

Commondale Beacon**05-Jan-20****Dave Parry/Lets Run Winter Series 2019-20****Race 7**

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	534	Mark Potts	Individual#	52.07	M40/1/50/98
2	325	Lee Kemp	Totley AC	53.35	MO/1/50/196
3	623	Ian Mcgrath	Durham FR	54.25	M45/1/50/248
4	337	Glynn Ellwood	Knavesmire Harriers	55.54	MO/2/48/91
5	533	Roger Sillito	Northumberland FR	56.00	M40/2/48/94
6	729	Stephen Pugh	Esk Valley Fell Club	56.03	M50/1/50/198*
7	666	Paul Butler	Scarborough AC	56.21	M50/2/48/198
8	354	Daniel Bateson	Scarborough AC	56.46	MO/3/46/137
9	751	Simon Jones	Pickering Running Cl	56.57	M50/3/46/46
10	308	Stefan McLoughlin	NYMAC	57.03	MO/4/45/234
11	323	Tom Ratcliffe	Knavesmire Harriers	57.09	MO/5/44/166
12	56	Georgia Campbell	Jarrow and Hebburn	57.23	FO/1/50/100
13	706	Matt Machouki	Scarborough AC	57.28	M50/4/45/235
14	603	Simon Rycroft	Pickering Running Cl	57.46	M45/2/48/240
15	361	Richard Purser	Knavesmire Harriers	57.51	MO/6/43/77
16	390	Mitch Scott	Goodgym race team	58.08	MO/7/42/42*
17	702	Tim Hill	Esk Valley Fell Club	58.14	M50/5/44/222
18	507	Andrew Beane	Individual#	58.28	M40/3/46/217*
19	332	Aaron Keys	Midd and Cleveland I	58.32	MO/8/41/104
20	701	Alan Whelan	Scarborough AC	59.00	M50/6/43/178
21	705	Kevin McLoughlin	NYMAC	59.18	M50/7/42/218
22	35	Katie Kaars Sijpesteijn	Keswick AC	59.38	FO/2/48/94
23	547	Darren Wood	NYMAC	59.40	M40/4/45/45
24	601	Danny Walls	Scarborough AC	59.48	M45/3/46/132
25	392	Jonathan Hart	Esk Valley Fell Club	59.50	MO/9/40/40
26	910	Barry Atkinson	Knavesmire Harriers	60.52	M60/1/50/98
27	357	Lewis Hutchinson	York Acorn	61.14	MO/10/39/71
28	613	Chris Jefferies	Billingham Marsh Ho	61.25	M45/4/45/219
29	302	Oli Read	Knavesmire Harriers	61.31	MO/11/38/164
30	219	Kay Neesam	New Marske Harriers	61.34	F50/1/50/50
31	602	Russ Grayson	Pickering Running Cl	61.43	M45/5/44/261
32	391	Matthew Brown	Individual#	62.00	MO/12/37/47
33	660	Tim Palmer	Harrogate Harriers	62.09	M45/6/43/43
34	748	Andrew Marshall	Loftus and Whitby	62.48	M50/8/41/41
35	655	Ian Oldham	Swaledale Runners	62.57	M45/7/42/42*
36	802	Joe Blackett	Dark Peak FR	63.06	M55/1/50/237
37	656	Richard Veitch	Esk Valley Fell Club	63.15	M45/8/41/41
38	322	Graham Gill	Knavesmire Harriers	63.56	MO/13/36/134
39	612	Calvin Nicholson	Billingham Marsh Ho	64.07	M45/9/40/223
40	659	Jeffrey Belt	NYMAC	64.25	M45/10/39/39
41	546	David Barrett	York Acorn	64.31	M40/5/44/44*
42	743	Peter Riley	Midd and Cleveland I	64.37	M50/9/40/83
43	903	Neil Ridsdale	Driffield	64.46	M60/2/48/346
44	319	Robert Bailey	Scarborough AC	65.06	MO/14/35/147
45	503	Thomas Jones	Esk Valley Fell Club	65.17	M40/6/43/91
46	508	Dale Hepples	Scarborough AC	65.27	M40/7/42/211
47	19	Kim Cavill	Pickering Running Cl	65.47	FO/3/46/217*
48	112	Shelli Gordon	NYMAC	65.53	F40/1/50/200
49	643	Steven Small	Midd and Cleveland I	66.33	M45/11/38/102
50	531	Chris Small	Fellandale	66.37	M40/8/41/79
51	832	Graham Palmer	Loftus and Whitby	66.39	M55/2/48/88
52	34	Kirsty Struthers	NYMAC	66.43	FO/4/45/88
53	900	Paul Smith	Pickering Running Cl	66.58	M60/3/46/174*
54	27	Kelly Gaughan	Pickering Running Cl	67.01	FO/5/44/166
55	644	Paul Wilkin	Midd and Cleveland I	67.31	M45/12/37/98

