

Lockton Limping**30-Sep-18****Dave Parry/Lets Run Winter Series 2018-19****Race 1**

Pos.	No.	Name	Club	time	cat/pos/pts
1	302	Harry Holmes	Pudsey and Bramley	45.03	MO/1/50/50
2	300	Rory Stead	Aberdeen AC	46.53	MO/2/48/48
3	306	Josh Abrook	NYMAC	51.46	MO/3/46/46
4	311	Tim Grimwood	Swaledale Runners	52.04	MO/4/45/45
5	313	Joseph Torr	Otley AC	52.12	MO/5/44/44
6	615	Matt Machouki	Scarborough AC	52.36	M45/1/50/50
7	312	Tom Lynds	Otley AC	52.46	MO/6/43/43
8	310	Chris Vanderhoven	Dark Peak FR	52.52	MO/7/42/42
9	611	Giles Hawkings	York Knavesmire	53.36	M45/2/48/48
10	703	Tim Hill	Esk Valley Fell Club	54.17	M50/1/50/50
11	701	Rob Williamson	Loftus and Whitby	54.26	M50/2/48/48
12	612	Chris Jefferies	Billingham Marsh Hc	56.10	M45/3/46/46
13	304	Ben Myers	Pickering RC	56.45	MO/8/41/41
14	303	Luke Wakelin	Nidd Valley	56.57	MO/9/40/40
15	307	Edwardo Piano	Nidd Valley	57.12	MO/10/39/39
16	305	Joshua Cooper	Thirsk and Sowerby	57.56	MO/11/38/38
17	301	Joseph Payton	Individual#	58.08	MO/12/37/37
18	610	Julian Wardman	New Marske Harriers	58.40	M45/4/45/45
19	700	Richard Clark	Esk Valley Fell Club	58.53	M50/3/46/46
20	609	Lyndon Ashley	Esk Valley Fell Club	58.54	M45/5/44/44
21	613	Steve Saunders	Penistone FR	59.02	M45/6/43/43
22	708	Richard Snowden	Totley AC	59.13	M50/4/45/45
23	905	Stephen Mummery	Individual#	59.20	M60/1/50/50
24	608	Russ Grayson	Pickering RC	59.22	M45/7/42/42
25	805	Ian Charlesworth	Penistone FR	59.25	M55/1/50/50
26	807	Julian Barwick	NYMAC	59.36	M55/2/48/48
27	155	Sandrine Fraisse	Saddleworth Runner	59.40	F45/1/50/50
28	2	Kate Smith	York Knavesmire	59.58	FO/1/50/50
29	605	Nigel Paul Scaife	Nidd Valley	60.24	M45/8/41/41
30	607	David Aspin	New Marske Harriers	60.31	M45/9/40/40
31	801	Andrew Carruthers	Halesowen AC	60.39	M55/3/46/46
32	606	David Bannister	York Acorn	60.45	M45/10/39/39
33	601	Dean Stockwell	Esk Valley Fell Club	61.12	M45/11/38/38
34	906	Robbie Kelly	Swaledale Runners	62.02	M60/2/48/48
35	205	Kath Aspin	New Marske Harriers	62.29	F50/1/50/50
36	802	Nick Turnbull	Swaledale Runners	62.42	M55/4/45/45
37	706	Andrew Peter Johnson	Beverley AC	63.03	M50/5/44/44
38	950	Rob Burn	Thirsk and Sowerby	63.16	M65/1/50/50
39	4	Nikki Carr	Scarborough AC	63.29	FO/2/48/48
40	603	Simon Rycroft	Pickering RC	63.35	M45/12/37/37
41	704	Michael Keavney	Swaledale Runners	64.05	M50/6/43/43
42	153	Julia Jackson	Loftus and Whitby	64.18	F45/2/48/48
43	308	Alex Wormald	York Knavesmire	64.20	MO/13/36/36
44	705	Graeme Addison	Sedgefield Harriers	64.53	M50/7/42/42
45	275	Sue Haslam	Scarborough AC	65.04	F60/1/50/50
46	602	Tony Millard	Bluelagooners Triath	65.30	M45/13/36/36
47	808	Michael Wilson	Pickering RC	66.34	M55/5/44/44
48	500	David Okumu Owuor	Pickering RC	66.53	M40/1/50/50
49	952	Jeff Winder	Scarborough AC	67.19	M65/2/48/48
50	803	Nicholas Cousins	Pickering RC	67.49	M55/6/43/43
51	250	Caroline Glover	Wharfedale Harriers	68.08	F55/1/50/50
52	904	Christopher Beattie	Nidd Valley	68.24	M60/3/46/46

