

Cock Howe and Beyond

N.Runner/NEHRA Summer Series 2014

23-Jul-14

Race 7

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	523	Jim Bulman	New Marske H.	41.06	M40/1/50/150
2	539	Charlie Stead	N'land Fell R.	41.55	M40/2/48/94
3	355	Cameron E. Taylor	Esk Valley	44.15	MJ/1/50/100
4	543	Darren Fishwick	Chorley AC	44.26	M40/3/46/46
5	514	Paul Whitaker	York Acorn AC	44.39	M40/4/45/277
6	522	Tim Harvey	Nidd Valley	45.18	M40/5/44/183
7	323	Steve Hardy	Loftus & Whitby	45.20	MO/1/50/232
8	340	Neil Stabbs	York Knavesmire	45.36	MO/2/48/185
9	359	Harry Holmes	York Knavesmire	45.38	MO/3/46/46
10	526	Giles Hawking	York Knavesmire	45.57	M40/6/43/228
11	601	Jason Ellis	Esk Valley	47.06	M40/7/42/131
12	715	Joe Blackett	Dark Peak FR	47.20	M50/1/50/196
13	604	Rob Williamson	Loftus & Whitby	47.21	M45/1/50/196
14	627	Steve Turland	Ilkley Harriers	47.38	M45/2/48/48
15	836	Andy Normandale	York Acorn AC	47.40	M55/1/50/238
16	118	Kay Neesam	New Marske H.	47.57	F45/1/50/250
17	327	Gareth Wilson	North York M.	48.28	MO/4/45/171
18	342	Thomas Ratcliffe	York Knavesmire	48.36	MO/5/44/176
19	521	John Serginson	North York M.	48.36	M40/8/41/210
20	362	Andrew Dowson	York Acorn AC	49.00	MO/6/43/43
21	616	Carl Bedson	Glossopdale H	49.19	M45/3/46/90
22	840	Pete Wilkin	Thirsk & Sow. H.	49.59	M55/2/48/186
23	325	Ed Snow	York Acorn AC	50.19	MO/7/42/160
24	111	Nicola Kent	Loftus & Whitby	50.21	F40/1/50/200
25	29	Shelli Gordon	New Marske H.	50.23	FO/1/50/145
26	520	Michael Carricker	York Acorn AC	50.38	M40/9/40/150
27	360	George Bilsby	York Knavesmire	50.40	MO/8/41/41
28	536	Russell Grayson	Pickering RC	51.08	M40/10/39/79
29	351	Nigel Tate	Esk Valley	51.26	MO/9/40/117
30	738	Andrew Carruthers	Halesowen AC	51.28	M50/2/48/48
31	600	Richard Clark	Esk Valley	52.30	M45/4/45/91
32	704	Ian Smallwood	York Acorn AC	52.42	M50/3/46/182
33	628	Ian Hodgson	Esk Valley	52.44	M45/5/44/44
34	706	Mike Clarke	Loftus & Whitby	52.46	M50/4/45/226
35	630	Chris Kirk	Manx F.R.	53.45	M45/6/43/43
36	624	Russell Charlton	Pickering RC	54.19	M45/7/42/85
37	123	Natasha Geere	Spensborough AC	54.21	F45/2/48/48
38	120	Kath Aspin	New Marske H.	54.23	F45/3/46/94
39	343	Thomas Jones	Redcar R.C.	54.25	MO/10/39/155
40	336	Rob Allinson	Redcar R.C.	54.52	MO/11/38/226
41	275	Sue Haslam	Scarborough AC	55.07	F60/1/50/250
42	629	Gavin Drummond	Individual#	55.37	M45/8/41/41
43	845	Andrew Johnson	York Knavesmire	55.55	M55/3/46/94
44	730	Dave Dedman	Esk Valley	56.06	M50/5/44/130
45	737	David Bond	Individual#	57.38	M50/6/43/85
46	335	Darren Ansbro	B'ham Marsh H.	57.53	MO/12/37/73
47	105	Lorraine Hiles	Thirsk & Sow. H.	58.08	F50/1/50/146
48	187	Caroline Pollard	Wharfedale H	58.09	F55/1/50/50
49	612	Paul Bainbridge	North York M.	58.10	M45/9/40/82
50	625	Peter Riley	Esk Valley	58.11	M45/10/39/129
51	841	David Read	Thirsk & Sow. H.	59.47	M55/4/45/129
52	532	Chris Green	Esk Valley	59.58	M40/11/38/74
53	113	Joanne Goldsmith	New Marske H.	60.10	F40/2/48/94
54	733	David Robinson	FRA#	60.18	M50/7/42/124
55	1334	Jim Shemilt	York Acorn AC	61.10	M65/1/50/50