56	716	Andy Harvey	Pickering Running Cl	67.42	M50/10/39/155*
57	908	Andrew Johnson	Knavesmire Harriers	67.55	M60/4/45/257
58	749	John Duff	Northumberland FR	68.01	M50/11/38/38
59	394	Paul Green	Individual#	68.29	MO/15/34/34
60	657	John Williams	Esk Valley Fell Club	68.58	M45/13/36/59
61	217	Sally Buckworth	New Marske Harriers	69.00	F50/2/48/48
62	371	James Robertson	Scarborough AC	69.24	MU23/1/50/95
63	927	Michael Wilson	Pickering Running Cl	69.25	M60/5/44/90
64	606	Alan Simpson	Thirsk and Sowerby	69.26	M45/14/35/175
65	711	Mark Evans	Midd and Cleveland I	69.47	M50/12/37/172
66	104	Jessica McMullan	Roundhay Runners	69.54	F40/2/48/290
67	218	Emma Bain	Individual#	70.18	F50/3/46/46
68	939	Trevor Symonds	Northern Fell Runnin	70.36	M60/6/43/85
69	652	Paul Levett	NYMAC	70.39	M45/15/34/90
70	57	Hannah Bradley	CFR	70.54	FO/6/43/81
71	153	Julia Jackson	Loftus and Whitby	71.02	F45/1/50/191
72	721	Rich Johnson	Pickering Running Cl	71.06	M50/13/36/109*
73	833	Robert Shirlaw	North Ofram	71.10	M55/3/46/46
74	834	David Allison	NYMAC	71.12	M55/4/45/45
75	747	Michael Holtby	Esk Valley Fell Club	71.13	M50/14/35/35
76	21	Egg Cameron	Goodgym race team	71.17	FO/7/42/121*
77	393	Samuel Mills	Individual#	71.38	MO/16/33/33
78	815	Mark Davies	Thirsk and Sowerby	71.43	M55/5/44/207
79	334	Christopher Gregory	Knavesmire Harriers	71.54	MO/17/32/87
80	276	Jane Hamp	Scarborough AC	72.11	F60/1/50/148
81	307	Ben Powell	Goodgym race team	72.27	MO/18/31/89
82	819	David Field	Scarborough AC	72.29	M55/6/43/167
83	609	David Tervit	Thirsk and Sowerby	72.41	M45/16/33/126
84	161	Diane Jobson	NYMAC	73.43	F45/2/48/286
85	914	Paul Lyons	NYMAC	74.02	M60/7/42/165
86	980	Ralph Broadley	Scarborough AC	74.17	M70/1/50/198
87	59	Maria Clemmit	NYMAC	74.43	FO/8/41/41
88	600	Neil Embleton	Esk Valley Fell Club	75.04	M45/17/32/148
89	100	Caroline Graham	Swaledale Runners	75.19	F40/3/46/142
90	28	Melanie Ellwood	Knavesmire Harriers	75.50	FO/9/40/69
91	300	Darren Stockdale	Darlington Harriers	76.08	MO/19/30/115
92	281	Caroline Glover	Wharfedale Harriers	76.10	F60/2/48/248
93	12	Kirsty Naylor	Thirsk and Sowerby	76.33	FO/10/39/106
94	904	David Robinson	NYMAC	77.10	M60/8/41/190
95	715	Chris Bourne	Scarborough AC	77.14	M50/15/34/135
96	250	Denise Tunstall	Durham FR	77.46	F55/1/50/248
97	150	Serena Partridge	Pickering Running Cl	78.11	F45/3/46/161*
98	975	Michael Hetheron	Pickering Running Cl	78.15	M70/2/48/290
99	951	Bob Lillie	Scarborough AC	78.22	M65/1/50/186
100	750	Neil Enskat	NYMAC	78.35	M50/16/33/50
101	825	Ray Foulkes	Redcar RC	78.46	M55/7/42/148
102	216	Janet Stainsby	Midd and Cleveland I	79.29	F50/4/45/91
103	101	Heidi Coates	Scarborough AC	80.02	F40/4/45/177
104	173	Elizabeth Grainger	Loftus and Whitby	80.04	F45/4/45/85
105	808	Dan Simmons	Harrogate Harriers	80.40	M55/8/41/96
106	172	Angela Ackerley	NYMAC	80.43	F45/5/44/114
107	279	Christine Robertson	Scarborough AC	81.17	F60/3/46/234
108	608	Russ Kelly	Redcar RC	81.39	M45/18/31/192
109	103	Lisa Baker	Scarborough AC	81.44	F40/5/44/177
110	262	Julie McNicholas	NYMAC	82.32	F55/2/48/141
111	922	Mark Latham	Northumberland FR	82.40	M60/9/40/116
112	718	Paul Haydon	F.R.A.	82.41	M50/17/32/122
113	265	Clare Winspear	Individual#	82.47	F55/3/46/91
114	38	Jenna Wheatman	Scarborough AC	84.45	FO/11/38/77

