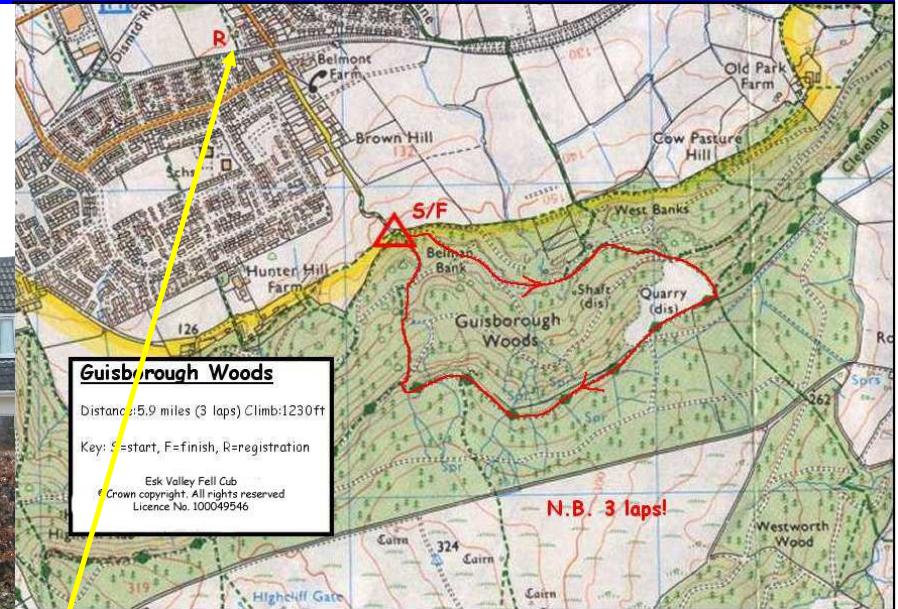


# Guisborough Woods Route Details



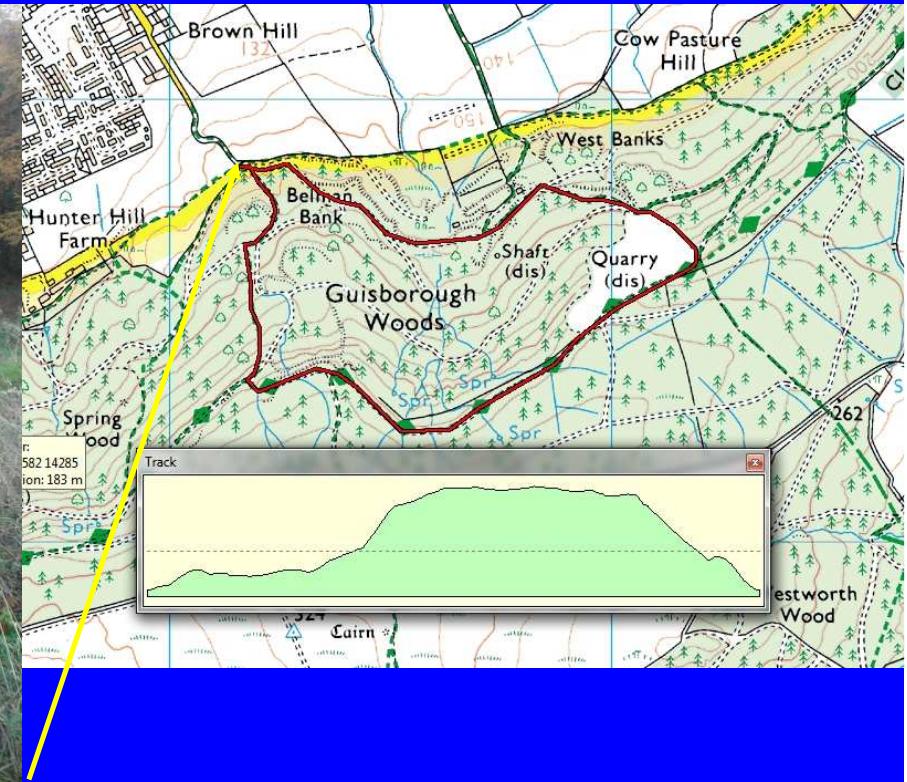
# Registration



Registration is at Guisborough Rugby Club  
NZ 617155, on Belmangate.



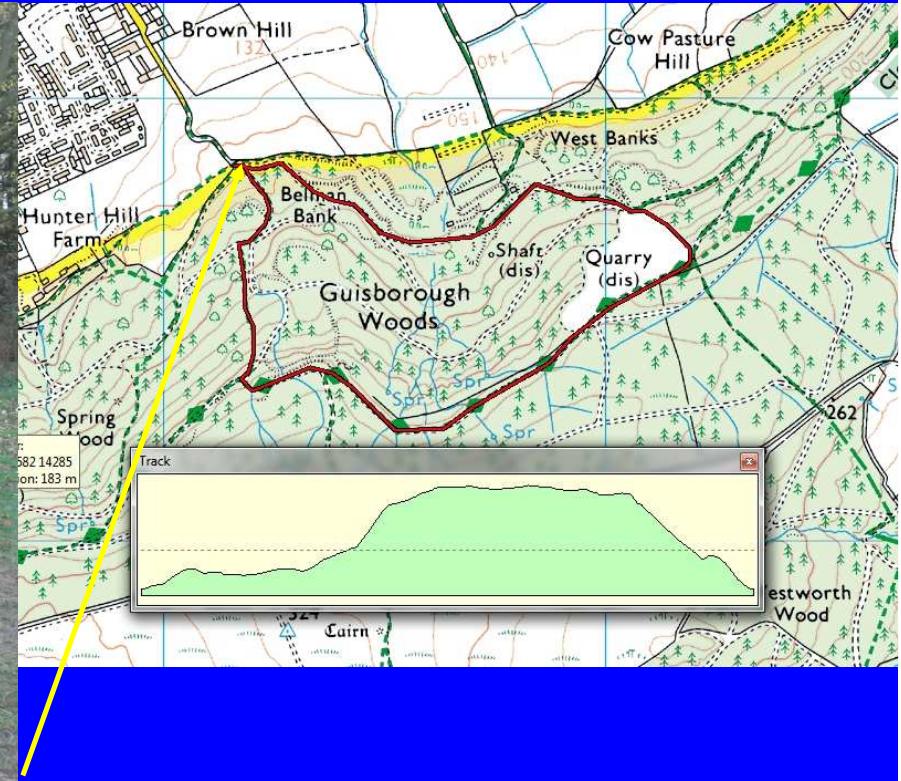
# Start



The race starts at the top of the path leading from Belmangate through the gate at  
NZ 622148



