

Pinchinthorpe Plod
N.Runner/NEHRA Winter Series 2012-3

07-Apr-13
Race 12

Pos.	No.	Name	Club	time	cat/pos/pts/total
1	425	Jayson Cavill	Pickering RC	39.56	MO/1/50/386
2	273	David Beech	Tyne Bridge H.	41.20	MO/2/48/129
3	222	Chris Roberts	York Knavesmire	41.39	MO/3/46/352
4	269	Ian McGrath	Durham Fell R	43.30	MO/4/45/356
5	390	Danny Braun	Esk Valley Fell	43.45	MO/5/44/90
6	447	Stephen Watson	Pickering RC	43.50	M40/1/50/283
7	733	Richard Bewell	WetherbyRunners	43.55	M50/1/50/350
8	496	Mike Smith	New Marske H.	44.02	M40/2/48/48
9	405	Brendan Anglim	North York Moors	44.30	M40/3/46/309
10	221	Giles Hawking	York Knavesmire	44.39	MO/6/43/333
11	210	Michael Quinn	Esk Valley Fell	45.08	MO/7/42/327
12	710	Gordon Brown	Saltburn	45.42	M55/1/50/400
13	254	Ben Senior	Loftus & Whitby	45.55	MO/8/41/205
14	399	Martin Clements	Esk Valley F#	46.30	MO/9/40/169
15	422	Richard Clark	Esk Valley Fell	46.30	M40/4/45/264
16	213	Tim Whitehead	Esk Valley Fell	47.12	MO/10/39/283
17	718	Julian Barwick	North York Moors	47.15	M50/2/48/368
18	227	Thomas Jones	Redcar RC	47.32	MO/11/38/264
19	260	Mark Davinson	Derwentside AC	48.00	MO/12/37/79
20	588	James Lee	NYP Tri.	48.10	M45/1/50/272
21	4	Shelli Gordon	New Marske H.	48.37	FO/1/50/344
22	145	Kay Neesam	New Marske H.	48.45	F45/1/50/350
23	822	Brian Stallwood	FRA#	48.50	M55/2/48/138
24	952	Neil Scruton	Scarborough	49.05	M65/1/50/400
25	337	Rory Henderson	York Knavesmire	49.10	MO/13/36/36
26	810	Michael Bennett	Elvet Striders	49.13	M55/3/46/328
27	335	Paul McGee	Bedale & Aiskew	50.01	MO/14/35/35
28	560	Keith Westerman	Esk Valley Fell	50.20	M45/2/48/174
29	626	Gary Burnip	North York Moors	50.23	M45/3/46/46
30	476	Richard Lindsay	Esk Valley Fell	50.30	M40/5/44/81
31	389	Michael Richmond	Pickering RC	50.42	MO/15/34/188
32	116	Lisa Bennett	New Marske H.	50.52	F40/1/50/148
33	561	Andy Harvey	Pickering RC	51.05	M45/4/45/289
34	107	Hester Cox	Thirsk & Sowerby	51.14	F40/2/48/192
35	901	Steve Smith	Ripon Runners	51.25	M60/1/50/290
36	2	Lorraine Laycock	Pickering RC	51.30	FO/2/48/369
37	7	Kimberley England	Pickering RC	51.34	FO/3/46/375
38	563	Michael Keavney	Individual#	51.40	M45/5/44/239
39	46	Rachel Vincent	Tynedale H.	51.42	FO/4/45/45
40	497	Ian Whitney	Individual#	52.28	M40/6/43/43
41	1932	Robert Howard	Loftus & Whitby	52.59	M60/2/48/96
42	1797	Mark David	Nidd Valley	53.00	M45/6/43/221
43	800	Mark Edwards	North York Moors	53.05	M55/4/45/308
44	986	Michael Hetheron	Pickering RC	53.08	M65/2/48/386
45	321	Jonathan Dooley	Esk Valley Fell	53.12	MO/16/33/57
46	729	Andrew Knox	Quakers R.C.	53.33	M50/3/46/88
47	121	Alison Weston	Ilkley Harriers	53.36	F45/2/48/48
48	243	Brian Reed	Pickering RC	53.53	MO/17/32/143
49	402	Richard Todd	Pickering RC	54.00	M40/7/42/306
50	705	David Robinson	FRA#	54.05	M50/4/45/283
51	910	Nigel Bower	Ripon Runners	54.10	M60/3/46/334
52	573	Richard Woods	Bedale & Aiskew	54.38	M45/7/42/304
53	625	Ian Farrer	Pickering RC	54.56	M50/5/44/44
54	768	Mick Vickers	Esk Valley Fell	55.08	M50/6/43/43
55	148	Lorraine Hiles	Thirsk & Sowerby	55.10	F45/3/46/369

