

**Heartbeat Hobble****23-Feb-20****Dave Parry/Lets Run Winter Series 2019-20****Race 9**

v2

Pos.	No.	Name	Club	time	cat/pos/pts/best
1	325	Lee Kemp	NYMAC	44.49	MO/1/50/296
2	410	Christian Garvey	Knavesmire Harriers	47.43	MO/2/48/48
3	513	Jayson Cavill	Pickering Running Cl	48.40	M40/1/50/150*
4	522	Will Herman	Clayton Le Moors	49.05	M40/2/48/146
5	301	Darren Smith	Pickering Running Cl	49.09	MO/3/46/138
6	337	Glynn Ellwood	Knavesmire Harriers	49.19	MO/4/45/136
7	309	Peter Allen	Pickering Running Cl	49.34	MO/5/44/176
8	413	Peter Walker	Knavesmire Harriers	50.03	MO/6/43/43
9	666	Paul Butler	Scarborough AC	50.12	M50/1/50/248
10	398	Sam Leadley	Loftus and Whitby	50.37	MO/7/42/78
11	406	Adam Thacker	Loftus and Whitby	50.38	MO/8/41/41
12	24	Caroline Lambert	Ribble Valley Harriers	50.49	FO/1/50/150*
13	613	Chris Jefferies	Billingham Marsh Ho	50.52	M45/1/50/319
14	323	Tom Ratcliffe	Knavesmire Harriers	51.48	MO/9/40/243
15	308	Stefan McLoughlin	NYMAC	51.54	MO/10/39/284
16	603	Simon Rycroft	Pickering Running Cl	52.02	M45/2/48/336
17	706	Matt Machouki	Scarborough AC	52.10	M50/2/48/333
18	361	Richard Purser	Knavesmire Harriers	53.00	MO/11/38/150
19	507	Andrew Beane	Individual#	53.03	M40/3/46/263*
20	56	Georgia Campbell	Jarrow and Hebburn	53.29	FO/2/48/198
21	505	Paul Cook	Durham FR	53.38	M40/4/45/304
22	411	Shane Olley	Pickering Running Cl	53.39	MO/12/37/37
23	605	David Bannister	York Acorn	53.51	M45/3/46/295*
24	1322	David Hughes	NYMAC	54.33	M55/1/50/141
25	417	Joseph Paxton	Individual#	54.59	MO/13/36/36
26	414	Matthew Shardlow	Individual#	55.01	MO/14/35/35
27	302	Oli Read	Knavesmire Harriers	55.06	MO/15/34/226
28	615	Giles Hawking	Knavesmire Harriers	55.22	M45/4/45/308
29	702	Tim Hill	Esk Valley Fell Club	55.32	M50/3/46/314
30	802	Joe Blackett	Dark Peak FR	55.36	M55/2/48/285
31	391	Matthew Brown	Individual#	55.51	MO/16/33/80
32	558	Damon Temple	Scarborough AC	56.41	M40/5/44/44
33	758	Nick Griffin	Knavesmire Harriers	56.45	M50/4/45/45
34	557	Robert Ward	Knavesmire Harriers	57.11	M40/6/43/43
35	903	Neil Ridsdale	Esk Valley Fell Club	57.15	M60/1/50/348*
36	625	George Banbury	Individual#	57.18	M45/5/44/129
37	508	Dale Hepples	Scarborough AC	57.27	M40/7/42/275
38	602	Russ Grayson	Pickering Running Cl	58.15	M45/6/43/314
39	112	Shellie Gordon	NYMAC	58.26	F40/1/50/300
40	723	Paul Mead	Goodgym race team	58.33	M50/5/44/198
41	730	Richard Clark	Esk Valley Fell Club	58.52	M50/6/43/86*
42	322	Graham Gill	Knavesmire Harriers	59.00	MO/17/32/193
43	409	Daniel Knaggs	Individual#	59.04	MO/18/31/31
44	415	Ewan Kirk	Knavesmire Harriers	59.07	MO/19/30/30
45	401	Graham Miller	Individual#	60.02	MO/20/29/29
46	27	Kelly Gaughan	Pickering Running Cl	60.23	FO/3/46/256
47	559	Matthew Dunn	Pickering Running Cl	60.30	M40/8/41/41
48	419	Karl Barber	Individual#	60.47	MO/21/28/28
49	31	Rachael Harper	Pickering Running Cl	61.27	FO/4/45/166
50	412	Ben Pringle	Individual#	61.40	MO/22/27/27
51	34	Kirsty Struthers	NYMAC	61.58	FO/5/44/180
52	421	Mark Lillywhite	Individual#	62.12	MO/23/26/26
53	612	Calvin Nicholson	Billingham Marsh Ho	62.30	M45/7/42/277
54	1	Rebecca Dent	Scarborough AC	62.32	FU23/1/50/344
55	813	Nigel Briggs	NYMAC	62.33	M55/3/46/181*