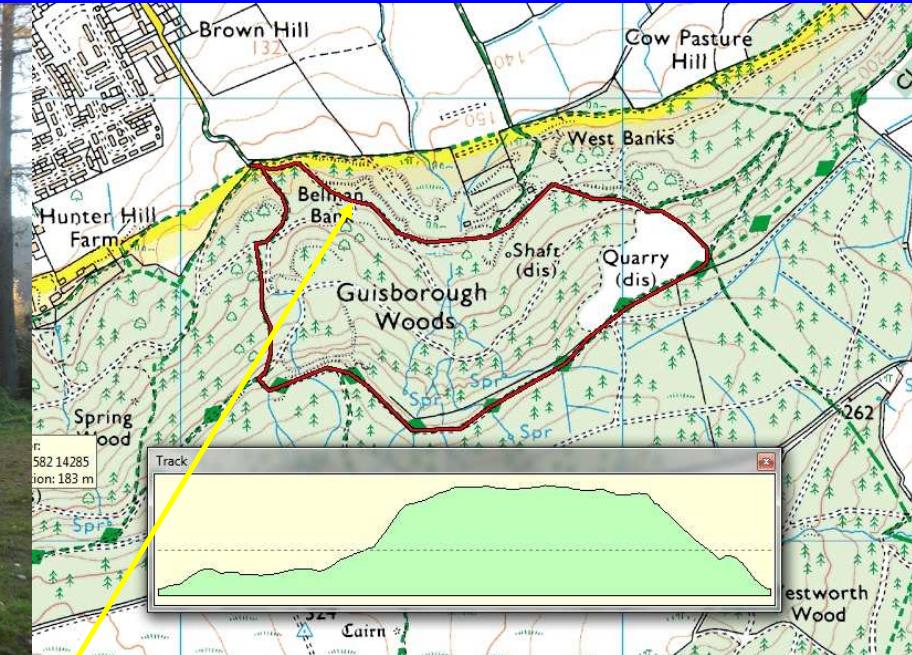
# Start



The race follows the path ascending to the left  
up into Guisborough Woods

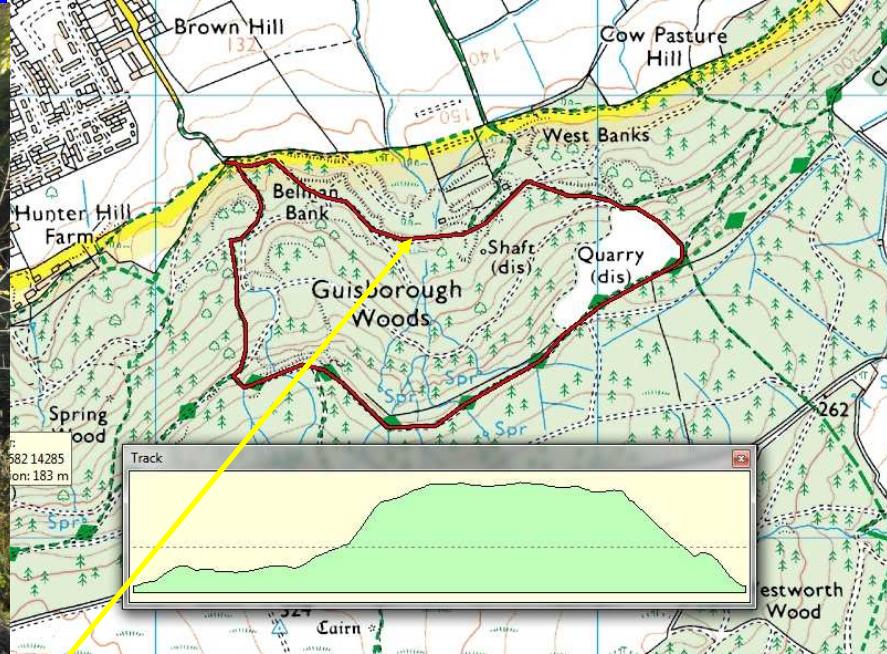


# Belman Bank



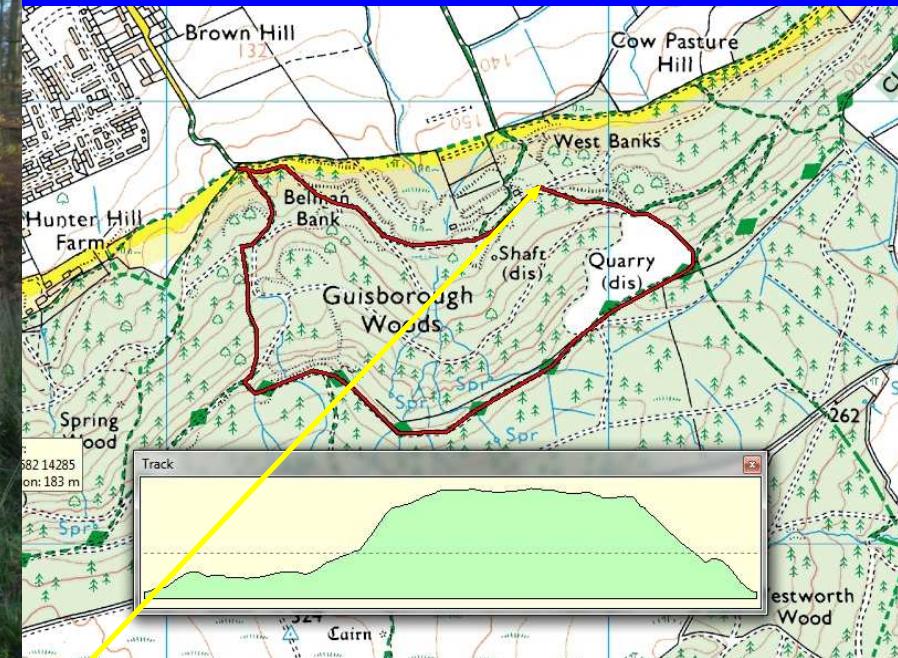
The path soon levels out.. Continue straight on towards the hills in the distance.

