	Ripon Runners	40.23	M60/2/48/198
37	573	Michael Keavney	Individual#	40.25	M45/7/42/85
38	561	Lorenzo Williams	Team Skigo	40.27	M45/8/41/41
39	748	Andrew Squires	Alnwick H.	40.35	M50/5/44/44
40	759	Barry Young	N. Shields Poly	40.48	M50/6/43/43
41	471	Chris Green	Esk Valley Fell	41.36	M40/8/41/77
42	132	Julia Jackson	Loftus & Whitby	42.23	F40/1/50/96
43	925	Jeff Winder	Calder Valley	42.29	M60/3/46/46
44	341	Andrew Bewick	Esk Valley Fell	42.55	MO/13/36/36
45	758	Alan Davidson	Nidd Valley	43.00	M50/7/42/42
46	461	Mark Milner	Darlington H.	43.07	M40/9/40/79
47	754	Ian Bond	Quakers AC	43.20	M50/8/41/41
48	753	David Bond	Individual#	43.23	M50/9/40/40
49	331	Ben Thompson	New Marske H	43.30	MO/14/35/52
50	839	David Johnson	N'land Fell R.	43.32	M55/3/46/46
51	775	Paul Smith	Pickering RC	43.35	M50/10/39/165
52	840	Steve Moss	Teesdale AC	43.38	M55/4/45/45
53	115	Steph Scott	N'land Fell R.	44.20	F40/2/48/48
54	77	Lucy Jeffries	Quakers AC	44.25	FO/2/48/48
55	559	David Heath	New Marske H	44.30	M45/9/40/77

56	117	Denise Tunstall	Durham Fell R	44.32	F45/2/48/142
57	338	Craig Hollifield	Esk Valley Fell	44.35	MO/15/34/34
58	755	Mark Davies	Thirsk & Sowerby	44.36	M50/11/38/38
59	340	Anthony Dye	Esk Valley Fell	44.48	MO/16/33/33
60	481	Richard Lindsay	Esk Valley Fell	44.56	M40/10/39/39
61	466	Jason Taylor	N'land Fell R.	45.06	M40/11/38/69
62	738	Kenneth Rae	Easingwold RC	45.40	M50/12/37/73
63	126	Helen Whitney	New Marske H	45.45	F40/3/46/94
64	967	Mike Hetherton	Pickering RC	45.50	M65/1/50/50
65	80	Caroline Warrington	York Knavesmire	45.53	FO/3/46/46
66	500	Nicholas O'Grady	New Marske H	45.58	M40/12/37/160
67	749	Phil Imeson	Esk Valley Fell	46.00	M50/13/36/36
68	837	Kevin Walker	Individual#	46.05	M55/5/44/44
69	339	Darren Stockdale	Quakers AC	46.10	MO/17/32/32
70	833	Paul Lyons	North York Moors	46.12	M55/6/43/126
71	99	Kendra White	Esk Valley Fell	46.15	F45/3/46/46
72	17	Caroline Graham	North York Moors	46.40	FO/4/45/139
73	52	Carlene Hill	Redcar RC	46.45	FO/5/44/132
74	828	Paul Munster	Redcar RC	46.48	M55/7/42/127
75	908	Mick McGurk	New Marske H	46.48	M60/4/45/93
76	76	Georgie Hill	North York Moors	46.54	FO/6/43/86
77	735	Peter Richardson	Bedale & Aiskew	46.57	M50/14/35/70
78	838	David Read	Thirsk & Sowerby	47.00	M55/8/41/41
79	841	Darrell Gardener	Individual#	47.13	M55/9/40/40
80	855	Chris Jamieson	Esk Valley Fell	47.26	M55/10/39/161
81	122	Julia Quinonez	Durham City H.	47.27	F45/4/45/45
82	926	Ian Harmer	Esk Valley Fell	47.29	M60/5/44/44
83	760	Adrian Martin	Esk Valley Fell	47.46	M50/15/34/34
84	924	Trevor Metcalfe	Wharfedale H	47.58	M60/6/43/43
85	344	Bryan Miller	Thirsk & Sowerby	48.18	MO/18/31/31
86	121	Joanne Goldsmith	New Marske H	48.22	F40/4/45/45
87	199	Carol Morrison	Thirsk & Sowerby	48.24	F50/1/50/150
88	153	Hilary Coventry	Thirsk & Sowerby	48.26	F45/5/44/134
89	1000	Ronnie Sherwood	New Marske H	48.28	M70/1/50/198
90	923	Alan Rylance	Thirsk & Sowerby	49.06	M60/7/42/42
91	134	Julia Cove-Smith	Esk Valley Fell	49.42	F40/5/44/132
92	460	Andrew Tullock	Redcar RC	49.44	M40/13/36/64
93	921	Pete Pozman	Wetherby AC	49.45	M60/8/41/87
94	556	Paul Haydon	FRA#	50.06	M45/10/39/74
95	127	Lisa Taylor	N'land Fell R.	50.43	F40/6/43/43
96	108	Jane Raper	B'ham Marsh H.	51.25	F45/6/43/88
97	480	Steven Scott	Thirsk & Sowerby	52.25	M40/14/35/35
98	746	Andrew Sargent	Easingwold RC	52.42	M50/16/33/33
99	116	Skye Archer	Teesdale AC	52.57	F40/7/42/42
100	124	Jan Young	Elvet Striders	52.58	F60/1/50/98
101	503	Matthew Holt	Ripon Runners	53.00	M40/15/34/73
102	965	John Cockburn	Alnwick H.	53.30	M65/2/48/48
103	166	Shirley Tyrrell	Pickering RC	53.46	F50/2/48/48
104	198	Pat Kirby	Thirsk & Sowerby	53.59	F60/2/48/98
105	104	Camiulla L.-Maatta	Elvet Striders	54.08	F45/7/42/42
106	1111	Alan Wikeley	Thirsk & Sowerby	54.19	M65/3/46/144
107	931	Colin Scollay	New Marske H	57.27	M60/9/40/128
108	135	Faith Coy	Thirsk & Sowerby	59.00	F40/8/41/41
109	483	Martyn Coy	Thirsk & Sowerby	59.00	M40/16/33/33
110	128	Philippa Hare	Pickering RC	59.19	F55/1/50/50
111	103	Sue Rae	Easingwold RC	60.00	F50/3/46/46
112	79	Claire Gillad	Thirsk & Sowerby	60.00	FO/7/42/42
113	161	Christine Burn	Thirsk & Sowerby	60.30	F55/2/48/48
114	139	Sally Brown	Pickering RC	60.38	F55/3/46/92