53	1	Jane Evans	Nidd Valley	69.24	FO/3/46/46
54	800	Phil Anderson	Nidd Valley	69.27	M55/7/42/42
55	903	Mark Edwards	NYMAC	69.42	M60/4/45/45
56	203	Denise Tunstall	DFR	70.18	F50/2/48/48
57	600	Vince Stockwell	Esk Valley Fell Club	71.16	M45/14/35/35
58	200	Hilary Coventry	Thirsk and Sowerby	73.19	F50/3/46/46
59	100	Hiede Coates	Scarborough AC	73.57	F40/1/50/50
60	604	Rod Collier	Individual#	73.58	M45/15/34/34
61	251	Janet Cordingley	York Knavesmire	74.10	F55/2/48/48
62	977	Michael Hetherton	Pickering RC	74.35	M70/1/50/50
63	151	Debbie Rycroft	Pickering RC	74.45	F45/3/46/46
64	204	Barbara Beveridge	Esk Valley Fell Club	74.54	F50/4/45/45
65	3	Stephanie Solomon	Wirksworth RC	74.57	FO/4/45/45
66	901	Graham Robinson	Pickering RC	75.32	M60/5/44/44
67	804	David Stephenson	Pickering RC	75.46	M55/8/41/41
68	953	Robert Lillie	Scarborough AC	76.12	M65/3/46/46
69	5	Rebecca Aspin	New Marske Harriers	77.51	FU23/1/50/50
70	900	Malcolm Peggs	Loftus and Whitby	78.18	M60/6/43/43
71	309	Paul Matthew Smith	Pickering RC	80.05	MO/14/35/35
72	954	Ian Harmer	Esk Valley Fell Club	83.24	M65/4/45/45
73	202	Carina Pelucci	Scarborough AC	85.20	F50/5/44/44
74	976	Graham Breeze	Wharfedale Harriers	85.56	M70/2/48/48
75	6	Lisa Baker	Scarborough AC	89.00	FO/5/44/44
76	951	David Parke	Scarborough AC	89.04	M65/5/44/44
77	806	Ian Robinson	Esk Valley Fell Club	89.12	M55/9/40/40
78	150	Faith Coy	Thirsk and Sowerby	101.32	F45/4/45/45
79	201	Fiona Robinso	Nidd Valley	102.20	F50/6/43/43
80	975	Alan Wikeley	Thirsk and Sowerby	103.34	M70/3/46/46
81	902	Richard Easby	Thirsk and Sowerby	103.44	M60/7/42/42
82	154	Tracy Lowther	Thirsk and Sowerby	104.52	F45/5/44/44
83	252	Allish Lilley	Pickering RC	130.00	F55/3/46/46

(End)

Teams:	Club	Points	Positions	Team pts
male:	1 Esk Valley Fell Club 'A'	80	10,19,20,31	15
	2 Nidd Valley 'A'	101	14,15,27,45	14
	3 Swaledale Runners 'A'	106	4,32,33,37	13
	4 Pickering RC 'A'	114	13,24,36,41	12
	5 Scarborough AC 'A'	160	6,43,53,58	11
	6 Thirsk and Sowerby 'A'	172	16,35,60,61	10
	7 Pickering RC 'B'	187	42,44,50,51	9
female:	1 Scarborough AC 'A'	21	4,6,11	15
	2 York Knavesmire 'A'	37	2,12,(23)	14
	3 New Marske Harriers 'A'	42	3,16,(23)	13
	4 Thirsk and Sowerby 'A'	50	10,19,21	12
	5 Nidd Valley 'A'	51	8,20,(23)	11
	6 Scarborough AC 'B'	58	17,18,(23)	10
	7 Pickering RC 'A'	58	13,22,(23)	9

* = Bonus points not included

= Non-counter (team)

Comments:

A bright autumnal day greeted the 86 competitors for the first counter in the Dave Parry Lets Run Winter Fell Race Series 2018/19, Lockton Limping. As a reminder of the importance to bring kit to every race, three competitors couldn't run as they couldn't meet the race organisers kit requirements. It was two returning runners who headed the race from the go, Harry Holmes, Pudsey and Bramley and Rory Stead, Aberdeen AAC. In the womens race Sandrine Fraisse Saddleworth Runners led off from Summer Series champion Kate Smith York Knavesmire. The undulating nature of the Lockton course meant some shuffling of the pack outside the leading five, though Harry went onto claim victory in a new course record of 45.03, some five minutes faster than 2015. Rory claimed second overall and first under 23 also beating the previous record, with Josh Abrook NYMAC in third.

First veteran was Matt Machouki (V45) of Scarborough AC in sixth place. Esk Valley Fell Club claimed team victory with Tim Hill, Richard Clark, Lyndon Ashley and Dean Stockwell. Sandrine and Kate battled over race distance at the finish there was only 18 seconds between them. Kath Aspin of New Marske Harriers eased to third place. In the womens team competition Scarborough AC were led home by Nikki Carr supported by Sue Haslam and Hiede Coates. Thanks to Chris Roberts of York Knavesmire for organising and his team. Next year the Lockton Limping batten passes to Nicholas Cousins of Pickering AC.

The second race of the winter series is Gormire Gamble on its new date 28 October 2018.

Clive Thornton

Next Race : Gormire Gamble

21-Oct-18