# Pond in Guisborough Woods



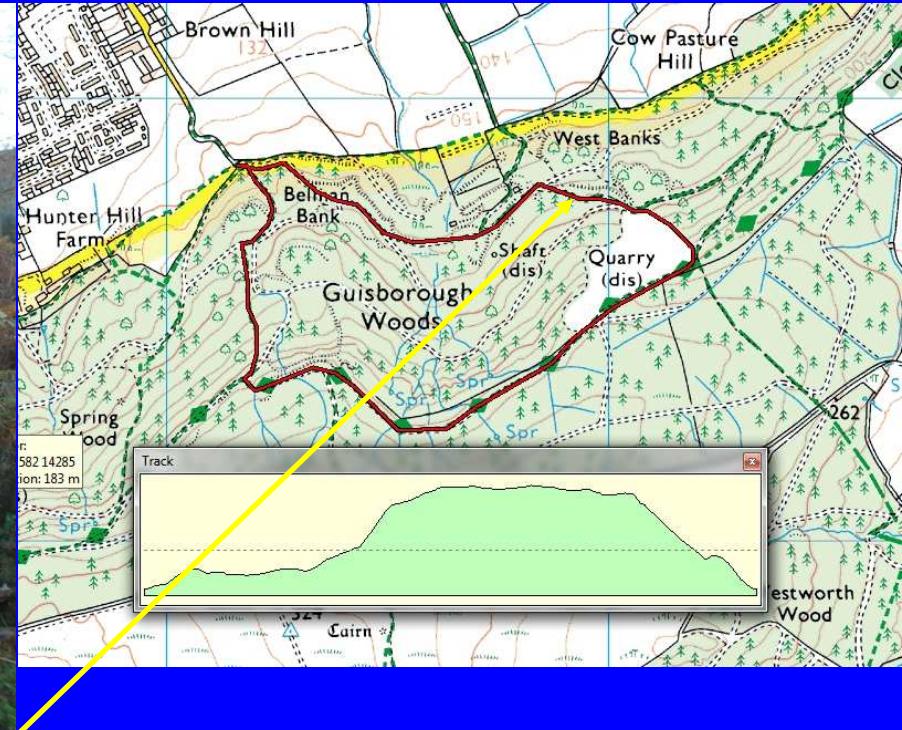
Pass the small pond on your right hand side

# Ascending path to right



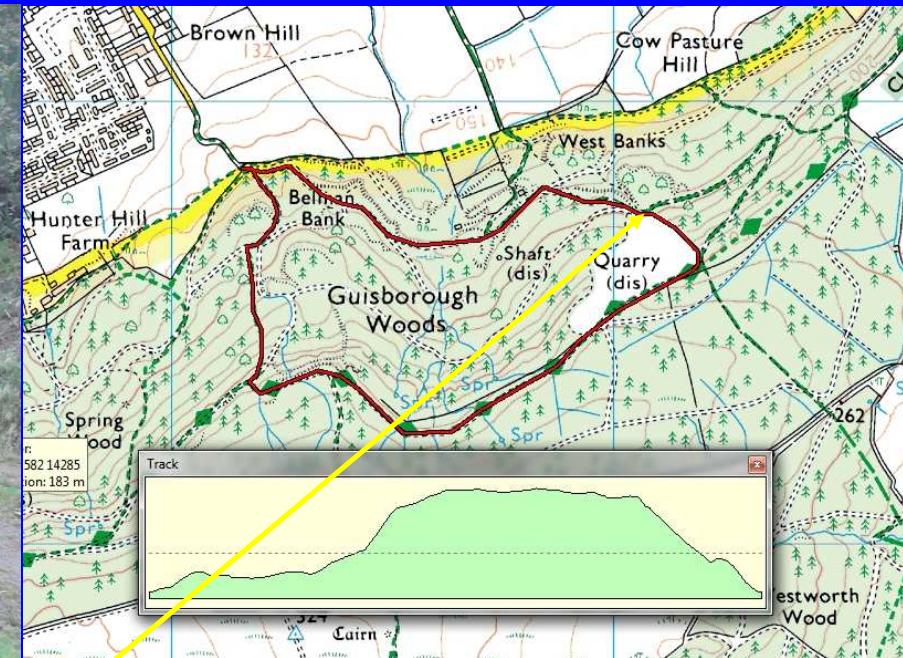
Take the right hand path that steeply climbs and continue into Guisborough Woods.