56	900	Paul Smith	Pickering Running Cl	62.49	M60/2/48/267*
57	506	Richard Simms	Individual#	63.18	M40/9/40/115
58	221	Beckie May	Scarborough AC	63.36	F50/1/50/98
59	19	Kim Cavill	Pickering Running Cl	63.46	FO/6/43/306*
60	422	Asher Hayes	Individual#	64.54	MO/24/25/25
61	649	Ian Puckrin	York Triathlon Club	65.01	M45/8/41/112
62	708	Russ Charlton	Pickering Running Cl	65.31	M50/7/42/154*
63	17	Emily Collins	Goodgym race team	65.42	FO/7/42/82
64	544	Jonathan Proctor	Individual#	65.43	M40/10/39/141
65	721	Rich Johnson	Pickering Running Cl	66.13	M50/8/41/150*
66	179	Orna O'Toole	Knavesmire Harriers	66.25	F45/1/50/96
67	59	Maria Clemmit	NYMAC	66.45	FO/8/41/82
68	554	David Dkumu Owuor	Pickering Running Cl	66.54	M40/11/38/77*
69	418	Allan Maxwell	Individual#	67.33	MO/25/24/24
70	37	Grace Kelleher	Knavesmire Harriers	68.14	FO/9/40/118
71	156	Fay Hethershaw	Scarborough AC	68.16	F45/2/48/317
72	1066	Nathan Young	Individual#	68.19	MO/26/23/24
73	6	Louise Venables	Knavesmire Harriers	68.34	FO/10/39/286
74	810	Mark May	Scarborough AC	68.39	M55/4/45/215
75	607	Steven Littlewood	Scarborough AC	68.44	M45/9/40/135
76	600	Neil Embleton	Esk Valley Fell Club	69.05	M45/10/39/187
77	420	Matthew Bell	Individual#	69.17	MO/27/22/22
78	926	Mark Edwards	NYMAC	69.21	M60/3/46/132*
79	111	Amanda Allman	Individual#	69.40	F40/2/48/138
80	28	Melanie Ellwood	Knavesmire Harriers	69.42	FO/11/38/107
81	416	Paul Thompson	Individual#	69.46	MO/28/21/21
82	107	Lynn Humpleby	Pickering Running Cl	69.58	F40/3/46/219
83	516	Stephen Paylor	Individual#	69.59	M40/12/37/139
84	818	Nicholas Cousins	Pickering Running Cl	70.10	M55/5/44/211*
85	7	Ruth Katirani	Pickering Running Cl	70.30	FO/12/37/148
86	162	Lorraine Hewitt	Scarborough AC	70.44	F45/3/46/176
87	152	Bec Horner	Goodgym race team	70.56	F45/4/45/268*
88	958	Keith Pritchard	Scarborough AC	71.34	M65/1/50/242
89	914	Paul Lyons	NYMAC	71.45	M60/4/45/210
90	258	Sharon Williams	North Leeds Fell Rur	72.02	F55/1/50/95
91	101	Heidi Coates	Scarborough AC	72.05	F40/4/45/266*
92	901	Richard Parkin	Beverley AC	72.28	M60/5/44/213
93	62	Helen Welford	Loftus and Whitby	72.58	FO/13/36/77
94	103	Lisa Baker	Scarborough AC	73.00	F40/5/44/264
95	151	Julie Towse	Scarborough AC	73.03	F45/5/44/177
96	904	David Robinson	NYMAC	73.04	M60/6/43/233
97	18	Jenny Storrie	Pickering Running Cl	73.32	FO/14/35/198
98	922	Mark Latham	Northumberland FR	73.42	M60/7/42/158
99	300	Darren Stockdale	Darlington Harriers	73.47	MO/29/20/135
100	909	Paul Munster	Redcar RC	74.03	M60/8/41/236
101	710	Julian Pinkney	Darlington Harriers	74.07	M50/9/40/82
102	150	Serena Partridge	Pickering Running Cl	75.13	F45/6/43/247*
103	1403	Holly James-Maddocks	Knavesmire Harriers	75.21	FO/15/34/50
104	334	Christopher Gregory	Knavesmire Harriers	75.23	MO/30/19/130
105	157	Nicky Mason	Individual#	75.36	F45/7/42/160
106	173	Elizabeth Grainger	Loftus and Whitby	75.55	F45/8/41/167
107	961	Malcolm Peggs	Loftus and Whitby	75.56	M65/2/48/136*
108	1174	Kevin Grogan	Individual#	75.57	M55/6/43/58
109	63	Julie Hayes	Individual#	76.21	FO/16/33/33
110	128	Helen Spray	York Acorn	76.44	F40/6/43/43
111	262	Julie McNicholas	NYMAC	77.18	F55/2/48/189
112	804	Ian Robinson	Esk Valley Fell Club	79.21	M55/7/42/270*
113	223	Jackie Franks	Individual#	79.24	F50/2/48/48
114	268	Jayne Graves	Scarborough AC	80.14	F55/3/46/46