115	119	Julie McNicholas	Esk Valley Fell	65.39	F50/4/45/45
116	78	Lisa Heselwood	Pickering RC	71.33	FO/8/41/41
117	74	Kim England	Pickering RC	71.33	FO/9/40/85
(End)					

Teams:	Club	Points	Positions	Team pts/total
<b>male:</b>	1 York Knavesmire 'A'	62	7,10,21,24	15/39
	2 Esk Valley Fell 'A'	85	16,19,22,28	14/56
	3 Esk Valley Fell 'B'	163	32,39,41,51	13/46
	4 Thirsk & Sowerby 'A'	168	23,27,52,66	12/12
	5 New Marske H 'A'	218	46,50,58,64	11/21
	6 Esk Valley Fell 'C'	234	53,54,59,68	10/34
	7 Thirsk & Sowerby 'B'	306	72,74,78,82	9/9
<b>female:</b>	1 New Marske H 'A'	22	1,7,14	15/44
	2 Durham Fell R 'A'	42	2,6,(34)	14/25
	3 Thirsk & Sowerby 'A'	54	15,16,23	13/49
	4 North York Moors 'A'	56	10,12,(34)	12/24
	5 N'land Fell R. 'A'	56	4,18,(34)	11/11
	6 Esk Valley Fell 'A'	57	9,17,31	10/41
	7 Pickering RC 'A'	78	22,26,30	9/34
	8 Elvet Striders 'A'	79	21,24,(34)	8/8
	9 Thirsk & Sowerby 'B'	82	25,28,29	7/20
	10 Pickering RC 'B'	99	32,33,(34)	6/6

**Corrections:**

18th Nov 2013 Paul Lyons inserted into 70th place

**Comments:**

Winter weather arrives but at least the sun shone despite the temp hovering at about 1 degree C. A good day to run with firm ground despite the hard overnight frost not too much ice and little wind. The field set off with the juniors who soon departed on their own route having frightened the leaders first.

In the women's event Kay Neesam and Lucy Butt were setting the pace. Kay really waited until the rocks at The Wainstones before making a strong move and moved ahead as she descended the scree then on into the finish. Kay led the New Marske women to another team victory, with Durham Fell runners and Thirsk & Sowerby in 2nd and 3rd.

In the men's event there was a large group of runners near to the front after half a mile and this spread into a 'crocodile' as they approached the end of the woods. Peter Bray was now in the lead with Andy Blackett, David Beech, Bruce Crombie and Lee Bennett all still in contention. Peter was however able to open up a good lead over the next two climbs but with Durham FR. not fielding a fourth counter the team race was won by a consistent York Knavesmire ahead of Esk Valley 'A' and Esk Valley 'B.'

Look out for the new event in two weeks from Comondale where you will encounter a more remote setting. Marshalls are always required.

In the juniors first was Kyle Richardson-Scarborough, second Matthew Clark- Esk Valley and 3rd Liam- Chapman Esk Valley all in excellent times.

Best wishes ..... Dave Parry

**Next Race :** Comondale Beacon

24-Nov-13