# Follow path



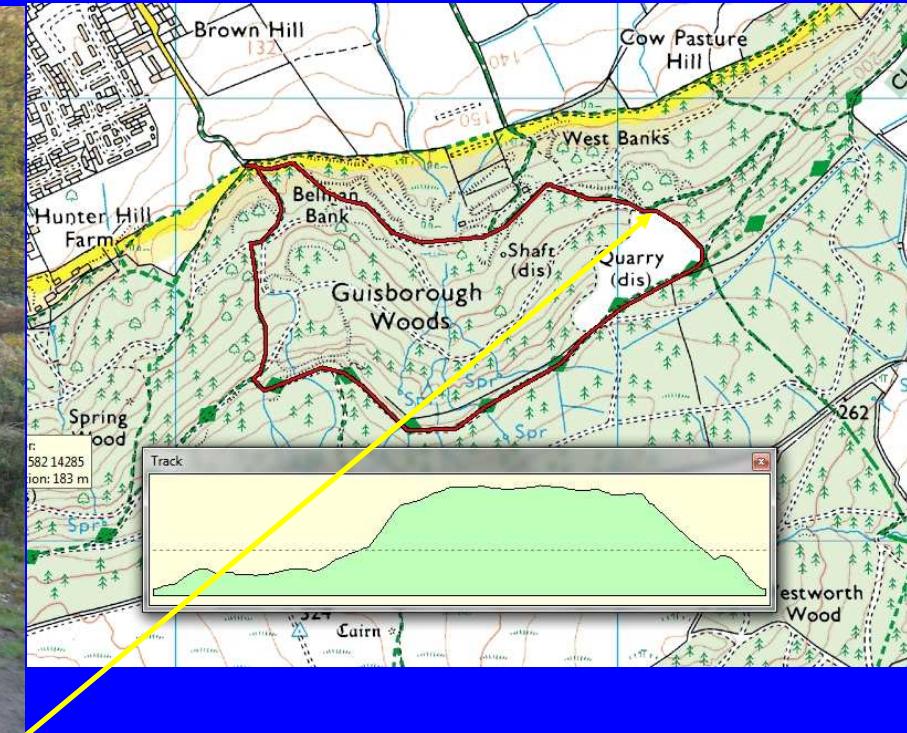
Follow the path ahead.

# Turn left at junction



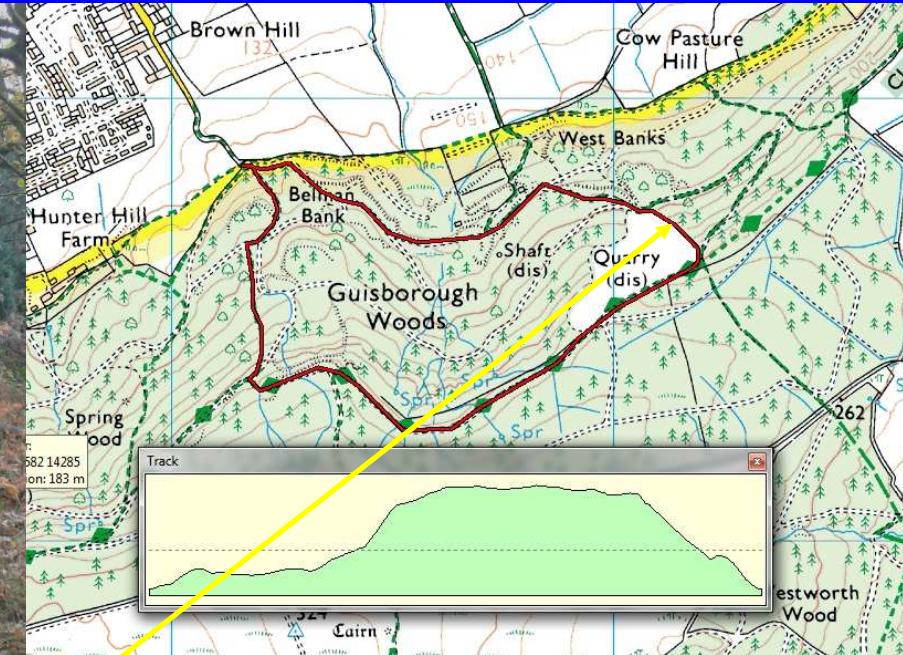
At the junction of the paths, follow the path to the left.

# Steeply ascending path



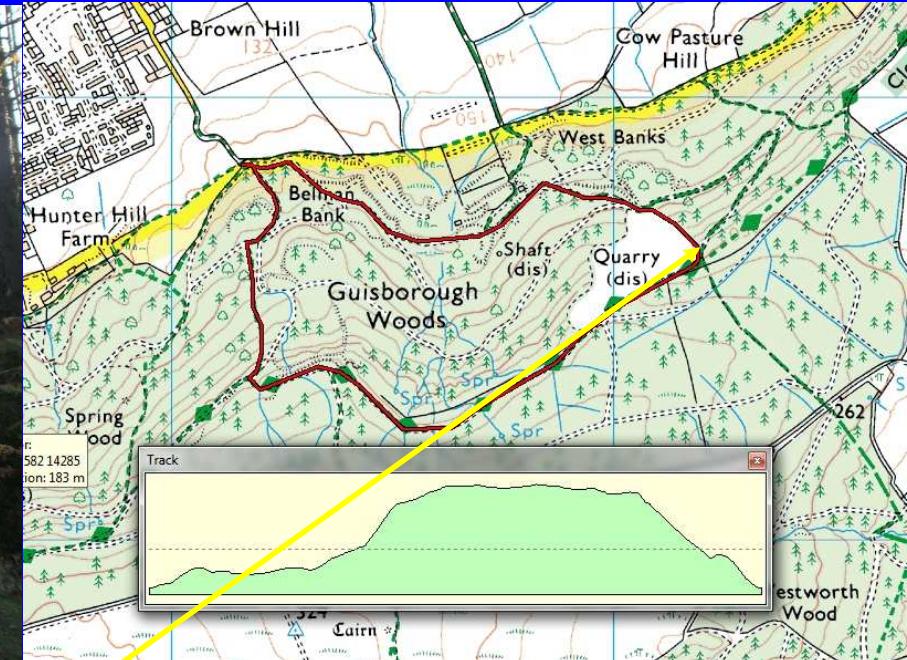
Follow the steeply ascending path to the right.