115	163	Stephanie Lishman	Individual#	85.04	F45/6/43/122
116	1000	Ronnie Sherwood	New Marske Harriers	85.13	M80/1/50/150
117	266	Dawn Humphrey	Individual#	85.26	F55/4/45/45
118	155	Sally Elwick	Scarborough AC	87.09	F45/7/42/128
119	962	Martin White	New Marske Harriers	87.19	M65/2/48/136
120	4	Lucy Knight	Goodgym race team	87.29	FO/12/37/151
121	288	Jan Young	Elvet Striders	87.35	F65/1/50/142
122	254	Ronni Kirkham	Redcar RC	87.58	F55/5/44/218
123	804	Ian Robinson	Esk Valley Fell Club	90.49	M55/9/40/201*
124	261	Barbara Beveridge	Esk Valley Fell Club	91.53	F55/6/43/87
125	277	Sally Brown	Pickering Running Cl	92.20	F60/4/45/178*
126	200	Carina Pelucci	Scarborough AC	93.46	F50/5/44/272
127	203	Louise Milne	Scarborough AC	94.22	F50/6/43/135
128	950	David Parke	Scarborough AC	94.23	M65/3/46/178
129	920	Geoff Hine	Esk Valley Fell Club	94.29	M60/10/39/133*
130	658	Vaughn Davies	Individual#	96.46	M45/19/30/31
131	58	Charlie Anderson	Individual#	99.06	FO/13/36/47
132	159	Rohan Hill	Esk Valley Fell Club	101.25	F45/8/41/211

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Scarborough AC 'A'	46	7,8,12,19	15/85
	2 Knavesmire Harriers 'A'	53	4,11,14,24	14/86
	3 Esk Valley Fell Club 'A'	79	6,16,23,34	13/68
	4 NYMAC 'A'	88	10,20,21,37	12/53
	5 Pickering Running Club '	97	9,13,28,47	11/76
	6 Midd and Cleveland Harr	149	18,39,44,48	10/38
	7 Scarborough AC 'B'	160	22,41,43,54	9/51
	8 Knavesmire Harriers 'B'	178	27,35,50,66	8/35
	9 Esk Valley Fell Club 'B'	230	42,53,63,72	7/8
	10 Pickering Running Club '	240	49,55,60,76	6/32
	11 NYMAC 'B'	265	59,62,70,74	5/6
	12 Scarborough AC 'C'	291	68,71,75,77	4/16
female:	1 NYMAC 'A'	26	5,6,15	15/64
	2 Pickering Running Club	33	4,7,22	14/86
	3 New Marske Harriers 'A'	55	3,8,(44)	13/37
	4 Scarborough AC 'A'	65	14,24,27	12/95
	5 NYMAC 'B'	71	16,26,29	11/24
	6 Loftus and Whitby 'A'	81	12,25,(44)	10/26
	7 Goodgym race team 'A'	92	13,35,(44)	9/44
	8 Scarborough AC 'B'	93	28,31,34	8/65
	9 Scarborough AC 'C'	125	40,41,(44)	7/42
	10 Esk Valley Fell Club 'A'	125	38,43,(44)	6/9

* = Bonus points not included

= Non-counter (team)

Next Race : Glaisdale Rigg

02-Feb-20