56	813	Paul Jackson	S'land Strollers	55.12	M55/5/44/348
57	149	Alison Rolfe	Esk Valley Fell	55.15	F45/4/45/352
58	158	Sharon Gayter	North York Moors	55.20	F45/5/44/133
59	904	Stephen Ramsden	Individual#	56.05	M60/4/45/370
60	179	Caroline Pollard	Wharfedale H.	56.16	F50/1/50/344
61	187	Pamela Costello	Redcar RC	56.44	F55/1/50/246
62	809	Paul Lyons	North York Moors	57.06	M55/6/43/250
63	821	Paul Munster	Redcar RC	57.17	M55/7/42/313
64	769	Mike Dooley	Esk Valley Fell	57.20	M50/7/42/42
65	727	William Gayter	North York Moors	57.28	M50/8/41/122
66	1956	Sarah Sissons	Pickering RC	57.42	FO/5/44/217
67	1957	Graham Harrison	Pickering RC	57.43	MO/18/31/90
68	837	David Read	Thirsk & Sowerby	57.55	M55/8/41/73
69	907	Robert Lillie	Esk Valley Fell	57.55	M60/5/44/175
70	1929	Lisa Taylor	N'Land Fell R	58.18	F40/3/46/179
71	720	Geoff Hine	S'land Strollers	58.32	M50/9/40/221
72	3	Caroline Graham	North York Moors	58.33	FO/6/43/347
73	808	Ian Harmer	Esk Valley Fell	58.45	M55/9/40/326
74	14	Georgie Hill	North York Moors	59.18	FO/7/42/86
75	397	Craig Hollifield	Esk Valley Fell	59.32	MO/19/30/88
76	581	Paul Haydon	FRA#	59.50	M45/8/41/282
77	906	G.Hywel Smith	Thirsk & Sowerby	59.55	M60/6/43/226
78	830	Philip Quinlan	Esk Valley Fell	60.29	M55/10/39/113
79	805	Martin White	New Marske H.	60.30	M55/11/38/314
80	900	Michael Shaw	North York Moors	60.44	M60/7/42/359
81	183	Carol Morrison	Thirsk & Sowerby	61.30	F50/2/48/89
82	189	Judy Bewell	WetherbyRunners	61.45	F50/3/46/270
83	175	Sue Slack	Pickering RC	62.28	F50/4/45/360
84	829	David Shipman	Elvet Striders	64.35	M55/12/37/221
85	766	David Murphy	North York Moors	64.40	M50/10/39/39
86	1983	Viv Murphy	North York Moors	64.45	F40/4/45/84
87	1111	Alan Wikeley	Thirsk & Sowerby	71.04	M65/3/46/270
88	767	Andrew Waring	Meppershall	74.40	M50/11/38/38
89	188	Sally Brown	Pickering RC	81.49	F50/5/44/168
90	43	Lisa Heselwood	Pickering RC	81.49	FO/8/41/128
91	101	Louise Campbell	Esk Valley Fell	90.00	F40/5/44/347
92	128	Julie McNicholas	Esk Valley Fell	90.00	F45/6/43/43

(End)

Teams:	Club	Points	Positions	Team pts/total
male:	1 Esk Valley Fell 'A'	47	5,11,15,16	15/168
	2 Pickering RC 'A'	66	1,6,29,30	14/137
	3 North York Moors 'A'	89	9,17,27,36	13/135
	4 Esk Valley Fell 'B'	138	26,28,38,46	12/121
	5 Pickering RC 'B'	163	37,40,41,45	11/40
	6 Esk Valley Fell 'C'	221	51,55,57,58	10/86
	7 North York Moors 'B'	229	49,52,63,65	9/50
female:	1 New Marske H. 'A'	6	1,2,3	15/113
	2 Pickering RC 'A'	25	5,6,14	14/147
	3 Thirsk & Sowerby 'A'	31	4,9,18	13/127
	4 North York Moors 'A'	44	11,16,17	12/59
	5 Esk Valley Fell 'A'	59	10,24,25	11/107
	6 Pickering RC 'B'	65	20,22,23	10/73

Comments:

It was an excellent day for running. The ground was very fast going as it has dried out a lot in the past week. With 11 juniors in the lower age group races there was plenty of competition to be had. In the senior men's Jason Cavill of Pickering soon demonstrated his current level of fitness and really had to run on his own for most of the race as those behind could not keep up the pressure. Jason was the only one to break 40 minutes. In the women's race there was much more of a contest with Kay Neesam and Shelli Gordon both of New Marske heading the field. Unfortunately a recurrence of a calf injury slowed her up and Shelli was able to take advantage to win in 48.37. With Lisa Bennett in third also from New Marske it was a clean sweep for them in the team competition. In the men's team Esk Valley were comfortable winners from Pickering with the 'B' team finishing in fourth.

In the juniors Sam Clapton won the Under 12 Boys, Matthew Clarke the Under 10 Boys, Carrie Chapman the U12 Girls, Emma Clapton the U14 girls, Oscar Anglim the U14 Boys, Whilst Sam Garratt won the U16 boys. Well done to all finishers see you at Gisborough Moors in two weeks where it is entry on the day only..... Best wishes;
Dave

Next Race : Gisborough Moors

21-Apr-13