# Steeply ascending path



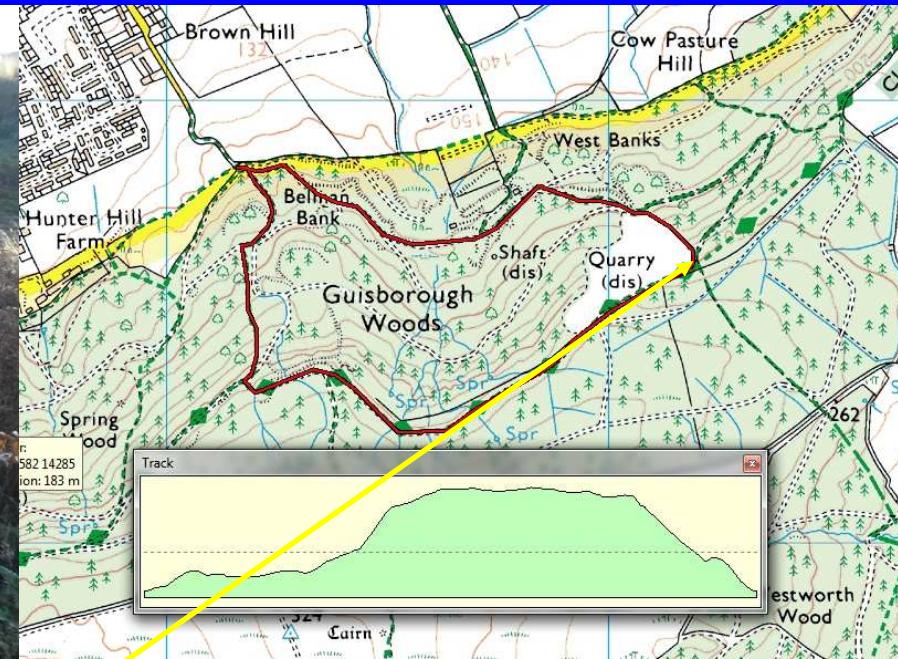
Follow the steeply ascending path.

# Steeply ascending path



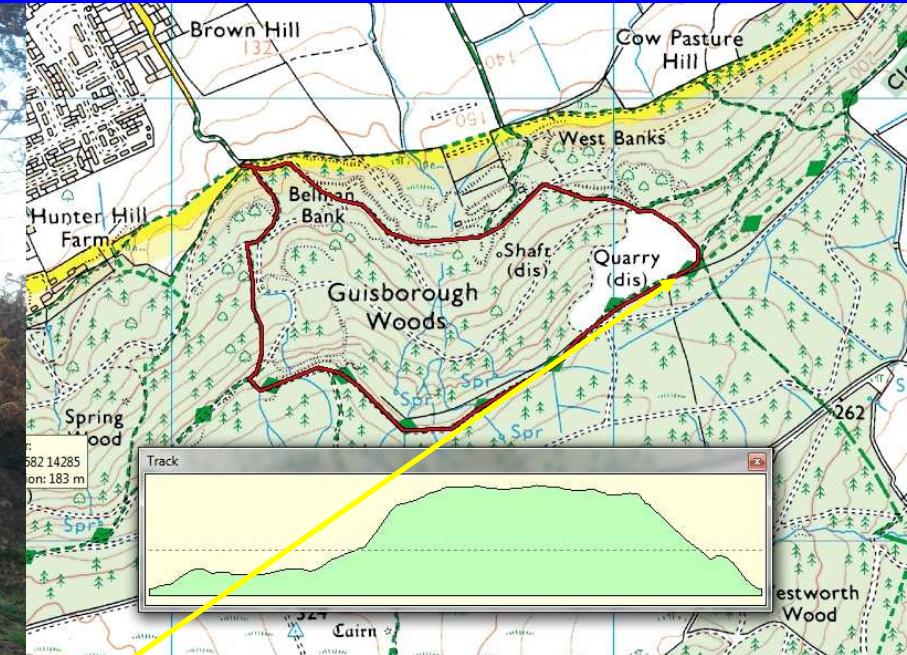
Follow the steeply ascending path.

# Turn right onto top path



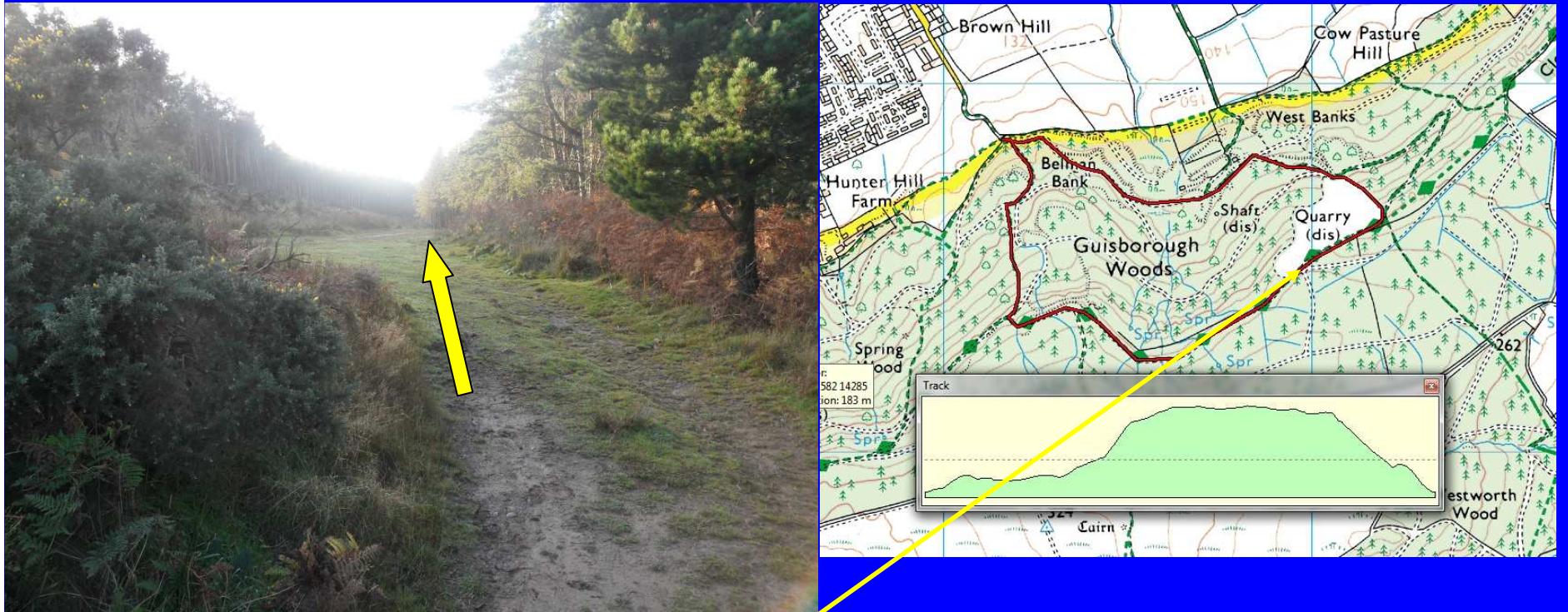
After completing the steeply ascending section, turn right and join the main path.

