

**Glaisdale Rigg****02-Feb-20****Dave Parry/Lets Run Winter Series 2019-20****Race 8**

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	325	Lee Kemp	NYMAC	61.22	MO/1/50/246
2	404	Ched Adamski	Individual#	62.52	MU23/1/50/50
3	342	Tim Grimwood	Swaledale Runners	63.42	MO/2/48/141
4	335	Joe Leadley	Loftus and Whitby	64.13	MO/3/46/175
5	362	Sam Dunwell	Individual#	65.05	MO/4/45/91
6	400	Nick Zissler	Knavesmire Harriers	65.12	MO/5/44/44
7	551	Mark Lambell	West End Runners	65.53	M40/1/50/50
8	403	Will Reid Wright	Orion Harriers	66.03	MO/6/43/43
9	339	Chris Vanderhoven	Esk Valley Fell Club	66.33	MO/7/42/161*
10	354	Daniel Bateson	Scarborough AC	66.51	MO/8/41/178
11	309	Peter Allen	Pickering Running Cl	67.03	MO/9/40/132
12	396	Steven Walker	Hartlepool Burn Roac	67.04	MO/10/39/39
13	706	Matt Machouki	Scarborough AC	68.38	M50/1/50/285
14	308	Stefan McLoughlin	NYMAC	68.46	MO/11/38/272
15	323	Tom Ratcliffe	Knavesmire Harriers	68.51	MO/12/37/203
16	398	Sam Leadley	Loftus and Whitby	69.09	MO/13/36/36
17	613	Chris Jefferies	Billingham Marsh Ho	69.38	M45/1/50/269
18	603	Simon Rycroft	Pickering Running Cl	69.46	M45/2/48/288
19	754	Jim Ryder	Ilkley Harriers	70.43	M50/2/48/48
20	361	Richard Purser	Knavesmire Harriers	70.48	MO/14/35/112
21	56	Georgia Campbell	Jarrow and Hebburn	70.59	FO/1/50/150
22	397	Craig Ormerod	Loftus and Whitby	71.00	MO/15/34/34
23	702	Tim Hill	Esk Valley Fell Club	71.07	M50/3/46/268
24	505	Paul Cook	Durham FR	71.32	M40/2/48/259
25	180	Ruth Thackray	Bingley Harriers	72.10	F45/1/50/50
26	705	Kevin McLoughlin	NYMAC	72.20	M50/4/45/263
27	399	Chris Stainthorpe	Individual#	72.30	MO/16/33/33
28	602	Russ Grayson	Pickering Running Cl	72.35	M45/3/46/307
29	552	Andrew Minister	Hartlepool Burn Roac	72.45	M40/3/46/46
30	219	Kay Neesam	New Marske Harriers	72.50	F50/1/50/100
31	615	Giles Hawking	Knavesmire Harriers	73.11	M45/4/45/263
32	910	Barry Atkinson	Knavesmire Harriers	73.20	M60/1/50/148
33	316	Richard Tarrega	Knavesmire Harriers	73.21	MO/17/32/193
34	1075	Ben Cole	Individual#	73.22	M40/4/45/71
35	748	Andrew Marshall	Loftus and Whitby	74.17	M50/5/44/85
36	624	Glynn Hewitt	Scarborough AC	74.38	M45/5/44/133
37	1322	David Hughes	NYMAC	75.00	M55/1/50/91
38	526	Danny Lim	Midd and Cleveland I	75.11	M40/5/44/128
39	357	Lewis Hutchinson	York Acorn	75.22	MO/18/31/102
40	319	Robert Bailey	Scarborough AC	76.21	MO/19/30/177
41	405	Hamish Carter	Individual#	76.40	MO/20/29/29
42	302	Oli Read	Knavesmire Harriers	76.49	MO/21/28/192
43	838	Les Footitt	Individual#	77.31	M55/2/48/48
44	929	Karl Edwards	Hartlepool Burn Roac	77.38	M60/2/48/142
45	322	Graham Gill	Knavesmire Harriers	77.40	MO/22/27/161
46	112	Shelli Gordon	NYMAC	77.55	F40/1/50/250
47	612	Calvin Nicholson	Billingham Marsh Ho	78.03	M45/6/43/266
48	34	Kirsty Struthers	NYMAC	78.39	FO/2/48/136
49	19	Kim Cavill	Pickering Running Cl	78.54	FO/3/46/263*
50	508	Dale Hepples	Scarborough AC	79.06	M40/6/43/254
51	14	Nikki Carr Walls	Scarborough AC	79.37	FO/4/45/135
52	310	Philip Chapman	Knavesmire Harriers	79.44	MO/23/26/101
53	1	Rebecca Dent	Scarborough AC	79.58	FU23/1/50/336
54	27	Kelly Gaughan	Pickering Running Cl	80.20	FO/5/44/210
55	402	Rory Henderson	Knavesmire Harriers	81.14	MO/24/25/25