56	42	Claire Haslam	Pensby Runners	61.12	FO/2/48/48
57	26	Lynn Humpleby	Pickering RC	61.13	FO/3/46/92
58	1244	Stephen Ramsden	Esk Valley	61.20	M60/1/50/240
59	843	Stuart Hardcastle	Swaledale RR.	61.55	M55/5/44/87
60	1247	Malcolm Peggs	Loftus & Whitby	62.34	M60/2/48/48
61	716	Paul Cutler	B'ham Marsh H.	64.20	M50/8/41/178
62	186	Hilary Coventry	Thirsk & Sow. H.	64.23	F50/2/48/92
63	603	Stephen Alderton	Esk Valley	64.25	M45/11/38/123
64	1335	Graham Breeze	Ilkley Harriers	64.27	M65/2/48/48
65	1333	Ronnie Sherwood	New Marske H.	64.30	M70/1/50/200
66	731	Kevin Murray	Individual#	65.33	M50/9/40/119
67	855	Chris Jamieson	Esk Valley	66.48	M55/6/43/255
68	722	Ian Robinson	Esk Valley	67.27	M50/10/39/145
69	34	Fran Jeffrey	Thirsk & Sow. H.	68.39	FO/4/45/128
70	135	Elizabeth Haley	Esk Valley	70.19	F40/3/46/46
71	830	David Beaumont	N'land Fell R.	72.33	M55/7/42/119
72	705	David Murphy	North York M.	75.00	M50/11/38/135
73	104	Viv Murphy	North York M.	75.00	F40/4/45/228
74	129	Serena Partridge	Pickering RC	76.00	F40/5/44/44
75	43	Trish Blackwell	Esk Valley	76.00	FO/5/44/44
76	44	Clare Williams	Esk Valley	76.00	F40/6/43/43

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 York Knavesmire 'A'	44	8,9,10,17	15/60
	2 York Acorn AC 'A'	61	5,15,19,22	14/65
	3 Esk Valley 'A'	68	3,11,26,28	13/76
	4 Loftus & Whitby 'A'	100	7,13,31,49	12/52
	5 North York M. 'A'	133	16,18,41,58	11/63
	6 Esk Valley 'B'	154	30,38,42,44	10/43
	7 Esk Valley 'C'	209	47,51,55,56	9/11
female:	1 New Marske H. 'A'	9	1,3,5	15/55
	2 Thirsk & Sow. H. 'A'	32	7,12,13	14/50
	3 Pickering RC 'A'	46	11,16,(19)	13/13
	4 Esk Valley 'A'	49	14,17,18	12/21

Comments:

A beautiful evening made for running, warm with a gentle breeze on top. The train set off with 76 athletes in competition. Pete Wilkin led into the first part of the climb but was soon passed by Jim Bulman, Cameron Taylor and Charlie Stead. As the race progressed in the men's race Jim and Charlie were soon showing a little distance on the others especially as the vegetation was a lot higher this year.

In the women's race it was the 'east coast' runners in Kay Neesam, Nicola Kent and Shelli Gordon who were leading with Natasha Geere and Kath Aspin just adrift as they crossed into the first valley towards Head House. At Bilsdale Mast bottom Jim and Charlie were in that order with clear air to the next group of Cameron, Darren Fishwick & Paul Whittaker- the current series leader. Jim was now applying the burners and managed to move away from Charlie to win by about 50 seconds. Five of the first six men being veteran 40 Cat.

In the women Kay equally applied acceleration after Head House and was a clear winner with Nicola just getting second from Shelli in the final 50 metres. In the team event The women's was a clear win for New Marske from Thirsk & Sowerby, Pickering and Esk Valley. In the men Knavesmire continued a summer of excellent team performances to nudge out Acorn and Esk Valley.

Juniors. M10 1. W.Balckwell, 2. J.Connor,3.Tom Williams (All Esk Valley) M12 1. M.Clark (Esk) 2. H.Outhwaite (Swift Tees) M14. T.Aspin (New Marske) F14 R.Aspin New Marske.

Hope to see you all at GribdaleDave Parry Tel 01642 270932.

Next Race : Gribdale Gallop

06-Aug-14