# Turn right onto top path



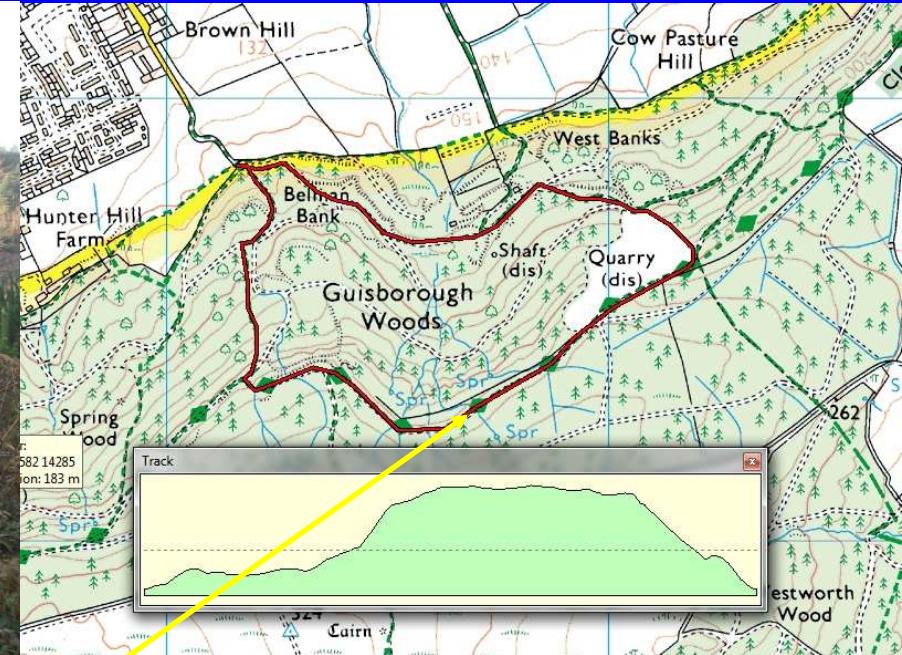
Continue along the main path.

# Path joining from right



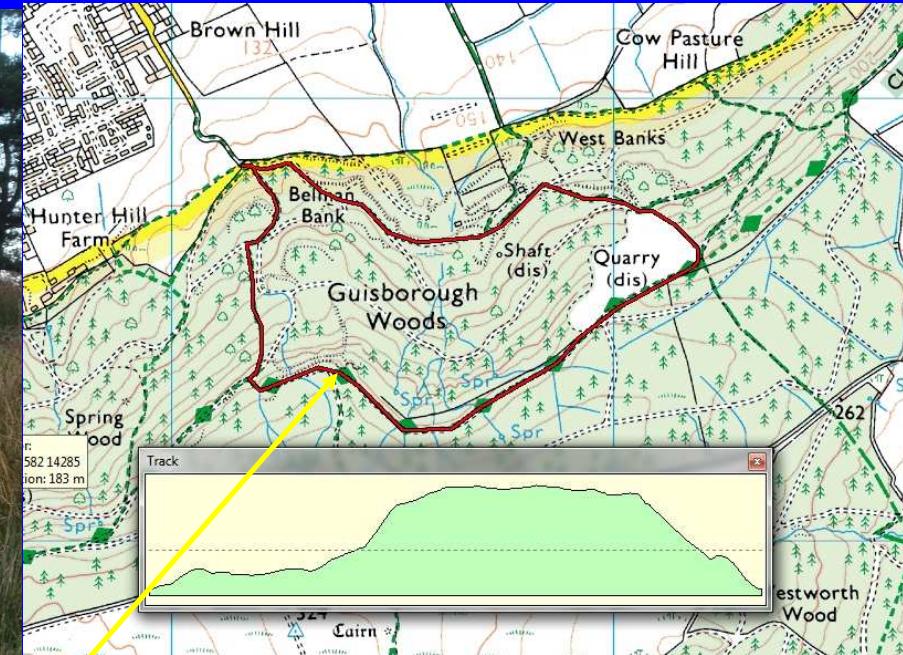
As a path joins from the right, continue ahead along the main path.

# Path joining from right



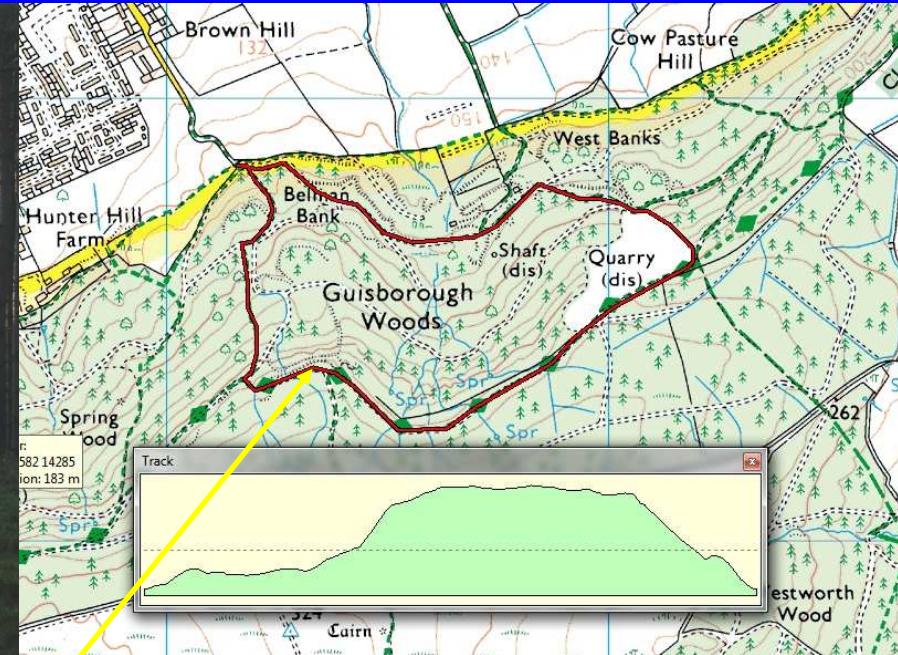
Continue ahead along the main path.