56	662	Richard Thackray	Bingley Harriers	81.40	M45/7/42/42
57	716	Andy Harvey	Pickering Running Cl	81.53	M50/6/43/198*
58	663	Martyn Warwick	Individual	82.12	M45/8/41/41
59	633	Andrew Gamble	Individual#	82.15	M45/9/40/78
60	755	Mark Bentley	WIM	83.20	M50/7/42/42
61	556	Pradden Johnson	Individual#	83.53	M40/7/42/42
62	181	Trudy Morrice	Thirsk and Sowerby	84.41	F45/2/48/48*
63	221	Beckie May	Scarborough AC	84.53	F50/2/48/48
64	815	Marc Davies	Thirsk and Sowerby	84.58	M55/3/46/253
65	334	Christopher Gregory	Knavesmire Harriers	85.02	MO/25/24/111
66	813	Nigel Briggs	NYMAC	85.07	M55/4/45/135
67	649	Ian Puckrin	York Triathlon Club	85.17	M45/10/39/71
68	921	Mick Clarke	Loftus and Whitby	85.35	M60/3/46/89
69	606	Alan Simpson	Thirsk and Sowerby	85.43	M45/11/38/213
70	753	Simon Moffatt	Harrogate Harriers	85.52	M50/8/41/41
71	900	Paul Smith	Pickering Running Cl	85.54	M60/4/45/219*
72	283	Sue Haslam	Scarborough AC	86.11	F65/1/50/248
73	153	Julia Jackson	Loftus and Whitby	86.13	F45/3/46/237
74	500	Jason Newman	Knavesmire Harriers	87.39	M40/8/41/86
75	711	Mark Evans	Midd and Cleveland I	87.40	M50/9/40/212
76	715	Chris Bourne	Scarborough AC	87.43	M50/10/39/174
77	1275	Lee Woolams	TS Harriers	87.43	M40/9/40/48
78	819	David Field	Scarborough AC	88.57	M55/5/44/211
79	818	Nicholas Cousins	Pickering Running Cl	89.47	M55/6/43/167*
80	104	Jessica McMullan	Roundhay Runners	90.00	F40/2/48/338
81	276	Jane Hamp	Scarborough AC	90.25	F60/1/50/198
82	810	Mark May	Scarborough AC	91.17	M55/7/42/170
83	752	Simon Lawson	Harrogate Harriers	91.42	M50/11/38/38
84	161	Diane Jobson	NYMAC	91.50	F45/4/45/331
85	836	Matthew Pace	Knavesmire Harriers	92.00	M55/8/41/41
86	554	David Dkumu Owuor	Pickering Running Cl	92.06	M40/10/39/39
87	825	Ray Foulkes	Redcar RC	92.07	M55/9/40/188
88	395	Chris Watson	Redcar RC	92.28	MO/26/23/23
89	926	Mark Edwards	NYMAC	92.48	M60/5/44/86*
90	208	Jane Hill	Individual#	93.07	F50/3/46/94
91	251	Karen Farmer Scott	Pickering Running Cl	93.08	F55/1/50/98
92	250	Denise Tunstall	Durham FR	93.10	F55/2/48/296
93	156	Fay Hethershaw	Scarborough AC	93.10	F45/5/44/269
94	6	Louise Venables	Knavesmire Harriers	93.24	FO/6/43/247
95	958	Keith Pritchard	Scarborough AC	93.34	M65/1/50/192
96	1439	Michaela Welham	Loftus and Whitby	93.36	F40/3/46/86
97	5	Francesca Jeffery	Thirsk and Sowerby	93.49	FO/7/42/154
98	220	Theresa Oldroyd	Harrogate Harriers	94.23	F50/4/45/45
99	1422	Susan Dick	Loftus and Whitby	95.19	F40/4/45/83
100	252	Sue Slack	Pickering Running Cl	95.52	F55/3/46/186*
101	150	Serena Partridge	Pickering Running Cl	96.02	F45/6/43/204*
102	162	Lorraine Hewitt	Scarborough AC	96.25	F45/7/42/130
103	808	Dan Simmons	Harrogate Harriers	96.31	M55/10/39/135
104	941	Jon Punshon	Northern Fell Runnin	96.55	M60/6/43/43
105	101	Heidi Coates	Scarborough AC	97.18	F40/5/44/221
106	912	Shaun Roberts	Elvet Striders	98.33	M60/7/42/151
107	951	Bob Lillie	Scarborough AC	99.10	M65/2/48/234*
108	909	Paul Munster	Redcar RC	99.19	M60/8/41/195
109	173	Elizabeth Grainger	Loftus and Whitby	99.36	F45/8/41/126
110	62	Helen Welford	Loftus & Whitby AC	99.36	FO/8/41/41
111	18	Jenny Storrie	Pickering Running Cl	99.40	FO/9/40/163
112	103	Lisa Baker	Scarborough AC	101.13	F40/6/43/220
113	544	Jonathan Proctor	Individual#	102.16	M40/11/38/102
114	608	Russ Kelly	Redcar RC	103.12	M45/12/37/229