115	251	Karen Farmer Scott	Pickering Running Cl	80.57	F55/4/45/143*
116	15	Gemma Fearnley	Pickering Running Cl	81.02	FO/17/32/64
117	279	Christine Robertson	Scarborough AC	81.33	F60/1/50/284
118	4	Lucy Knight	Goodgym race team	81.36	FO/18/31/182
119	123	Zoe Parsons	Elvet Striders	81.43	F40/7/42/128
120	608	Russ Kelly	Redcar RC	85.49	M45/11/38/240
121	65	Joanne Laycock	Goodgym race team	85.57	FO/19/30/30
122	254	Ronni Kirkham	Redcar RC	86.46	F55/5/44/307
123	756	Rob Towns	Quakers RC	86.59	M50/10/39/39
124	920	Geoff Hine	Esk Valley Fell Club	87.35	M60/9/40/213*
125	277	Sally Brown	Pickering Running Cl	87.39	F60/2/48/226*
126	203	Louise Milne	Scarborough AC	89.09	F50/3/46/181*
127	201	Sally Kingscott	Scarborough AC	91.43	F50/4/45/212
128	757	Peter Barnard	Scarborough AC	98.18	M50/11/38/38
129	127	Emma Gilmore	Individual#	99.09	F40/8/41/41

(End)

<b>Teams:</b>	<b>Club</b>	<b>Points</b>	<b>Positions</b>	<b>Team pts/total</b>
<b>male:</b>	1 Knavesmire Harriers 'A'	29	2,6,8,13	15/113
	2 Pickering Running Club '	30	3,5,7,15	14/98
	3 NYMAC 'A'	85	1,14,22,48	13/90
	4 Scarborough AC 'A'	90	9,16,30,35	12/108
	5 Knavesmire Harriers 'B'	99	17,25,26,31	11/53
	6 Pickering Running Club '	148	20,36,43,49	10/47
	7 Esk Valley Fell Club 'A'	159	27,33,38,61	9/101
	8 Knavesmire Harriers 'C'	187	32,39,41,75	8/23
	9 Pickering Running Club '	230	53,55,56,66	7/10
	10 Scarborough AC 'B'	268	59,60,67,82	6/61
<b>female:</b>	1 Pickering Running Club	18	4,5,9	15/114
	2 NYMAC 'A'	21	3,6,12	14/92
	3 Scarborough AC 'A'	29	7,8,14	13/122
	4 Knavesmire Harriers 'A'	39	11,13,15	12/93
	5 Pickering Running Club	64	18,19,27	11/49
	6 Scarborough AC 'B'	68	20,23,25	10/87
	7 Goodgym race team 'A'	71	10,21,40	9/54
	8 Knavesmire Harriers 'B'	94	17,29,(48)	8/20
	9 Scarborough AC 'C'	101	26,36,39	7/58
	10 Pickering Running Club	103	28,37,38	6/18
	11 Loftus and Whitby 'A'	103	24,31,(48)	5/42
	12 Scarborough AC 'D'	139	45,46,(48)	4/16

\* = Bonus points not included

# = Non-counter (team)

**Next Race :** Maybeck 3 Crosses

29-Mar-20