# Path joining from right



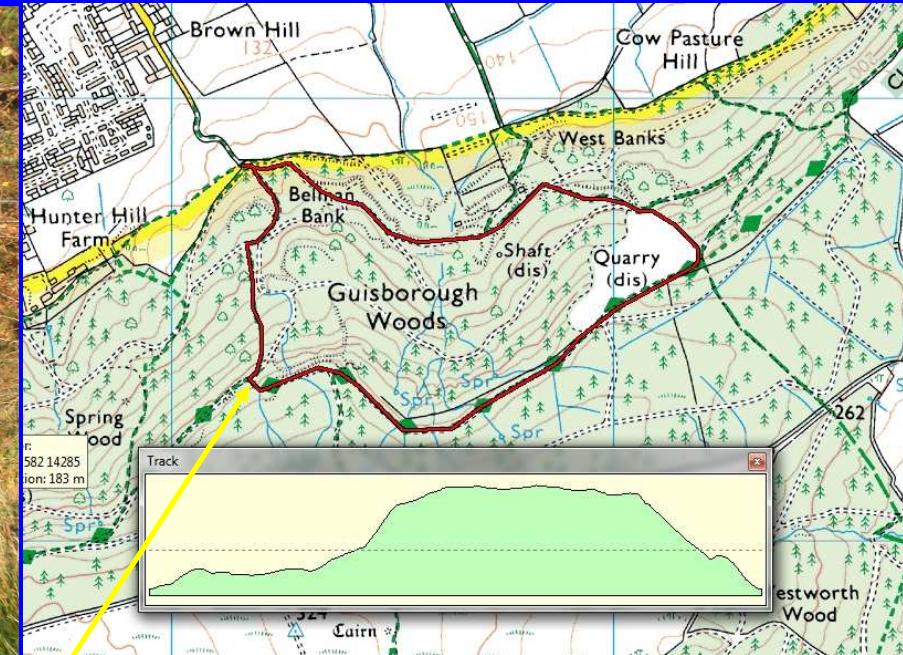
As a path joins from the left, continue ahead along the main path.

# Path descending to right



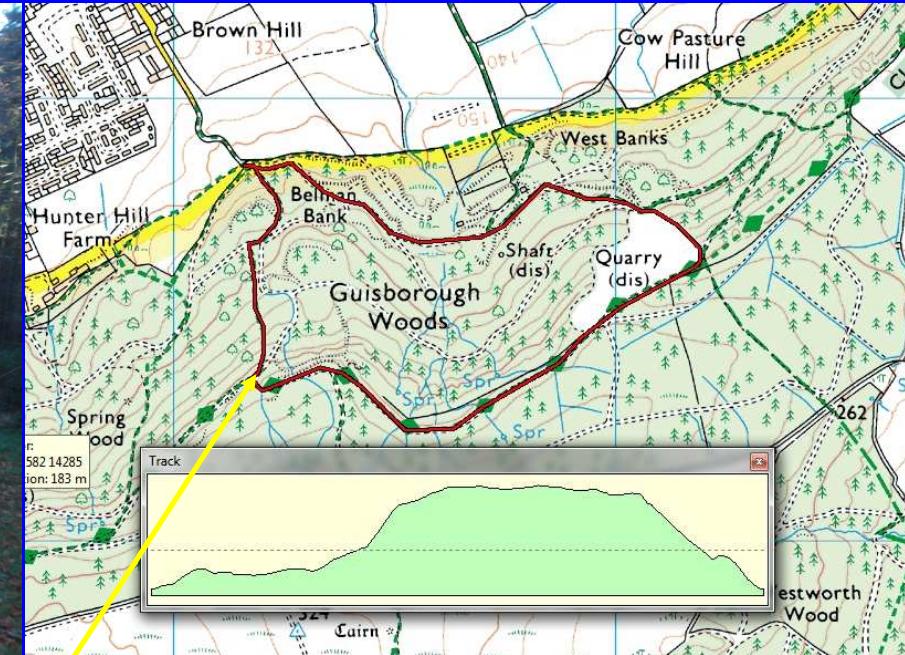
The path splits into two. Take the right hand path as it descends down the hill.