115	157	Nicky Mason	Individual#	105.11	F45/9/40/118
116	61	Lindsay Illingworth	Knavesmire Harriers	105.20	FO/10/39/39
117	661	Danny Sampson	Knavesmire Harriers	105.28	M45/13/36/36
118	155	Sally Elwick	Scarborough AC	106.18	F45/10/39/167
119	1000	Ronnie Sherwood	New Marske Harriers	107.20	M80/1/50/200
120	804	Ian Robinson	Esk Valley Fell Club	107.24	M55/11/38/239*
121	254	Ronni Kirkham	Redcar RC	108.10	F55/4/45/263
122	123	Zoe Parsons	Elvet Striders	114.16	F40/7/42/86
123	920	Geoff Hine	Esk Valley Fell Club	115.16	M60/9/40/173*
124	1427	Philippa Hambley	Loftus and Whitby	115.45	F40/8/41/69
125	1115	Joe Hickson	Individual#	115.46	M45/14/35/38
126	665	Christopher Foster	Loftus & Whitby AC	115.53	M45/15/34/34
127	923	Mike Punchard	Pickering Running Cl	117.31	M60/10/39/136
128	201	Sally Kingscott	Scarborough AC	120.01	F50/5/44/167
129	222	Emma Rochard	Individual#	120.27	F50/6/43/43
130	267	Janet Wood	Individual#	120.30	F55/5/44/44
131	160	Debbie Rycroft	Pickering Running Cl	122.30	F45/11/38/160*
132	60	Roisin Knight	West End Runners	123.23	FO/11/38/38

(End)

Teams:	Club	Points	Positions	Team pts/total
<b>male:</b>	1 Knavesmire Harriers 'A'	69	6,15,20,28	15/98
	2 Loftus and Whitby 'A'	73	4,16,21,32	14/19
	3 NYMAC 'A'	73	1,14,24,34	13/77
	4 Scarborough AC 'A'	93	10,13,33,37	12/96
	5 Pickering Running Club '	103	11,18,26,48	11/84
	6 Knavesmire Harriers 'B'	140	29,30,39,42	10/42
	7 Esk Valley Fell Club 'A'	200	9,22,84,85	9/92
	8 Knavesmire Harriers 'C'	206	45,46,54,61	8/15
	9 Scarborough AC 'B'	239	44,63,65,67	7/55
	10 Pickering Running Club '	284	60,66,70,88	6/37
	11 Redcar RC 'A'	303	71,72,79,81	5/5
<b>female:</b>	1 NYMAC 'A'	25	4,5,16	15/79
	2 Scarborough AC 'A'	26	7,8,11	14/109
	3 Pickering Running Club	33	6,9,18	13/99
	4 Scarborough AC 'B'	47	12,15,20	12/77
	5 Loftus and Whitby 'A'	60	13,22,25	11/37
	6 Thirsk and Sowerby 'A'	78	10,23,(45)	10/45
	7 Pickering Running Club	85	26,27,32	9/38
	8 Scarborough AC 'C'	90	28,29,33	8/50
	9 Knavesmire Harriers 'A'	101	21,35,(45)	7/79
	10 Loftus and Whitby 'B'	114	30,39,(45)	6/7
	11 Scarborough AC 'D'	121	36,40,(45)	5/12

\* = Bonus points not included

# = Non-counter (team)

**Next Race :** Heartbeat Hobble

23-Feb-20