# Take right hand path descending



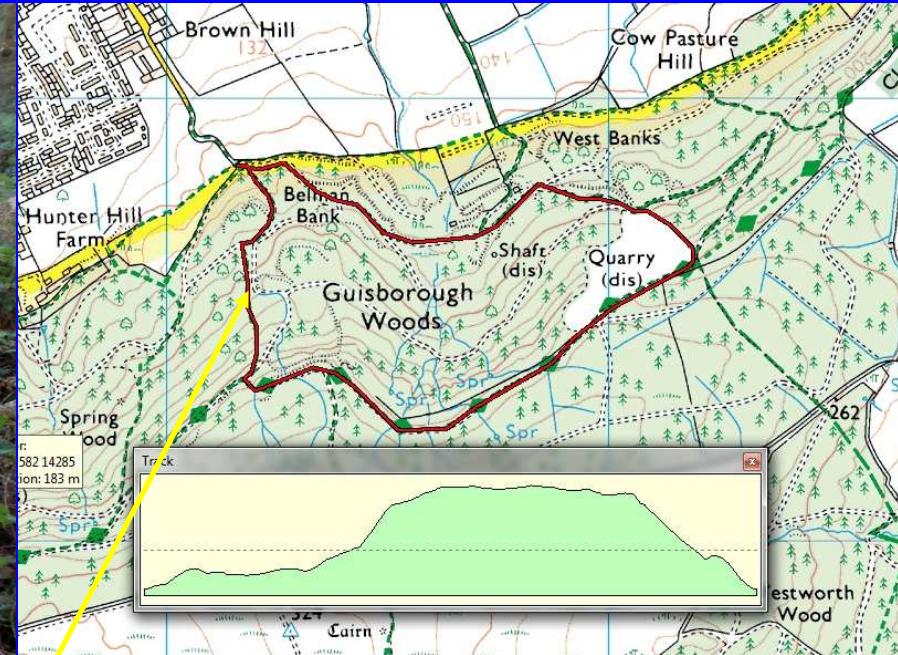
Take the right hand path ahead as it descends down the hill.

# Take left hand path descending



Shortly after turning right, take the left hand path into the trees ahead and follow it as it descends down the hill.

# Take right hand path descending



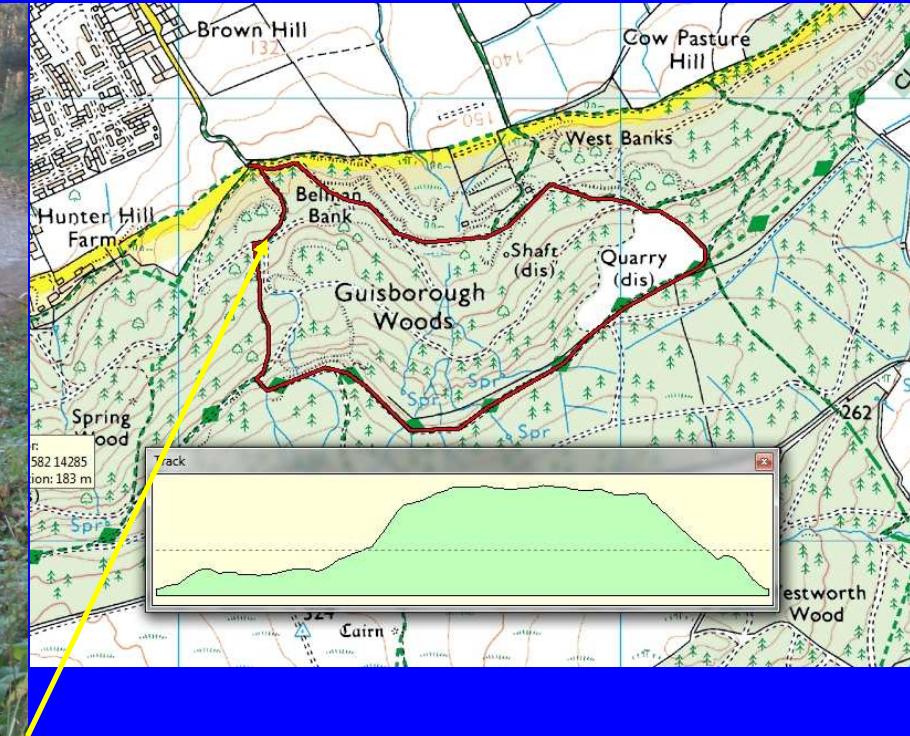
At the bottom of the descent, the path forks.  
The right hand path offers a simpler route  
down the hill.

# Descending path



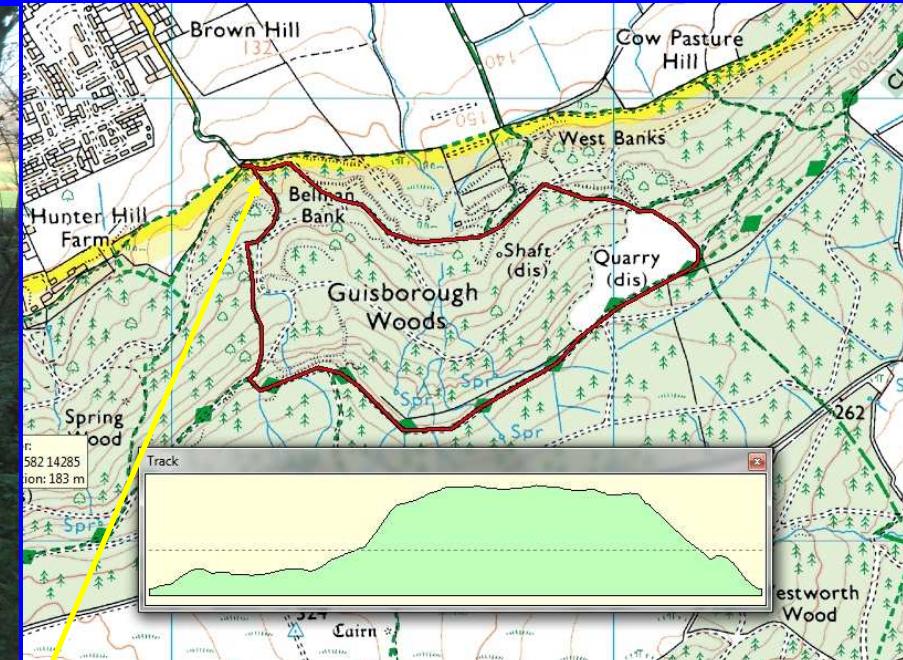
Follow the path down and turn right at the end of the junction ahead.

# Crossing the Junction



Cross the junction, turn right then take the left hand path descending down the hill.

# End of the lap - Finish



You have just completed Lap 1 of 3!

At the bottom of the path, take the right hand branch and follow the same track as before.

The final lap finishes here.

